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NOVEMBER 2019

ISSUE 204

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breeze what's on

Our area is rich and varied and we are lucky to have a massive amount of entertainment on our doorstep. Using local shops and facilities are important to keep our area alive.

Here are a few highlights available to us this month....



Thoresby Park Saturday 23 & Sunday 24 Nov 2019 From 10am Free

Winterfest is a celebration of diverse local handmade crafts. An established event on the Thoresby Park calendar,

Winterfest is designed to offer Nottinghamshire artists the opportunity to exhibit their talent and creativity.

It gives guests the experience of buying original handmade art straight from the artist - something they wouldn't be able to find on the High Street.

The event has a warming Christmas community atmosphere and has grown to be one of Thoresby's most anticipated events.

Old Market Square and Long Row Friday 15 Nov - Tuesday 31 Dec 2019 Free Entry

Christmas returns to Nottingham with the largest event in the East Midlands! Best of all entry to Nottingham Winter Wonderland is Free! Featuring your favourite rides, bars and shopping spots from previous years, this is the perfect place to soak in the Christmas spirit.

Christmas Market

While away the hours browsing over 70 traditional, Bavarian-style stalls. This year's Christmas market has been expanded, with something for everyone including plants, mead, jewellery, scents, fashion, retro style, Eco art, Lego art, Fair-trade, Continental food, local homemade stew and home accessories to offer the discerning visitor.

Ice-Skating & Rides

New for 2019 will be a uniquely laid out enlarged 1100 square metre ice rink - making it the largest in the East Midlands and including a dedicated children's area and ice path, allowing skaters to glide around the Old Market Square fountains.

Wollaton Hall until Tuesday 31 Dec 2019 12 noon and 2pm Daily Tickets £10pp including booking fee

Wollaton Hall has been the permanent home of Nottingham Natural History Museum since 1926. Behind the museum's cases and dioramas there lies a rich past and a labyrinth of corridors and rooms that speak of Wollaton's hidden history. Join an hour tour of Wollaton Hall and hear how the Willoughby family built this Elizabethan mansion and explore private areas of this stunning architectural building, the second of its style in Britain. Climb nearly 100 steps to the grand Prospect Room and 'walk the leads' to enjoy rooftop views. Descend through the servants' steps to the Tudor Kitchens, the wine cellar and Admiral's Bath, dug out in a cave beneath the hall. This tour involves over 300 steps and is unfortunately not suitable for those with limited mobility.

Beeston Christmas Lights Switch On Saturday 30th November 4.30pm-6.30pm on Beeston square. Light Switch on at 5.30pm and Fireworks at 6.30pm.

Live music and choir performances, Santa's Grotto, Arts and Crafts fair, children's fair rides and much more

Visit Beeston Town Centre for some magical Christmas festivities. With community choirs and live music on the stage, as well as the children's Lantern procession at 5.15 just before the official light switch on at 5.30pm by the Mayor of the Borough of Broxtowe.

The firework finale will be at 6.30pm, make sure you stay in the square for the best views of the fireworks. Santa will be over at

Broadgate park from 2.00pm-5.45pm. Along the way you will see some fantastic street entertainers and Don't miss the traditional fair rides that will be on Foster Avenue.



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Dave Humphreys and Lis Greensmith are passionate about quality handmade products. So much so that they both run their own individual, successful artisan businesses.

Dave is a fused glass artist and owner of Created By Hand – an independent business located at Strelley Hall, promoting quirky and unusual creations by numerous local and regional designer makers (including of course Lily Mosaics and his own stunning fused glass work!). Lis is the name behind Lily Mosaics – producing beautiful mosaic creations since 2004, and teaching beginner mosaic workshops all over the country.

It seemed a natural progression therefore for these two creatives to get together and organise artisan events, showcasing the truly remarkable talent that the region has to offer.....So that's what they did!

Their first Artisan Market was held at Strelley Hall in 2016, where Dave has his shop, but more recently, with better public transport links and the backdrop of 121 acres

of Grade II listed green space at Highfields Park, the Portland Building at the University of Nottingham is where they have now made their home. Their 11th event will be held on Sat 23rd and Sun 24th November 2019 and will not only showcase designer makers but will also promote some of the best local food producers of the region.

With over 35 stall holders present each day, if you are looking to buy a hand-designed, hand-crafted, quality, unique Christmas gift for someone or just treat yourself then visit the Artisan Market for a truly wonderful experience.



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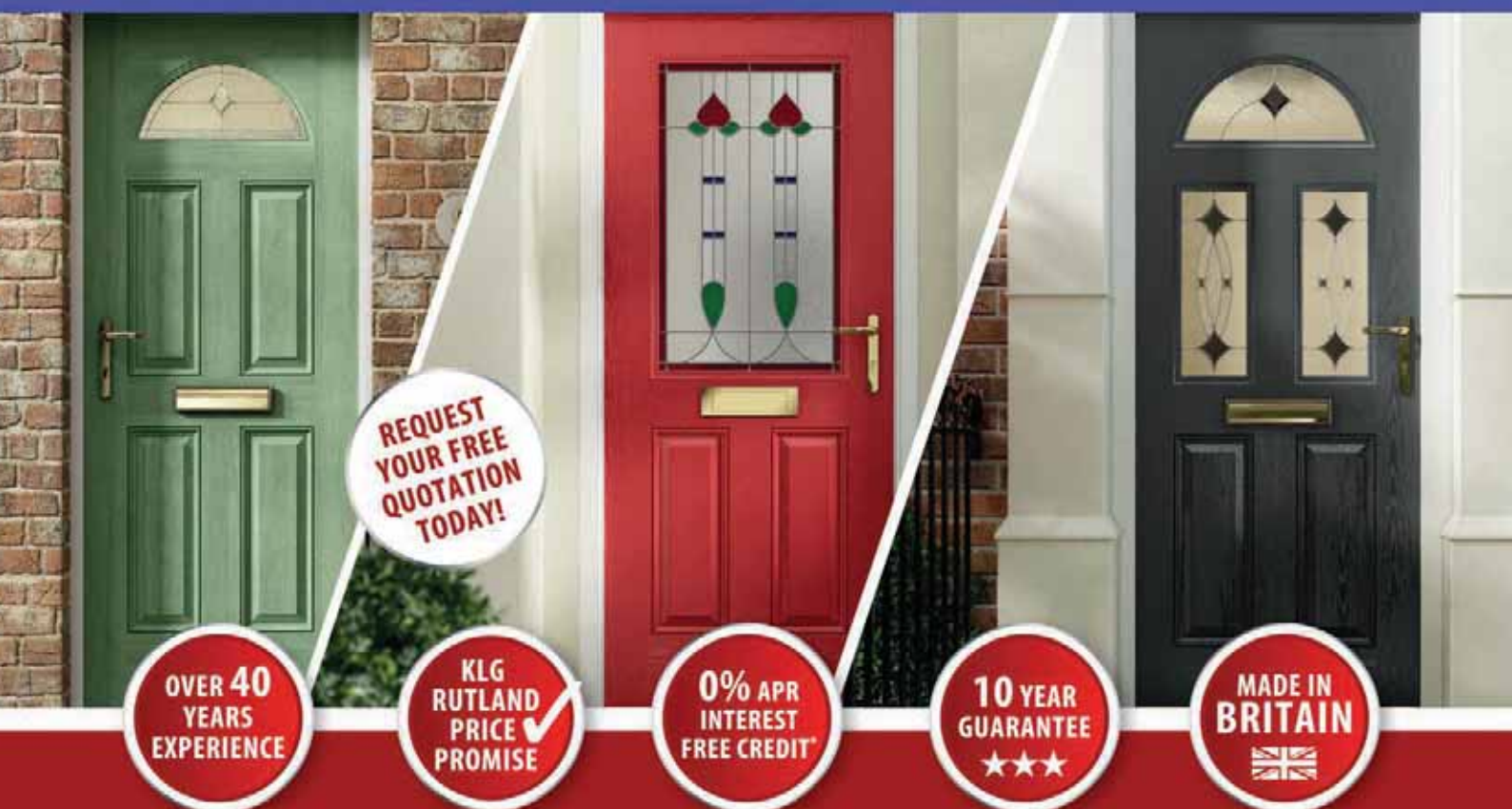
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breeze stars

What will this month have in store for you?

Aries

Keep trivia out of the picture and only deal with what needs to be done. Don't plough money into anything without first being thorough. Make enquiries. Ask questions. Don't be fobbed off with feeble excuses nor waste your time talking to those who do not have the necessary information to hand.

Taurus

You have a strong sense of duty to others but are often plagued with doubts about your own capabilities. A new romance may start or an unsatisfactory run of bad romances may come to an end. You like your freedom, so whilst you may have made a series of wrong choices, you may now need to look to sharing yourself with a partner more wholeheartedly.

Gemini

Although you love to be in the middle of all the action, recently there may have been one too many demands made upon you and your time. Always ready to help, you may have inadvertently caused yourself more hassle than anticipated. As your strength returns and your mind becomes calmer, you will regain your footing.

Cancer

Radical changes will take place that indicate the start of the lifestyle shift you have been working towards. Your confidence will be boosted by a series of exciting events that could involve a brand new romance. You are thirsty for knowledge and devoted to your work. Make a point of never going backwards.

Leo

Fate is working in your favour. A wrong turning, an overheard conversation or a chance meeting will ensure that you are in the right place at precisely the right time. The only danger is that you will throw off all self restraint and start spending money like water. Invite peace and harmony into your love life by agreeing to compromise with your partner.

Virgo

No matter how bad a time a relationship may be going through, you will find a way of patching things up and making them better again. You will find it much easier dealing with family issues once you are in possession of the facts. Lunch or dinner with a friend offers a little light relief from the stresses of everyday events.

Libra

Whilst you may have allowed yourself to become emotionally involved rather too quickly with a person you have struck up an unlikely romance with, common sense beckons, putting you on your guard, forcing you to re think your plans. Although nearly all of your life revolves around matters of the heart, you are also aware of the huge emotional cost to your health and finances when things start to go wrong.

Scorpio

Heaven help anyone who tries to use you for their own ends because they will be dealt with severely. Someone will show his or her true colours and whereas initially you will feel upset and let down, there will be a silver cloud in the grey lining that works to your advantage. You will be given the perfect excuse or opportunity to decline a certain invitation or attend a family event that you would much prefer to stay away from.

Sagittarius

This is a special time for looking after people, being charitable and generally helping others. Your empathy levels will be unusually high making you the ideal shoulder for others to cry on. Romance and love will come dancing onto your stage once you stop being so needy. Finding the right mate has been like looking for a needle in a haystack. Don't take yourself so seriously. Lighten up. Have some fun.

Capricorn

You may need to change your work pattern to accommodate family needs. Juggling all the balls in the air is proving tiring and expensive. Feelings of guilt or worry about being unable to maintain your standards will be swept away by loved ones showing you their appreciation and recognition of what you are trying to achieve. Don't sit on the fence regarding a love situation.

Aquarius

You may need to change your work pattern to accommodate family needs. Juggling all the balls in the air is proving tiring and expensive. Feelings of guilt or worry about being unable to maintain your standards will be swept away by loved ones showing you their appreciation and recognition of what you are trying to achieve. Don't sit on the fence regarding a love situation. Be open about what your expectations are.

Pisces

If you play your cards right, there is plenty of scope for developing money spinning ideas. You could turn a hobby into a successful business venture. Just use your imagination. Have more confidence in your abilities. Don't allow a so called friend drip feed you with warnings of impending doom and gloom. You don't need anyone around you now that enjoys putting a downer on things. A romantic roller coaster is about to start for those of you who are single and available, looking for love and almost given up all hope of ever finding any. You will soon be onto a winner!!



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Dancing on Ice star Jake Quikenden was on hand to congratulate 29-year-old Kirsty Rigby when she reached the semi-finals of a competition to find the UK and Ireland's most inspirational female slimmers.

Kirsty, from Beeston, was one of just 35 women to attend Slimming World's Woman of the Year 2019 competition after losing an

impressive 7st 6lbs. Jake, who first shot to fame on ITV's the X Factor was a special guest at the semi-finals of the competition at Slimming World's head office in Derbyshire.

Kirsty, who slimmed from 16st 8lbs

to 9st 2lbs, was voted for by members of her Beeston group to represent them in the national Woman of the Year competition.

She says: "Before I found Slimming World everything just felt like such a struggle. I felt uncomfortable all the time and would get out of breath doing the most simple jobs. I had resigned myself to being the size I was forever because having so much weight to lose just felt like a huge battle.

"After I joined Slimming World my eyes were completely opened, I found a new way of eating that fit easily around my life and I finally felt in control. What made it even better was that I could still enjoy my favourite meals like spaghetti Bolognese, jacket potatoes and Sunday roasts. I just prepared and cooked them differently.

"At the start of my journey if you told me I would be representing my group at the semi-finals of Slimming World's Woman of the Year competition I would have laughed at the thought!

The changes I made were so simple though - little things like switching white bread for wholemeal and using low-calorie cooking spray instead of oil. I soon started to notice big changes and it wasn't long before my clothes were too big and I was in the next size down.

"My Slimming World group is amazing, I pick up so many tips and recipe ideas each week and the support I get from the other members and my Consultant Gemma-Louise has really helped me to believe in myself. I honestly don't think I could have done it without them!

"As the numbers dropped on the scales each week and my confidence increased I started to think about how active I was so I started to build up activity slowly, from dancing when doing the housework to walking, swimming and dance fitness classes. I now do four to five workouts a week and I love it! Slimming World has completely changed my life but best of all I am the mum I've always wanted to be." Jake, who charmed the nation to come runner up on I'm a Celebrity... Get Me Out of Here! and went on to win Dancing on Ice last year, couldn't believe Kirsty's transformation. He said: "I think Kirsty looks incredible, to turn her life around like she has is amazing. She seems so full of confidence now and it's hard to believe that she ever had an issue with her weight. It's a reminder that with support and commitment you can do anything you set your mind to."

Gemma-Louise Williams, who runs the Beeston group that Kirsty attends, said: "Having Kirsty in my group is wonderful. Her remarkable transformation has inspired so many of her fellow slimmers and she gives them so much support each week - we are lucky to have her. The change on the outside is plain to see, but she has grown so much in confidence too and these days Kirsty's ready to take on whatever challenges life throws at her. I'm certain that's why the members of the group chose her to represent them at Slimming World's Woman of the Year awards. We couldn't be prouder.

"I know that Kirsty will inspire lots of other people who are struggling with their weight and would like to feel healthier and more confident, to take that step and join our group - there's always a warm welcome waiting for them."

Although Kirsty made the final ten, unfortunately she was not the overall winner of the competition. Slimming World's Woman of the Year 2019 will be announced in November.

Join a warm and friendly group near you today...

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WEDNESDAY

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Beeston / Chilwell

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7.30pm
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Long Eaton

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5.30pm & 7.30pm
Tel Jude 07711 043 213

Chilwell

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(off Inham Rd), 5.00pm & 7.00pm
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Trowell - New Consultant

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9.15am
Tel Annette
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FRIDAY

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9.15am & 11.15am
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SATURDAY

Beeston

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100th Birthday – Dorothy Reus

Dorothy Reus, who was born in Beeston and has lived there all her life, celebrated her 100th birthday.

After leaving school, she joined the family Private Hire company and well remembers having to wear white gloves when taking brides to and from their weddings! Later, she became a receptionist at Dr. Hutchinson's surgery on Abbey Road. She has been a member of Beeston Parish Church all her life and still attends every Sunday. She has also been connected with the Guiding Movement in Beeston and is now a long-serving member of the local Trefoil Guild. Dorothy has been a member of Beeston Parish Church's Mothers' Union for over 40 years and the branch made her the guest-of-honour at their Strawberry Tea, when over 60 friends gathered to share her special day.

Congratulations Dorothy!



Happy Birthday
Chris - Top Bloke!
Enjoy your day x x x x



Happy Birthday Sis,
Janice - time to celebrate! x x x x



Happy Birthday,
Tonya - Have a fab time away before hand! x x x x



Happy Birthday,
Babs - Enjoy your cuppa & cake! x x x x



JUST SOME BORING (BUT IMPORTANT!) STUFF TO BEAR IN MIND WHEN SENDING IN YOUR PICTURES!....

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Send your entries BY EMAIL: info@breeze-magazine.co.uk

DEADLINE FOR DECEMBER 19 ISSUE: 23rd November 2019

steven christopher DESIGN

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breeze what's on



The gift shop at the Canalside Heritage Centre is taking part in Museum Shop Sunday this year and this is the perfect chance to shop local and unique gifts for Christmas! As well as exclusive offers in-store, they will be offering free food & drink tasting, mince pies and mulled wine and a chance to meet some of their wonderful makers!

When you spend £25 or more in the gift shop you get a free 10% off voucher on your next visit to either the gift shop or the tearoom! There will also be a chance to taste locally made jams and chutneys from Mr Pitchfork's Pickles, locally brewed beer from Lenton Lane Brewery AND also gin sampling from Blue Monkey Brewery!



Coming along to the event will be:

- **Clare Harvey** - local author from Beeston. Clare is known for her wartime novels, including 'The Night Raid' and 'The Escape' and will be signing her books on the day.
- **Judy Firmin** - from Olde Mill Pottery. Judy makes the Nottingham laceware pots, clay mice and Carrington cat mugs. Come and have a chat about the process of making this unique pottery.
- **Janet Barnes** - local artist based at Beeston Lock. Janet paints local wildlife and landscape scenes and will be demonstrating her painting on the day.



Come along between 11am and 4pm on Sunday 1st December, enjoy the cosy festive surroundings and help support the work that we do here at Canalside.
Canalside Heritage Beeston, Weir Cottages, Canal Side, Beeston, Nottingham NG9 1LZ
<https://canalsideheritagecentre.org.uk>

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breeze what's on

14 large photographs depicting scenes of trains and local transport in Beeston have been unveiled at Beeston Station.



The exhibition is part of the work of 'Friends of Beeston Station'. Mixing together trains and other forms of transport special to Beeston, the earliest photograph is from 1905 showing a busy Beeston station which then had over 50 employees, while the latest photograph is of one of the gravel barges showing its journey through the gravel ponds to the CEMEX processing site on Long Lane. In between there are pictures of other trains, including the steam train 'Nigel Dobbin' which stopped at Beeston earlier this year, and a 1908 photo of a woman and her child on a Humber bike, and some of the earliest Barton buses.



"Beeston has a rich history around trains and other forms of local transport and we wanted to capture some of that and put it on display for others to appreciate it as well", said Trish Roberts-Thomson, the Chair of FOBS.

"We've been amazed at just how interested people have been in these pictures" Trish said. FOBS now wants to put up 'story boards' which give a lot more information about some of the photographs. This will be done in 2020. "It's been wonderful to make some of these old photographs public, and it's brightened up the end of Platform 2 which used to be a rather sterile place."

FOBS, which has some very keen volunteers, has also put up a number of planters on Platform 1 and is very interested in individuals or businesses wishing to sponsor more. "The planters make such a difference", Trish said.

FOBS is still working hard for lifts to be installed at the station to make it more accessible to all those who wish to use the trains but are unable to cope with the steps.

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breeze competition

**Do we have any David Essex fans amongst us?
We ll we have a special treat - an opportunity
to win two tickets to his concert next year!.....**

Internationally renowned singer, composer and actor DAVID ESSEX OBE has announced his first major tour in over four years. The 18 date UK tour taking place in October 2020 will see him perform much loved hits spanning over his entire repertoire.

David first shot to fame when he went to an audition for the London production of the musical Godspell and was chosen by enthusiastic US producers for the role of Jesus. He received major awards and some ecstatic reviews which saw him lead a cast at the Roundhouse and then at the West End for two years.

Since then David Essex has enjoyed a remarkable career that has combined concerts, records, theatre, composing, films and television with striking success. He has written, recorded and produced albums that have sold millions of copies worldwide. He's also had twenty-three Top 30 singles in Britain alone. These include the Grammy© nominated Rock On which not only topped the charts in Britain and the USA but sold over one million copies. Subsequent singles followed such as Lamplight, Hold Me Close and Gonna Make You A Star which made David a household name. Mayhem ensued throughout the UK, with crowds for his concerts resembling Beatlemania and traffic stopping whenever he appeared.

David has continued to this day to produce and write albums including 2013's Reflections and has contributed to stage and screen with the likes of Silver Dream Machine taken from Silver Dream Racer, in which he starred.

Acting credits also include That'll Be The Day, its sequel Stardust, Traveller, The Guvnors, Black Prince and more recently BBC TV's EastEnders as the head of the Moon family. Theatre credits include outstanding performances in Evita, Boogie Nights 2, ELF!, Footloose, Andrew Lloyd Webber's Aspects Of Love, plus his own musicals Mutiny! and All The Fun Of The Fair. David recently appeared on the legend live arena tour with the likes of Suzi Quatro.

David has also written a bestselling poetry book Travelling Tinker Man & Other Rhymes plus two successful autobiographies A Charmed Life and Over The Moon, the latter a Number 1 Sunday Times Bestseller.

David Essex is the only artiste in the world to have achieved success in all areas of entertainment and continues to break boundaries with his unique talent. On the tour Essex said: "I've had so many requests to tour again, so I've decided to do one more tour. I'm looking forward to touring the UK again in October 2020, it should be fun"

Tickets for David Essex's October 2020 UK tour go on sale Friday 1st November at 10:00am via
www.gigsandtours.com and
www.ticketmaster.co.uk
http://twitter.com/davidessexnews
www.davidessex.com

Wed 7th October 2020
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Sat 9th Murder of Crows
Fri 15th Lyvia
Sat 16th Fake News
Fri 22nd The Interceptors
Sat 23rd Fargo
Fri 29th Metal Fatigue
Sat 30th The Rooters

Barge, Long Eaton

Sat 9th The Skunks
Sat 16th Mandarins
Sat 23rd Tick Tick Boom
Sun 24th Chris Langley 4pm
Sat 30th The Fourth Wall

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Fri 8th Fletch (2 - 5pm)
50's 60's 70's Vocalist
Fri 15th Richard Comfort (2 - 5pm)
50's 60's 70's Vocalist
Fri 22nd Daisy Bird (2 - 5pm)
50's 60's 70's Vocalist
Fri 29th John Halton
60's to 90's Guitar Vocalist

Sat 2nd Rebel Rebel (8pm)
Plus Tina Turner Tribute
Sat 9th Tony Deema Duo (8pm)
Plus Kev Smith Jones
Sat 16th Wildest Dream (8pm)
Plus Yasmin
Sat 23rd Junction 25 (8pm)
Plus Kim
Sat 30th Relentless
Plus One night With You

Sun 3rd Paul Rhodes (3 - 6pm)
60's to 90's Guitar Vocalist
Sun 10th John Daniels (3 - 6pm)
60's to 90's Vocalist
Sun 17th Sal Solo (3 - 6pm)
60's to 90's Guitar Vocalist
Sun 24th Eba (3 - 6pm)
The Reggae Man



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The Pub With Real Soul

It's all pistons firing now at the Boat & Horses in Beeston Rylands.
We take a look at the amazing transformation of this much loved local.

"When we took over the running of this pub it had recently been refurbished. The problem was it didn't have the 'get up and go' spirit at the weekends and it lacked something we knew the locals wanted: a real good food restaurant that offered the kind of meals they wanted, in a nice setting and at a price they can afford" says Kevin the new landlord at this popular local social hub.

"When a pub can offer what we do it is bound to bring people in and that is exactly what we've found. We are here when there's a birthday do, here when there's a wedding reception, here for those special anniversaries," he adds.

The Boat & Horses sits proudly, near the canal and within a busy and thriving community. It now welcomes all, any day of the week with daily events to give visitors a welcome break from the stresses and strains of daily life.

"We all need to get out of our four walls from time to time and that's what we also aim to serve - a really nice relaxing atmosphere where a family or friends can come and sit,

enjoy our quality beers, wines or ciders and have a chat, maybe join in with a quiz or play pool or poker."

At a time when many locals have closed for good the people of Beeston Rylands and beyond are lucky in having a well cared for pub & restaurant with such fantastic regular entertainment.

"We work hard to get the best performers & groups in so we have a vibrant atmosphere at the weekends in particular - locals tell me they love having something to look forward to after a week's work and knowing they can walk in here, get their favourite refreshments and sit back, chill & enjoy it all. We do all the work"



Staff at the Boat & Horses



breeze what's on

keeping it

local

SINCE
2002

The 29th Annual Duck race will take place on Wednesday
1st January 2020 at Manor Park Toton. Starting at 2.00pm.



The race will start by releasing 1500 plastic ducks into the River Erewash. They will float down the river and be caught at the bridge approximately 600 yards downstream. The owners of the first 10 ducks to cross the winning line will receive a prize.

In 2016 we included a 'Corporate' race to celebrate our Silver anniversary, 25 years of Duck Racing! Local business supported the race by sponsoring a duck. This was so successful that we now have a corporate race each year. We will be contacting local business once again to ask for their support.

The Duck race is always a great day for all the family, with a number of fun things to do. We will be serving Mulled wine, mince pies, hot dogs and delicious doughnuts. There will be a tombola, prize every time cuddly toy stall for the children and a chance to win some giant toys.

For just £1.50 people can have the opportunity to sponsor a duck and win a prize.

Angela Barnes, fundraising networker for AgeUK Derby & Derbyshire said, "The Duck Race has become a great local event and people start ringing as soon as Christmas is over to make sure that they can reserve a duck for the race. We usually attract hundreds of local people and many family pets. It is one of the few events that all of the family can enjoy together. And there is always a great atmosphere. The people in the Toton/Beeston/Long Eaton/Sandiacre, Stapleford, Nottingham and Derby area now attend as a matter of course. After all what else can you do on New Years day?

All of the money raised will be used to benefit local older people.

To reserve a duck call Angela Barnes – 01332 343232/ 07745 191777 or
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breeze promotion

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What makes The Little Handcrafted Company different is the personal service that goes hand in hand with ordering a personalised product - every order is hand personalised by Anita in her home studio (based in Long Eaton, Derbyshire).

There is a huge trend towards giving 'one of a kind' gifts and because everything is made to order if the customer wants to tweak the wording or layout of a design this can be accommodated. Customers can tailor gifts for their loved ones further as many products have up to 21 choices for the wording colour meaning the gift can be as bold or as classic as the recipient.

With her love for typography, Anita also designs every product and is constantly developing the range with regular new additions.

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BEESTON

Christmas

Lights Switch On

SATURDAY, 30th NOVEMBER

Beeston Square

4.30pm - 6.30pm

5.30pm Light Switch On at the Square

6.30pm Fireworks

Santa's Grotto 2.30pm - 5.45pm

Broadgate Park

Season of Light

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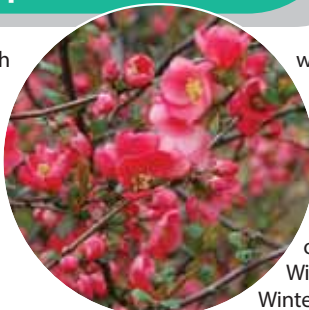
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breeze gardening

Given up on going in the garden? Try these ideas to inject some life into the garden or patio this winter...

Let's take a look at what we can do to keep in touch with our growing and nurturing skills and lighten up a bit.

If you have a border that is the wrong shape, or one that offers little pleasure in winter now is a good time to change it and add plants that look good in the garden centre at this time of year. The spot of instant colour & texture will be like a shot in the arm over the next few weeks and, come next year, the payoff will be even more so if you continue to plant by season so there's always something coming up to look at.



woody shrub grown for its colourful bare stems in winter. Look for *C. alba sibirica* for red stems.

There are many others too: Cyclamen, Winter Aconites and Winter Jasmine.

Brighten Up The Garden

In winter we tend to notice dark spots in our garden: now is the time to consider how to brighten them up. It's the dull days that make you see these things better and take action.

Have a look at your garden. Do you have an old wall? Or any timber structures like sheds, pergolas, or rose arches? A simple but effective tip is to paint them white or cream. Then follow this up with some low voltage led lighting which will reflect off these much easier than that brown or grey shed. This alone can just lift our mood when we cast an eye outside on a dull dark winters afternoon.

Try planting some strategically placed pots with a winter flowering or coloured stem such as Japanese Quince (*Chaenomeles*) which bear cup-shaped flowers in winter as well as early spring. Another good one and very nice for a structural look is Dogwood (*Cornus*) which is a small

Another quick & easy way to lighten up a dull area is with mirrors, as they create the illusion of space in a garden but they will also reflect light and heat from the sun. Mounting a mirror in the brightest section of your garden and directing it towards the darkest area is a great way to improve the light your garden gets. Try charity shops for these - there's often an array of old mirrors which can be 'upcycled' by painting the frames in an exterior paint to change it completely.

Use accent lighting on your shrubs & bushes: spike lighting supplies a much more flexible approach to winter garden lighting and this is why they're a great choice for accent lighting outdoors. Because they are compact (especially now we are all on led) it makes it easier to subtly introduce into the garden without cluttering or making a major visible impact. This means that those shrubs, hedges and plant beds which are still flourishing despite the cold weather, can be further amplified by using hidden spike lights among the foliage.



(Continues...)

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breeze gardening

(Continued...)

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As winter progresses, birds will become more dependent on the food you put out. This is when they use feeders most heavily, so hygiene is important: clean your feeders and tables now by soaking them in sterilising fluid, and get into the routine of washing them regularly.

Of course there are other types of wildlife in your garden and they need care too - Peacock butterflies and small tortoiseshells hide in shed corners during the winter so try to avoid disturbing them.

Toads and newts (always under great environmental pressure) like to spend the cold winter months in greenhouses or under pots or piles of bricks. Frogs are more likely to be seen in piles of leaf litter, while some males will hide at the bottom of ponds if you have one.

This is the season when it's easiest to get into your garden to make changes in preparation for the coming year. So take the opportunity to look around and decide where to add new wildlife features, such as a log pile or pond.

Your garden is part of nature and sharing it is your way to help biodiversity right here in the UK.

As always, keep learning and.... Enjoy!



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breeze what's on

Remember someone special this Christmas. Why not Sponsor a light on the Treetops Hospice Care Christmas tree in memory of a friend or relative.

keeping it



The members of The Long Eaton Dawnbreakers Rotary Club would like to extend a huge thank you to all your readers who have generously donated tools to the club. Over the past two years we have worked with the charity Tools With A Mission (TWAM) to collect unwanted tools and garden implements which are refurbished and sent to Africa. Here they form the basic tool kit for someone to start a new career which in turn will make them financially self sufficient in supporting their families. President Nick Jackson said" We have been overwhelmed by the generosity of local people who have donated so much. We are happy to carry on for as long as people have tools to donate." The latest shipment to Africa saw the total amount of tools collected exceed 21 tonnes.



If anyone has tools or similar they would like to donate, then please contact Nick Jackson on 07767 377774 or 1302nick@gmail.com to arrange for someone to pick up the tools.

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Refreshments will be available from 3pm. Christmas cards, plants, homemade preserves and handmade Christmas wreaths will also be on sale – cash sales only.

This is an outdoor event, please dress for the weather. On-site parking is available only for blue badge holders.

You do not have to attend the ceremony in order to sponsor a light.

Treetops Christmas Treecycling scheme is back and we are aiming for our biggest and greenest year yet! In exchange for a donation, our amazing volunteers will collect and recycle your real Christmas tree. Book your collection today and take the hassle out of disposing of your tree whilst supporting your local Hospice.

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Minimum donation £10. To register visit the Treetops website. <https://www.treetopshospice.org.uk/events/christmas-treecycling-2/>

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breeze appeal

Meet reader Helen and her family, raising awareness and funds for Anaphylaxis Campaign. The charity is the only UK wide charity solely focused on supporting people at risk of severe allergic reactions....



"When my eight-year-old son Aidan was 20 months old, he had a bowl of crunchy nut cornflakes. He didn't react straight away, but after an hour or so, I can only describe him as looking like he had fallen into nettles. His face was puffy and his eyes were slits, as any parent can imagine, this was terrifying! Aidan's blood test showed the highest possible reaction you could have to peanuts therefore putting him at risk of Anaphylaxis, the severest form of allergy. After retesting him this summer we have learnt that he will never outgrow this allergy and has sadly developed further allergies.

Aidan is an extroverted individual who just loves to be the centre of the room. On the flipside, he has to miss out on things that would be normality for other children. Aidan has to carry two life-saving EpiPen's at all times. Living with a life-threatening allergy has been a learning curve for all of us. We have told Aidan that this just makes him special and he takes it all in his stride.

We have all seen in the media the devastating effects of allergies that are misunderstood or 'not taken seriously' so I wanted to help raise awareness by becoming involved with a charity called the Anaphylaxis Campaign. The charity is the only UK wide charity solely focused on supporting people at risk of severe allergic reactions.

I have delivered allergy awareness presentations to children in KS1 and KS2 at my children's school. We talked about how to recognise signs of Anaphylaxis, and how to get help. I have had interest from further local schools to deliver the same presentations.

Our family fundraising efforts have earned us the nickname 'the orange family' but we also refer to ourselves as TeamDickie. We have received support from our local Aldi and also at Harvey Hadden Sports Village. They have allowed us to set up a fundraising table where Layla, Aidan and Brandon have been spokespeople for the Anaphylaxis Campaign, chatting to everyone they can about our cause, and life with allergies.

On Sunday September 29th we all took part in the Ikano Robin Hood Marathon and Mini marathons, as the pinnacle of our fundraising. Decked out in our trademark orange, the impending rain managed to hold off for a pleasant, albeit windy morning! Over 6000 runners took part in the half marathon. This was only my second time running a half marathon distance, having trained at home running 10 kilometres 3 times a week on the lead up! I was happy to get around in just over 2 hours and 34 minutes, and was wishing the wind had blown me towards the finishing line! The kids joined me from the barriers running the last 100 metres with me, and we all crossed the finish line together!

Taking part in their first mini marathon, Layla and Aidan ever competitive with each other finished 337th and 358th out of nearly 2000 runners with just 7 seconds between them! Brandon came in 767th and was pleased as punch to beat his Daddy, not bad for a six-year-old! We all finished our races muddy, but still orange and knowing that our fundraising total stands to make nearly £1200, towards the valuable work of the Anaphylaxis Campaign!"

Helen Dickie



For more information on Anaphylaxis Campaign visit <https://www.anaphylaxis.org.uk>

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breeze what's on



If you go down to the woods on Saturday 14th December, be sure to take part in national pet charity Blue Cross's Bark in the Dark event to help raise money for sick and homeless pets.

The event takes place in Sherwood Pines from 6:00pm until 8:30pm and is open to all the family and their four-legged friends. Registration takes place between 4:00pm and 6:00pm and it is £12 per adult and £8 children, family tickets are £35 for two adults and two children (plus small booking fee).

The 5k dog walk takes dogs and their owners on a festive guided walk through the forest in the dark of night.

All money raised from the events will go towards helping tens of thousands of sick, injured and homeless pets that Blue Cross helps every year at its animal hospitals and rehoming centres across the country.

Emma Jones, Blue Cross Community and Events Regional Manager, said: "We're calling on all members of the family to don their head torches and get involved in our fun festive events this year.

"The work Blue Cross does to help vulnerable pets is totally reliant on public support and at Christmas our teams especially love to shower the pets in our care with festive love and treats. Money raised at our events helps us to provide these special moments for our pets at our centres and hospitals across the country."

Entry costs £12 for adult, £8 for under 16s or £35 for a family (two adults and two children). To find out more and to buy tickets visit www.bluecross.org.uk.



Blue Cross is a national charity that has been helping sick, injured, abandoned and homeless pets for over 120 years. We help thousands of pets in need every month by providing veterinary care, expert behaviour help and find them loving homes. We also offer education for current and future pet owners plus pet bereavement support for those who have lost their pet companion. Pets help us in so many ways and they depend entirely on us, with your support we can give back to more pets in need. Pets change lives. We change theirs.

• For more information visit bluecross.org.uk

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Baxter Green

Selling Well at Baxter Green. Robert Ellis updates us on how things are going at this stylish local development....



The contemporary design of these modern detached family homes combines open plan living with spacious and versatile accommodation over three floors. All properties enjoy the benefit of the sun (when it makes an appearance!) with balconies on the first and second floors. The site boasts properties of both four and five bedroom variations. The five bedroom plot affords a utility room on the ground floor or a laundry room on the first floor depending on preference. Located on the first floor are four good sized double bedrooms and two bathrooms with wet room and shower as well as a master bedroom and further en-suite and sitting room to the second floor.

SPACIOUS

With a spacious floor area in excess of 4,000 square feet (including balconies), there are no less than six bi-fold doors to the accommodation which extends over three floors. A garage fitted with underfloor heating would be the ideal space for a workroom or indeed to store a cherished motor. Each property also boasts an ample three car standing driveway and enclosed gardens with additional patio areas.

Sales on five of the six properties which back onto Chilwell Lane have now successfully completed, each plot enjoying views from the balcony of the open field to the rear. Only one property remains available with such a view. Two of the four bedroom houses have also completed on their purchases with



the remaining four bedroom plot under construction and receiving a great deal of interest. With over half of Phase One already sold or progressing to sale completion, it would be advisable to arrange a viewing in order to proceed with a reservation.

The next open day for Baxter Green will take place on Saturday 18th January 2020 where we will be showcasing the plots backing to the playing fields which immediately face you upon entering the development.



If you would like to view prior to the open day, please contact the Robert Ellis Beeston office on 0115 922 0888 where you can ask for Paul Merritt.

We are happy to arrange your individual viewing to show you the continuing development of the site & answer any questions.

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12 High Road, Beeston, Nottingham NG9 2JP
Tel: 0115 922 0888

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Saturday	CLOSED
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breeze noticeboard

There are many fantastic local clubs and charities around in our area. This page is especially for you! Let our readers know what is going on and promote your non profit event free of charge!



A CHRISTMAS BAZAAR is taking place in the Assumption Church Hall, Foster Avenue, Beeston on **Saturday 23rd November 2019.**

Time 11am to 1pm.
Admission 20p.

Stalls to include cakes, jams and chutneys, bottle stall, tombola, books, raffle, crafts, nearly new stall and children's stall.

Seasonal refreshments will be available.

Come along and join in the fun.

Wollaton Art Group

Art Demonstration at Wollaton Vale Community Centre

Tuesday, 19th Nov 2-4 pm, £5 including tea and biscuits

Another fantastic demonstration from award-winning artist and author, Tim Fisher
Everyone welcome

ANNUAL CELEBRATION

7.30pm Friday 22nd November
Hope House Boundary Road
Nott'm NG9 2RF

Celebrating great stories of transforming lives and bringing Hope to communities around Nottingham and beyond;
Sharing the vision of growing Hope.

7.30pm Sharing stories and vision

8.30pm Networking and Refreshments

9.00-10.00pm

Gospel Praise Concert
Presented by Springs of Life
International Church
All Welcome

Roundhill Primary School are recruiting new governors.

What is a governor?

Governors are volunteers who make a positive contribution to children's education by helping to set the ethos, vision and strategy for schools and monitoring performance and finance.

Who are we looking for?

- We are recruiting 3 new governors. We particularly welcome applications from candidates who are
- members of our community who are not currently Round Hill parents as this group is currently under-represented on our governing body.
 - are passionate about education, have a thoughtful and broadminded approach, are welcoming and community focused
 - bring a fresh perspective to the governing body, reflecting our local community.
 - analytical, interested or experienced in school data
 - have some flexibility, daytime and evening availability (Governors volunteer about 5 hours per month)

What next?

If you over 18 and interested in applying we would love to hear from you. Please email joymiller@roundhill.notts.sch.uk and we will send you an information pack.

Deadline for expression of interest forms - 18th November
Shortlist and Invite for interviews - 19th November
Interviews - 26th November
First Governors Meeting for successful candidates - 14th Jan 2020

CHRISTMAS MARKET

Saturday 23rd Nov 11 - 2 pm

The Pearson Centre for Young People, Nuart Road, Beeston

We are holding a Christmas Market with stall including tombola, raffle, Christmas crafts, cakes, refreshments.

Santa has also contacted us and said he will be coming along too.

Anyone wishing to have a stall please contact the Centre on 0115 9254112 or enquiries@thepearsoncentre.org.uk

CHRISTMAS TEA DANCE

at Erewash Voluntary Action
Granville Avenue, Long Eaton,
NG10 4HD

(Fully Accessible building)

Wednesday 11th Dec 2019

MUSIC & ENTERTAINMENT

by David Griffin 'BIG GRIFF'

1.30pm - 3.30pm £5 each

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Grangewood Methodist Church on Grangewood Rd, Wollaton

(just behind Bramcote Lane shopping precinct) is holding its

Christmas Fayre on

Saturday 30th November 2019
@ 10am until 1.30pm.

Cost of entry is £1 but children get in free. Santa will be opening our Fayre at 10am. We invite all children everywhere to come and meet Santa (and his little helper) in his grotto and receive a special gift. At our Fayre, you will find a Raffle; Arts, Cards & Crafts; Cakes & Preserves; Jewellery; Scarves; Star Buys; Toys & Puzzles; Books; White Elephant, along with Treasure Hunt, Bar-B-Que, Cafe and so much more.

Proceeds from our Fayre will go to the Macmillan Cancer Support, Framework & Children & Family Worker.

Come and walk the...

ADVENT PRAYER LABYRINTH

at St Michael & All Angels Parish Church, Bramcote

Friday 29 and Saturday 30
November any time between
10am and 4pm

We'll be stripping the church of its seats for the two days prior to Advent Sunday, and laying out a labyrinth that twists and turns and takes you to the heart of the Christmas story - the child in the manger. The different stations on this journey invite you to pause and to use the the symbols or materials you find there to think and reflect and pray. It's an oasis before a busy time, a beautiful Christian practice that goes right back to the 12th century.

Continue to relax afterwards, with refreshments served throughout the day.

TREETOPS LOTTERY - TELL A FRIEND

Tell a friend so they can support your local hospice too and receive a £10 M&S voucher. We have a promotion for all our existing Treetops Lottery members. If you think a friend or family member would like to support Treetops Hospice Care in the same way, we'll give YOU a £10 M&S voucher to say thank you if they sign up using the form. You can download a form by visiting our website lottery.treetopshospice.org.uk The funds raised are vital for the charity to continue caring for people in the local community when they need us the most and who knows, you might just have a lucky win too!

It costs just £1 per entry and all proceeds go to the charity. There are 13 cash prizes up for grabs each week and you could win up to £10,000!

Are you part of a group or charity that you would like to tell our readers about?

Send your entries BY EMAIL: info@breeze-magazine.co.uk

DEADLINE FOR DECEMBER 19 ISSUE: 23rd November 2019

Send in about 500 words plus images to: info@breeze-magazine.co.uk and you could have a feature in Breeze Magazine for Free!

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breeze puzzler

Welcome to our brain teaser page - Enjoy!

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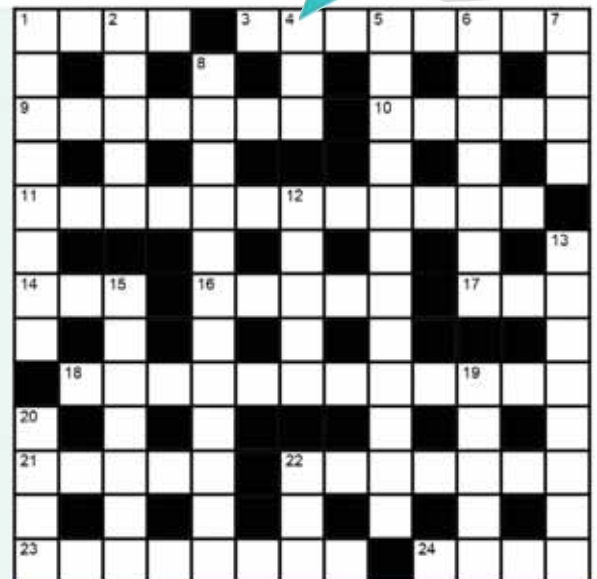
CROSSWORD PUZZLE

Across

- 1 Chances (4)
- 3 Put a ring around (8)
- 9 Overhead surface of a room (7)
- 10 Pursue (5)
- 11 Picture of yourself created by yourself (4-8)
- 14 Electrical resistance unit (3)
- 16 Paved area which adjoins a house (5)
- 17 Foot digit (3)
- 18 First half of the Christian Bible (3,9)
- 21 Blossom (5)
- 22 Workplace where people are very busy (7)
- 23 Informal photograph (8)
- 24 Professional charges (4)

Down

- 1 Specified event (8)
- 2 Bore a hole (5)
- 4 Over-worked horse (3)
- 5 Formed or united into a whole (12)
- 6 Two-wheeled horse-drawn battle vehicle (7)
- 7 Divisible by two (4)
- 8 Thick-skinned herbivorous animal of Africa (12)
- 12 Customary practices (5)
- 13 Constantly in motion (8)
- 15 Country, capital Chisinau (7)
- 19 Deport from a country (5)
- 20 Wading bird of warm and tropical climates (4)
- 22 Hoot with derision (3)



SUDOKU

Place a number (from 1 to 9 inclusive) into each square in such a way that every digit appears once in each horizontal row, each vertical column and each box of nine squares.



WORDSEARCH

UNDER THE GROUND

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.



- | | | |
|---------|-------------|-----------|
| AQUIFER | DRAIN | POTATO |
| CARROT | FOUNDATIONS | ROOTS |
| CAVE | GOLD | TUBER |
| COAL | GRAVE | TUNNEL |
| CORM | MINESHAFT | UNDERPASS |
| CRYPT | PEANUT | VAULT |

WORDWHEEL

Using the letters in the Wordwheel, you have ten minutes to find as many words as possible of three or more letters, none of which may be plurals, foreign words or proper nouns. Every word must contain the central letter and no letters can be used more than once per word unless they are in different spokes of the wheel. There is at least one nine-letter word to be found.



WORD LADDER

Change one letter at a time (but not the position of any letter) to make a new word – and move from the word at the top of the ladder to the word at the bottom using the exact number of rungs provided.



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You'll typically see me once a week for a weigh in, a catch up and to order your products, but I will be in touch with you on a regular basis with call and texts between appointments. I'm here to support you and you can lean on me when the going gets tough – as it sometimes will. I know exactly how to keep you on track. Please call me for more information."

Contact: Mandy Smith

Tel: 079606 45505

Based at:

Pastiche Therapy Centre, Beeston, Nottingham NG9 2LN

e: MandySmith.one2onediet@gmail.com

fb: @one2onedietmandysmith

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