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MARCH 2020

ISSUE 208

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# welcome

keeping it

# local

SINCE  
2002

Welcome Breeze readers! Hope you enjoy our pages this month. We encourage you to use our local trades and businesses, after all, **if you don't use it, you lose it!**

See back issues at:

[www.breeze-magazine.co.uk](http://www.breeze-magazine.co.uk)



## MEET SANDRA

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# on yer bike!

Support local lads, Sam and Alex as they embark on a 200 mile cycling journey for a much needed cause...

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Sam and Alex are proud to be supporting this year's Football to Amsterdam, under the team name, Forest2dam. Football to Amsterdam is a charity which exists under Prostate Cancer UK in order to bring an end to Prostate Cancer. Prostate cancer is the most common cancer in men. It's a disease which kills one man every 45 minutes – that's two men during a football match.

In addition to raising the much needed funds for the research and education which the charity so desperately requires, the Football to Amsterdam is a heartfelt, tight-knit community event that brings together people from all walks of life; athletes, cancer survivors, physicians, caretakers, family members, and friends just to honour the men in our lives and raise awareness and funds to end prostate cancer once and for all.

The Football to Amsterdam event which We'll be taking part in will be taking place from Nottingham to Amsterdam which will depart on 4th June 2020. This involves a three day bike ride from the World famous City ground in Nottingham to the Johan Cruijff Arena in Amsterdam, totalling 200 miles.

However, we can't possibly hope to achieve our goal without the help of people like you. If you would you consider making a donation to help our team in the upcoming event, by giving to Forest2dam, you'll be pleased to know that your money will be put towards helping our team accomplish our goals but more importantly, save lives!

We really hope that we can count on your help to make this year's event one of the best to date!

Thank you in advance for your sponsorship to this worthy cause! You'll be pleased to know that just by reading this letter you have increased awareness for this deadly disease. So thank you!

We would like to thank Jamie at Cycle Inn, CVH Accounting, Geoff Green Joinery LTD, AJC Plumbing and Heating and Gils Fish Bar, for sponsoring us already.

If any other companies would like to sponsor Sam and Alex in order to have their company name on both jerseys then email

Sam on:

samgreen9@hotmail.co.uk

or Alex on:

alex.j.c1989@hotmail.co.uk

Please note 100% of the proceeds will be going towards Prostate Cancer UK.

## About Prostate Cancer UK

Prostate Cancer UK's top priority is funding research to stop prostate cancer killing men. We're investing millions to find better treatments and better tests that can spot fast-growing cancers early, and could be used in a screening programme to save thousands of lives.



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For more information visit <https://prostatecanceruk.org>

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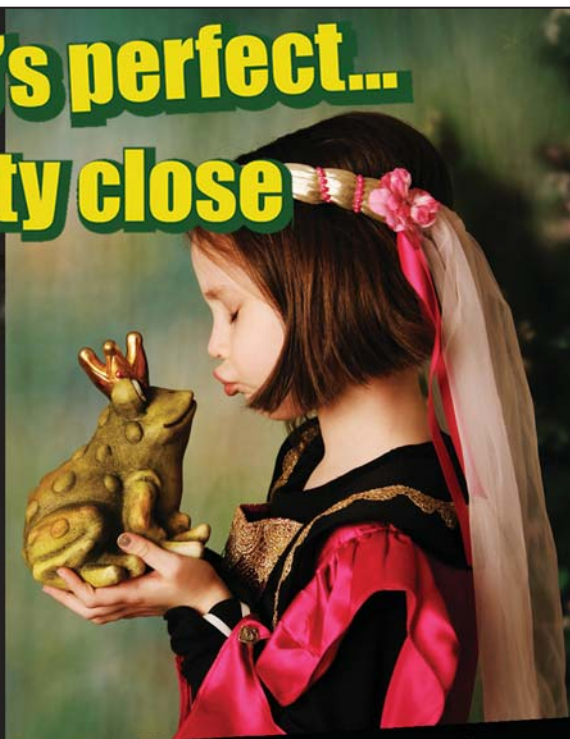
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# competition

We have teamed up with Grace & Co to give away three Nomination Bracelets, each with two charms...

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Grace & Co Jewellery opened in October on the Beeston High Road. Alongside the full range of Nomination jewellery, Grace & Co stock collections new to the area including Swarovski, Ted Baker, Tommy Hilfiger, Coeur de Lion, Olivia Burton, Unode50 and celeb favourite Vivienne Westwood.

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# horoscopes

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**ARIES** Your attitude towards updating and improving skills is making all the difference to your progress. Soon you will begin to appreciate the rewards of all your hard work. Someone new will enter your life who will point out all your successes and achievements.

**TAURUS** Opportunities and prizes you have had to work hard for are starting to line up and becoming yours for the taking. If you are single or simply interested in any diversion which may capture your interest, a chance to enjoy a brand new romance will present itself, but as with everything, it won't be without its problems.

**GEMINI** You have some smart ideas for making money and the financial sector of your life is looking promising. You can look ahead to lots of travel and exploring far away places because the best part of your life is just beginning. An old flame from your past is refusing to go away.

**CANCER** At work or in any kind of test, your self belief could reach an all time high. By standing your ground and following your gut instincts you can now begin to enjoy going in a very different direction than in previous years because you are now ready to experiment with new things, which could also involve a spot of romance.

**LEO** Take a good look at your social circle and the people with whom you regularly associate with because your choices will say a great deal about you as a person. Do not even associate with people who are full of misery.

**VIRGO** A dream career you put on hold can now be dusted down and put to good use. Although not everyone will be pleased for your good fortune, it's important that you are not influenced by any mode of negativity at this important point in time. Speak your mind and be your own person. Someone you

**LINBA** meet whom you may be initially attracted to could prove to be a mismatch, so the minute you feel hesitant and doubtful as to where this situation may be going, act upon your gut instincts before allowing circumstances to spiral out of control. A secret ambition finally shows promising signs of materialising.

**SCORPIO** During this very interesting period of personal growth and transformation, you may find yourself leaning towards detaching and pulling away from certain people rather than allowing them into your inner sanctum. Enjoying your own company and feeling at peace with both yourself and the world is vital if you are to evolve and develop spiritually.

**SAGITTARIUS** Pure ambition can sometimes alienate those who may ordinarily have supported you and in the past, you would probably have felt very slighted and let down. Times are now changing and its apparent that your self-esteem and confidence is growing daily.

**CAPRICORN** It will take all your strength and self control to deal with some of the hurdles ahead, but once you put your mind things, you are bound to enjoy some huge elements of success. There are still people in your life who have got away with misinterpreting and underestimating you for far too long.

**AQUARIUS** This is a time for creating more space in your life by planning to enjoy yourself more and do only what feels right for you. You can look forward to taking part in a few celebrations that will enable you to catch up with people you are deeply fond of.

**PISCES** It looks as though you are entering a magical and inspirational spell but until you let go of past hurts and disappointments and stop reinforcing them by continually reliving them in your mind, you will not move forwards quite as quickly as you hoped to.

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# happy 5th birthday

Local synchronised swimming club,  
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SINCE  
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The AquaStars are an extension of the successful and long standing, Bramcote Swimming Club. The AquaStars are thrilled to be celebrating five years since the first set of swimmers donned their nose clips and quite literally took the plunge to dive into the world of Synchronised Swimming.

Head Coach Lenka Tanner says, "I can't quite believe it's been five whole years already. It has been hard work, but very rewarding to be able to realise my dream setting up a Synchro Club and watching it grow from strength to strength in both numbers and achievements."

The AquaStars currently have over sixty swimmers who range from ages 6-18 including boys and girls. Swimmers follow an established pathway, from the Intro to Synchro beginner class, to Starlets and then into the AquaStar competitive squads. Lenka Tanner says, "We have seen so many boys and girls stay active by falling in love with this unique sport and we are always keen to introduce it to more swimmers!"

Parent Lorna Middleton says, "AquaStars are a fantastic club, catering for the super competitive to the swimmers whom want to swim more recreationally. There really is something for everyone."

The Bramcote AquaStars compete all over the country and both the Starlets and AquaStars have the opportunity to compete at local, Regional and even National Level. "In July, we will once again compete at the Combo Cup, at the Queen Elizabeth pool in London, which we saw host the 2012 Olympics. March 2020 will also see our 12 & Under and 13-15 Free Teams debut at the National Age Groups Championships in Manchester. The 13-15 Free Team Squad has within it Eve Young whom recently qualified for the England Youth Development Squad. Lenka says, "We couldn't have been more proud when Eve swam her heart out to hit the qualification criteria for this Squad." April 2020 will see the AquaStars 15-18 Free Team debut at the National Championships hosted at Harvey Hadden - Nottingham, competing against the highest standard of synchro swimmers in the country.



For details of how you can get involved, please visit our website at  
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SINCE 2002

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Why not share with our readers or surprise a loved one by having their picture and a few words printed - we'd love to hear from you... and it's **FREE!**



Happy 18th Birthday, **Lizzie**  
No1. Dawta! x x x x

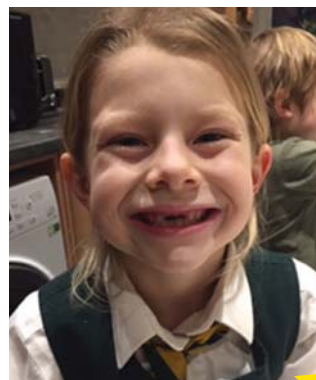
Happy 18th  
Here's to another year of  
amazing you!



Happy Birthday, **Charlotte**  
Enjoy your day x x x x



Happy Birthday, **Ellis**  
Have a great day x x x x



Happy 7th Birthday **Tessa**!!  
You are amazing! Love M,D,J&Z

**JUST SOME BORING  
(BUT IMPORTANT!) STUFF  
TO BEAR IN MIND WHEN  
SENDING IN YOUR PICTURES!...**

- We do not accept any professionally taken photographs.
- Whilst every effort will be made to agree with copyright laws on the images provided it is the senders full responsibility to obtain permissions on such copyright images before supplying to Breeze Magazine.
- The editor reserves the right to shorten or modify any material submitted.
- Any requests for insertions of a child under the age of 16 must be accompanied with a sign letter of agreement from the Parent or Guardian of that child. With full address details\*\*

Send your entries BY EMAIL: [info@breeze-magazine.co.uk](mailto:info@breeze-magazine.co.uk)

DEADLINE FOR APRIL 19 ISSUE: 23rd March 2020



## REGISTERING NEW PATIENTS

- ✓ Do you want to see the same Optometrists & Staff every time?
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- ✓ Do you want to see the most individual and niche frames with the finest optical quality lenses from around the world?
- ✓ Do you know anyone who may benefit from specialists lenses for Poor Vision, due to Cataract, Glaucoma, Macular Degeneration and other Retinal Disorders?



### John Flynn Opticians in BEESTON - Now official stockists of LINDBERG – the best eyewear in the world!

After many meetings between the founder of the best eyewear brand in the world and Dr. Janjua, a license has been granted to John Flynn Opticians to stock the highly sought at **LINDBERG EYEWEAR**.

In 1969, Hanne and Paul Lindberg established LINDBERG Optik in Denmark. With their son, Henrik, they invented the first Air Titanium frames which resulted in a revolutionary change in the eyewear industry with their 'screw-less' frames being incredibly lightweight, fashionable and extremely strong.

The Danish royal family, politicians, business tycoons, and

Dr. Janjua with  
Henrik LINDBERG.



high-profile celebrities are your typical LINDBERG customers. With 95+ international design awards including the prestigious Silmo Gold award, this multi award-winning Danish company is undoubtedly the best of the best in the world. Their craftsmanship is unmatched by ANY other existing brands today and now available in Beeston!

The practice already dispenses specialist spectacles, tints and coatings which can help people with various daily tasks such as driving, vision in low light level and VDU work. It also supplies Austrian lenses which use 'Pin Sharp' honeycomb lens technology to improve the vision for those who struggle to see very well.

Low-Vision lenses are available from the USA for people with vision loss related to Glaucoma, Retinitis Pigmentosa, Diabetic Retinopathy and macular degeneration (AMD). These special lenses change the direction of light to alternative healthier parts of the retina. Combined with a special yellow filter to improve contrast - they have been a huge success in helping those with visual impairment see better!



Emphasis is always placed on personal service, correctly fitted frames and accurately dispensed ophthalmic lenses by using only exceptional manufacturers such as Carl Zeiss, Nikon, Seiko, Rodenstock, Essilor, Hoya and many other superior independent lens suppliers including one that makes the THINNEST lens in the world 1.76 INDEX!

The practice is now open all day Monday to Saturday. Off street parking is available in the practice own car park. Established in Beeston, Nottingham over 80 years ago, John Flynn Opticians is located on the corner of the leafy Devonshire Avenue and Chilwell Road. The aim is to create a warm and welcoming environment within the traditionally furnished surroundings.

**Open Monday to Friday from 9am to 5.30pm. Saturday 9am-5pm**

John Flynn Opticians welcomes the registration of new patients and parking is available in the practice's own car park.

Telephone 0115 9255051 to make an appointment. [enquiries@johnflynnopticians.co.uk](mailto:enquiries@johnflynnopticians.co.uk) [www.johnflynnopticians.co.uk](http://www.johnflynnopticians.co.uk)



Want to stay up to date with the latest news and arrivals? why not follow us on **Instagram** and **Facebook @johnflynnopticians**

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# what's on

Looking for something to do?  
Well it's right on your doorstep...  
Join Riverside Drama group as  
they put on their latest drama.

keeping it

# local

SINCE  
2002

*"It's not good, gentlemen.  
That's why I've gathered you all here.  
An Inspector is coming...  
a Government Inspector!"*

The Mayor is in a cold sweat. News has reached him of an imminent visit from a Government Inspector. His fear is well-founded as he has been somewhat lacking in his official duties. The hospital's a health hazard, the school's a war zone, the soldiers don't have trousers to march in and he never quite got around to building that church! Surely the only possible solution is bribery; it seems to have resolved many a sticky situation for the Mayor and his team in the past! But a simple case of mistaken identity leads matters to spiral hysterically out of control. Could it be that they have met their match in the complicated business of deception?

Gogol's satirical comedy masterpiece is a riot of corruption, lies and greed that has lost none of its original bite.



Riverside Drama Company present **A Government Inspector** at the  
Duchess Theatre, Long Eaton from 18th March - 21st March.  
Tickets are available by calling the Box Office on 0115 882 3884 or  
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## pet's corner

keeping it

local

SINCE 2002

**Warning: High numbers of dogs are suffering from a violent gastroenteritis bug in the Midlands and beyond!**

Vets in Nottingham are reporting a higher than usual occurrence of gastroenteritis in dogs. The British Veterinary Association (BVA) advise that, with prompt veterinary treatment, almost all dogs make a full recovery from this uncommonly violent gastric bug.

**How Is This Vomiting Bug Different?** According to Vet Dr Danielle Greenberg of The Small Animal Veterinary Surveillance Network (SAVSNET) this vomiting bug is unusual in that dogs may show:

- Prolific vomiting of five or more episodes in a twelve hour period which can stop for a period (such as overnight) and then start again
- Dogs are often unable to even keep water down at peak vomiting stage
- Anorexia and lethargy for 2-5 days
- Diarrhoea: many dogs have 'gravy-like' diarrhoea
- Full recovery can take 10 days

### What we know so far...

- This outbreak is affecting areas across the Midlands, Wales, the North of England and Northern Ireland.
- The illness is most likely a virus but has not yet been identified.
- This disease appears to be dog-specific, thankfully humans are not at risk so far.
- This is not caused by Parvo or Salmonella, with treatment from your vets almost all dogs recover

### Taking Action

SAVSNET is collecting details on suspected cases. Information can be sought and submitted here: [www.liverpool.ac.uk/savsnet/dog\\_vomiting\\_potential\\_outbreak/](http://www.liverpool.ac.uk/savsnet/dog_vomiting_potential_outbreak/)

If you think your dog is suffering from this condition, please contact your local veterinary practice without delay.



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**Old age might be inevitable, but with a bit of help our pets can keep active and push back 'old age'!**

Signs that your companion may have arthritis fall under 4 categories:

- Mobility issues - difficulty getting up from rest, slow or stiff walking, trouble jumping into the car or difficulty getting up the stairs/on the sofa.
- Temperament issues - getting grumpy when touched, avoiding children or other pets, hiding away.
- Reduced activity levels - spending more time sleeping or resting in one place, not showing interest in exercise, lying down more frequently.
- Grooming changes: licking at joints, not grooming fur well - especially over the back.

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# what's on gig guide

keeping it

## local

SINCE 2002

### Brennans, Long Eaton from 5pm

Sun 8th Massa  
Sun 15th Dave Xander  
Sun 22nd Lisa Monroe  
Sun 29th John Halton

### Soldiers & Sailors, Sawley

Sun 8th Cool wave  
Sun 15th Gin & Coke  
Sun 22nd The Realistics  
Sun 29th Ricky & the Retro's

### Cornmill, Chilwell

Fri 27th Radio Romantics

### The Shaftsbury, Sawley

Sat 7th Sarah James  
Sat 14th John Halton  
Sat 21st Maddison  
Sat 28th Fletch



### Beeston Victory Club

Every Thursday Night Quiz Night  
Every Friday Night From 7pm Karaoke  
Every Sunday From 2pm Sticky 13's  
Every Sunday From 7pm Karaoke

Sun 1st Paul Rhodes (3pm)  
Fri 6th Karl Howard (2pm)  
Sat 7th Glamatize 70s Glam (9pm)  
Sun 8th Phil-Ski (3pm)  
Fri 13th Sebastian (2pm)  
Sat 14th Junction 25 (9pm)  
Sun 15th Vinny (3pm)  
Fri 20th Tony Demma Duo (2pm)  
Sat 21st One Night With You (9pm)  
Sun 22nd John Halton (3pm)  
Fri 27th tba (3pm)  
Fri 27th Exhibit A (9pm)  
Sat 28th The Modest (9pm)  
Sun 29th Daisy Bird (3pm)



To be sure of appearing on this page. Email your gigs by the 10<sup>th</sup> of the month, to appear in next months issue. To breezegigs@gmail.com

### SATURDAY 28th MARCH

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### SATURDAY 4th APRIL

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# gardening

Lighter nights means more is happening in the garden this month.

keeping it

# local

SINCE 2002



Why not start your own herb supply for this spring and summer's gourmet efforts? (*come on - we know you like to show off at least sometimes in the kitchen!*).

Herbs do have differing requirements but can be broadly split into two growing types:

**Full Sun Herbs** Thyme, sage, rosemary, french tarragon and oregano all like full sun.

**Partial Shade Herbs** Those that like partial shade include rocket, sorrel, mizuna, mustard, parsley and chervil.

**Window Box Location** For your typical window box full of herbs try starting off on the sunny side of the house with chives, oregano, lemon thyme and a creeping rosemary to drape over the edge. Looks good and offers those wonderful tastes and aromas for your cooking!

For the shady side of the house why not get your second window box up and running with wild rocket, chervil, French parsley and red mustard?

In both cases use a soil based compost such as John Innes potting compost as very few herbs grow in peat. Also, soil based composts don't dry out as quickly which keeps your herbs refreshed all day long (as long as you water them in the morning!).

Just be aware that Rosemary, originally being a Mediterranean plant, needs lots of drainage and only short douses of water so don't use drip water feeders here.

Use a feed on your herbs that promotes leaf growth, between March and September.

## A Welcome To Wildlife

It is easy to encourage greater biodiversity without compromising the way your garden looks. As nature awakens from another cold winter a few small changes you can bring major benefits for the creatures that call it their home.

By choosing plants that provide pollen and nectar all season through, from spring (Crocus, and Mahonia for example) to autumn (Michaelmas daisy, Sedum spectabile and ivy, which is especially late to bloom and helps provide food into early winter) you give sustenance to life.

Wildlife studies show that it doesn't matter if a plant is native or not – Buddleja davidii comes from China and yet British native butterflies really love it! So you can choose from a wide variety.

Growing a range of trees, shrubs and climbers can really help or a mixed hedge to provide food and shelter. Larger plants, particularly trees, support more wildlife with their food in the form of flowers, fruits and seeds. They also provide cover and nesting sites for garden animals, from insects to larger species such as birds

(continues....)



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# gardening

keeping it  
**local**

SINCE  
2002

■ Beware late frosts: cover plants if heavy frost is forecast and do not put vulnerable bedding plants out without cover just yet.

■ Deadhead daffodils and Narcissi and feed them with liquid feed ready for next year. Don't remove the leaves.

■ Tidy and hoe spring borders before the growing season really takes hold and over runs you!

## Points to watch...

■ Add mulch where needed again before plant growth blocks where you want to go with it. Your own garden compost, out of date grow bags or manure are all good.

■ When the soil eventually warms up add general purpose fertiliser before covering with your mulch on borders, including fruit or veg patches. Don't forget containers need a feed too.

■ Time to check those garden tools whilst we still have time: is your mower up to the job? Blunt blades do no favours to grass.

■ With warmer temperatures it's also a good time to give the shed a good coat of preservative - go on and treat yourself to a brighter colour this year! Be aware that fence sprayers used in the open can allow the mist to drift and cause a nuisance to say the very least!

■ Attack slugs and snails before they get chance to colonise your garden - once they get started you will know about it! Do use a nature friendly method though such as slug traps etc.

It's all starting to pick up in the garden now so get some air & set the scene for colour & life to come. **As always... Enjoy!**

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2002

## Outside Edge

The Arcade Players are pleased to announce that their final play for the season is 'Outside Edge' by Richard Harris. Running from **29th April – 2nd May**.

Roger is having trouble getting a team together for the afternoon cricket fixture against Yeadon East, Maintenance Division of the local railway company. Bob is having marriage trouble because he can't stop doing odd jobs for his ex-wife, behind his current wife Ginny's back. Dennis is having similar troubles because his wife seems intent, yet again, on moving house. Kevin, whilst nursing a cricket injury, is constantly fighting off his rather over affectionate wife, Maggie. Alex's new girlfriend can't cope and ends up having hysterics. This witty, hilarious play by Richard Harris, coupled with the Arcade Players high standard of performance, will once again provide you with a most unforgettable night out.

**Tickets are available on-line at [www.duchess-theatre.com](http://www.duchess-theatre.com) or call the theatre box office on 0115 882 3884. You could also purchase in person at the theatre's coffee morning Saturday 10am – 12 noon.**

## Art Demonstration

At Wollaton Vale Community Centre, Rosedale Drive Tuesday, 24th March 2-4 pm, £5 including tea and biscuits. This time local artist, Lynda Mayfield, will be our special guest. See [www.lyndamayfieldartist.com](http://www.lyndamayfieldartist.com).

## Nottingham Concert Band

A musical 'Round Britain Whizz' is promised in Beeston on **Saturday 21 March** when Nottingham Concert Band returns with a programme drawing inspiration from every corner of the country. Taking place in the **Parish Church of St John the Baptist, the concert starts at 7.30pm and is in aid of Emmanuel House.**

Led by Ashley Parnell, the 60-strong band will be presenting a huge diversity of music, with the playlist featuring fresh takes on familiar folk tunes and medleys of classic film soundtracks alongside toe-tapping evergreens and archive gems from the heyday of British light entertainment.

**Tickets are £10/£8 (accompanied children free): call Chris/Steph on 0115 925 8494. Reservations can also be made via Kathryn on 07709 756949. e-mail [beeston.parish@gmail.com](mailto:beeston.parish@gmail.com)**

## Trent Rylands Federation

On the 14th January 2020 Trent Vale Infant and Nursery School and Beeston Rylands Junior School were federated with the schools being collectively known as the Trent-Rylands Federation.

The schools remain separate but have one Governing Body and continue under the leadership of the Executive Headteacher Jackie Moss.

The schools have been collaborating since September 2016 and during this time much has been done since then to strengthen the links between the two schools and to provide improved outcomes for all children through the sharing of expertise, resources and facilities. The schools know that being federated will further enhance the educational and extra-curricular opportunities for children in both schools, strengthen the leadership and management structure and enable both schools to maximise the use of shared resources. It gives the children a consistent approach to teaching and learning just like there is in a primary school, along with a consistent approach to expectations of behaviour. For parents there is the advantage of consistency of communication and policies.

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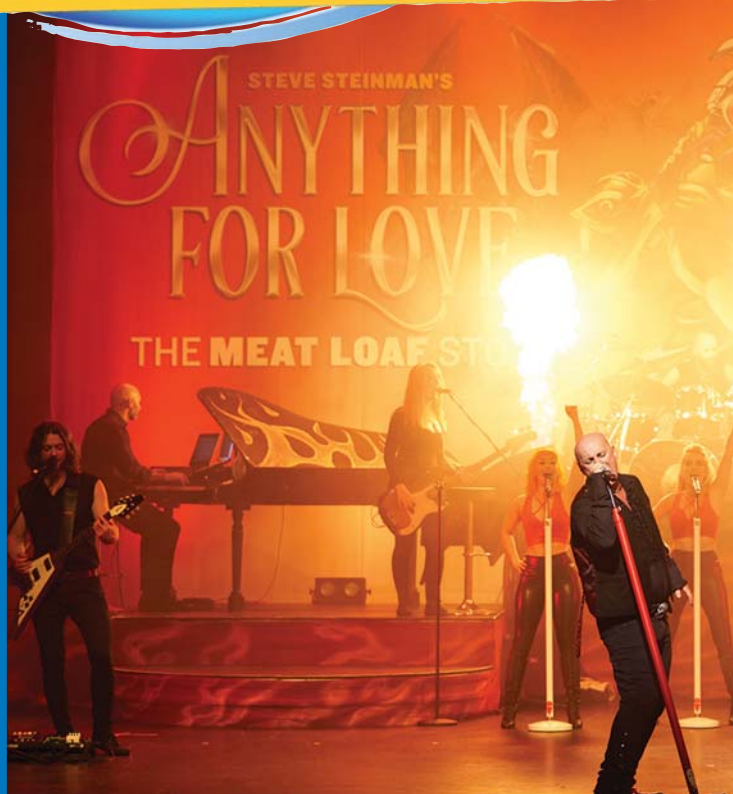
# like a bat out of hell!

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The critically acclaimed Steve Steinman, now in his 30th year of continuous touring, will be joined onstage by Lorraine Crosby, who nearly three decades ago sang those immortal words with Meat Loaf "I Would Do Anything For Love (But I Won't Do That)" to perform this epic song live as part of his brand new production Anything For Love – The Meat Loaf Story.

Nottingham will also feature the Bad For Good Rock Orchestra, for more details visit [www.themeatloafstory.com](http://www.themeatloafstory.com)

With over 2,000 performances and over a million tickets sold worldwide, Steve Steinman has come a long way since his appearance as Meat Loaf on ITV's hit TV show Stars In Their Eyes back in 1993. His journey can only be described as remarkable as for the past 27 years Steve has constantly toured globally in the hit show 'The Meat Loaf Story'. He has performed in some of the most iconic venues in the world such as Sun City, South Africa and the London Palladium, which Steve rates as one of his all-time achievements.

Lorraine was born in Newcastle in the late 60's and tirelessly worked all over the UK performing in many bands before leaving for LA in the early 90's to secure a recording contract with record giants MCA. A chance meeting with Jim Steinman, the legendary musical genius behind the epic multi-million selling album Bat Out Of Hell, lead to him becoming her manager. Lorraine was then introduced to Meat Loaf where she was asked to put down her vocals on what we now know as one of the best-selling songs of all time.

Amongst Lorraine's other achievements she can be credited for her amazing vocals on the hit No 1 album Bat Out Of Hell II - Back Into Hell. Lorraine is well known for her live performances where many superstars, including Bonnie Tyler, have joined her on stage.

As Meat Loaf is no longer touring, Steve Steinman makes the perfect partner as Lorraine explains "I can't think of a better person who can do Meat Loaf's epic songs justice. I'm really excited to be part of such an incredible show, I've turned down many offers to perform this song, but Steve's reputation and his productions are phenomenal".

With incredible stage set, live band and production, combined with Steve's well-known sense of humour and stage presence, along with the amazing Lorraine Crosby the show can only be described as 'awesome'. The show will feature Meat Loaf's greatest hits of all time including – Anything for Love – Bat Out Of Hell – Paradise By The Dashboard Light – Took The Words Right Out Of My Mouth – Two Out Of Three Ain't Bad – Dead Ringer For Love and many, many more.

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## Spring Coffee Morning

Join St Mary's Ladies Group for tea, coffee, home made cakes, scones and other yummy delights at their Spring Coffee Morning on Saturday **28th March 2020 from 10.30 until noon at Attenborough Village Hall**. There will be stalls to browse and the ever popular chocolate tombola.

Admission is £1.00 at the door which includes tea or coffee. See you there!

## Wollaton Bowling Club

Wollaton Bowling Club are actively seeking new members after the laying of a brand new bowling green. "We have a mixed membership in the EBA and EBF leagues, together with internal competitions and numerous friendly games.

We enjoy several social events, if you have never bowled before coaching is available. Why not come and give it a try?"

Contact 0115 9399668 or 0115 9285630

The Club is situated near the Admiral Rodney Pub, Wollaton Village NG8 2AN

## Running Appeal

Many local people will remember the enigmatic Victoria pub landlord Neil Kelso – who passed away recently. The Vic is a long term and generous sponsor of the John van Geest Cancer Research Centre, based at Nottingham Trent University - NTU Clifton campus.

One of Neil's former colleagues, Kim Butler, is running the London Marathon to raise funds in memory of Neil.

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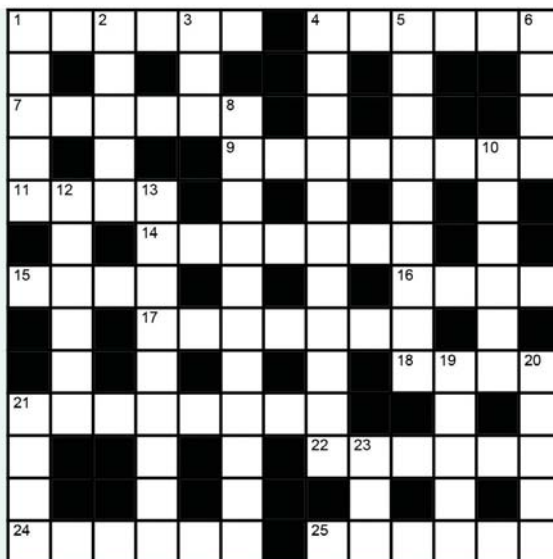
## CROSSWORD

### Across

- 1 Taken dishonestly (6)
- 4 Division of Ireland (6)
- 7 Rain channel (6)
- 9 Physical activity (8)
- 11 Large, edible marine fish (4)
- 14 Perforates (7)
- 15 Shed tears (4)
- 16 Canter (4)
- 17 Japanese paper-folding art (7)
- 18 Association (4)
- 21 Fixing firmly in place (8)
- 22 Former monetary unit of Portugal (6)
- 24 Shelters from light (6)
- 25 Niche or alcove (6)

### Down

- 1 Ability to see (5)
- 2 Frequently (5)
- 3 Augment (3)
- 4 Ask for too little money (11)
- 5 Expressing ridicule that wounds (9)
- 6 Eastern staple foodstuff (4)
- 8 Happening again and again, tediously (11)
- 10 Popular number puzzle (6)
- 12 Of value (6)
- 13 Selected for a job (9)
- 19 Parasitic insect (5)
- 20 Footwear items (5)
- 21 Overtake (4)
- 23 Observe (3)



## WORDSEARCH MADE OF PAPER

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

F P M A T S E G A T S O P  
H L Y W S G S O E R Y B O  
X L O S A R A P L E W O T  
F D H W P L Z H N L L V X  
S J E O E Q L O T M E O U  
A B I J B R M P K Y B C G  
C I F G D T G L A G A W A  
K X G A T T F I G P L Q T  
N U N E M C S E A F E O E  
A N J F K M H N X B Z R C  
M K J Y O C Y A L I Z P I  
B C O F F E E F I L T E R  
J O M Z T J P L A N E X P  
Z A O I B I M H I U T S H  
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## The Full Monty

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The Broadway musical 'The Full Monty' was adapted from the 1997 film, and follows six unemployed Buffalo steelworkers, low on both cash and prospects, who decide to present a strip act at a local club after seeing their wives' enthusiasm for a touring company of the Chippendales.

One of them, Jerry, declares that their show will be better than the Chippendales dancers because they'll go "the full monty" - strip all the way. As they prepare for the show, working through their fears, self-consciousness and anxieties, they overcome their inner demons and find strength in their camaraderie.

This heartwarming, upbeat comedy musical is a must for anybody looking for a great night out!

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## Beeston Wildlife Group



Join Beeston Wildlife Group on 16th March for a talk on Archaeology of Attenborough & the Trent Valley. The talk is given presented by one of their former committee members Mike Spencer. Who is now Vice Chairman of the Trustees of Nottinghamshire Wildlife Trust and has been heavily involved in the very successful Attenborough Lifeline Appeal.

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