

A BREATH OF FRESH AIR EVERY MONTH

breeze

OCTOBER 2020

ISSUE 214



Wellbeing at Home

Local Community

Support Local Business

Raising Funds

Breeze Appeal



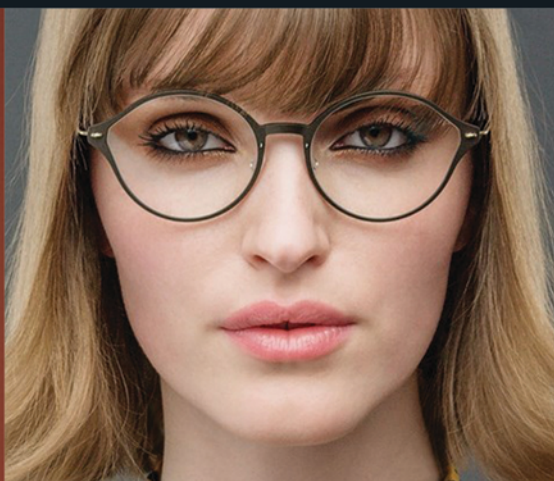
JOHN FLYNN
OPTICIAN
ESTD. 1938

WE ARE
OPEN
AS (NEW) NORMAL

SPECIALIST
GLASSES
FOR PEOPLE
WITH

AMD
(MACULAR DEGENERATION)
GLAUCOMA
CATARACT
AND OTHER
RETINAL PROBLEMS

Now official stockists of **Lindberg** - the best eyewear in the world





L I N D B E R G



götti
SWITZERLAND

We are now stocking
**Götti Dimension
3D Printed Frames** -
lightweight and durable
by Götti,
Switzerland



   We only supply the best quality lenses from **Nikon, Hoya, Zeiss** and many other superior independent lens suppliers including the **WORLD'S THINNEST** lens 1.76 INDEX!!

Eye Examinations carried out by **Dr Sheeraz Janjua** BSc(Hons) DipSv MCOptom DOptom Director & Doctor of Optometry
Opticians Awards Finalist - Optometrist of the Year 2018 Opticians Awards Finalist - Independent Practice of the Year 2019

REGISTERING NEW PATIENTS

Open Monday to Friday from 9am to 5.30pm. Saturday 9am to 5pm

John Flynn Opticians welcomes the registration of new patients and parking is available in the practice's own car park.

Telephone 0115 925 5051 to make an appointment. enquiries@johnflynnopticians.co.uk www.johnflynnopticians.co.uk



Want to stay up to date with the latest news and arrivals? why not follow us on **Instagram** and **Facebook** @johnflynnopticians

0115 925 5051



1a Devonshire Avenue, Beeston, Nottingham. NG9 1BS

amora
blinds

Call us on
0800 046 1502
or our sales team
01332 415 683
Visit us on
www.amorablinds.co.uk
Established since 2006!

3 VERTICALS

FOR £89



FREE QUOTATION
FREE FITTING
12 MONTH GUARANTEE

***Terms & Conditions apply.
Available in White & Cream fabrics only.

3 ROLLERS

FOR £99

FREE QUOTATION
FREE FITTING
12 MONTH GUARANTEE

***Terms & Conditions apply. 12 Months Guarantee

welcome *keeping it* **local**

SINCE 2002

! Please note all we believe all information given was correct at the time of going to press.

Welcome.

We're all trying to maintain some sense of 'normal' this month.

So sit back, relax and enjoy your latest Breeze!

Stay Safe.

MEET SANDRA

Sales Enquiries
07967 282558

Email:

sales@breeze-magazine.co.uk

Published By MP4 Design Limited Est. 2002



A MASSIVE 80% ADVERTISERS RETURN EACH MONTH!

To Our Advertisers

Download the full guidance for people working in, visiting or delivering to other people's homes:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/homes>

An independent company not connected with any other publication or group. All material is copyright and should not be reproduced without permission. We have made every effort to make sure any numbers on editorial or advertisement or details that appear are correct, apologies if any are incorrect. The publishers do not accept liability for any loss or damage caused by an error, inaccuracy or omission in the printing of an advertisement or editorial. By placing an advert you are agreeing to and are subject to the publisher's terms and conditions, copies of which are available on request. The publisher accepts no responsibility for works carried out by any advertiser, any matters should be taken up directly with the advertiser.

MP4 Design Limited is registered in England: Company Number 8081955
Registered Office: 210 Lower Regent Street, Beeston, Nottingham NG9 2DD
Office Address: 156 High Road, Beeston, Nottingham NG9 2LN

We have a Facebook Page and a Facebook Group. Please feel free to share on these pages updates about your business or community event. We are here for you to share and inform.



FOLLOW US ON facebook.



your BOILER SPECIALIST

T: 0115 925 5848

— 15% OAP Discount —

C.T.H.
Plumbing & Heating

- Boiler repair/service/installation
- Central heating repair
- Central heating installations
- All plumbing & gas work undertaken
- Ex British Gas Engineers
- Combi Boiler Specialists
- Energy Efficient Engineers
- Bathroom Suites



Government Boiler Grants available

Just the right time to replace your boiler?



BAXI POTTERYTON Glowworm Remeha WORCESTER Ideal

“Warm again...”

Whether it's a new boiler with our 12 year guarantee to replace your old, unreliable and inefficient one or a new bathroom suite with the latest sumptuous bath

We just get it sorted for you...

Quotes are free so give us a call and make your life much more comfortable...

Can I afford it? YES!

Boilers & Bathrooms at AFFORDABLE PRICES!



making a splash!

John Clifford set about fundraising after local flooding, we find out how they got on.

keeping it

local

SINCE 2002



Earlier this year, John Clifford, like many businesses and homes in Beeston, fell victim to the heavy rain. The damage was extensive with a number of class rooms heavily damaged and the outdoor learning lodge submerged under water. Keen to do something to help the schools' PTA (the Friends of John Clifford) launched the 'Giant JC Superhero Challenge' to raise funds to support the school. Within days the fantastic pupils, parents and staff of the school were busy organising all sorts of fundraising events.

The range of really creative fundraising activities varied from sponsored cycles, sponsored silences and giant cartwheeling challenges to cake stalls and impromptu socially distanced classical music performances. The imaginative school staff were also sponsored to collectively run, walk or cycle 1898 kilometres over the summer holidays; a figure chosen because school was founded in 1898.

As a thank you for the great efforts a member of staff went under an ice-bucket for every fundraising target hit, culminating in Mrs Waring, the headteacher going under a bucket at the end of the summer term.

Find the Friends of John Clifford on Facebook or the school's website to see videos of all the ice-bucket challenges! The colossal fundraising effort raised an impressive £6840. A massive thank you to everyone in the local community who sponsored and supported our fundraising effort In anyway "Well done and thank you everyone!"

Just Giving page:
<https://www.justgiving.com/campaign/FriendsofJohnCliffordSuperHeroChallenge>



A.G.S PLUMBING, HEATING & GAS

- Gas Safety Certificates
- Central Heating Installs
- Combi Boilers Installs
- Cookers / Fires
- Small Jobs welcomed
- Cheap Rates on Servicing
- OAP Discount
- Worked locally for over 10 years

safe
224299

NO
VAT



Call Stephen on 0115 8 547 602 or 07811 954834

31 Thorndyke Close, Beeston Nottingham

aspects INSTALLATIONS

David Shakespeare has installed a wide range of bathrooms to fit each individual's budget and is looking forward to working with past and new customers once again.

- Full Bathroom Installs
- Free Design Service if required
- Tap/Toilet/Sink etc fitting
- Small jobs are also welcome

t: 07940 782 812 or 0115 946 2246
e: aspects-installations@outlook.com

In Partnership with ECH Plumbing Merchant for Accessible Washroom Space.



Warm Hands, Warm Hearth this Autumn at the two top suppliers of all things lovely & warm in our area....

Free log basket or companion set*
when you place an order for a full stove installation



LONDON NEW YORK
CHESNEY'S

Contura

Carlin

FIRENZO
WOODPIPER
The Best of a Warm Home

eco-ideal

oer

OPENING TIMES:
Tuesday to Friday
10am - 5pm
Saturday 10am - 4pm
Sunday & Monday
closed



Search for us on Facebook

the
fireplace & stove
shop

Telephone: 0115 849 9909

Address: 121 Queens Road, Beeston, NG9 2FE
(opposite Subway and KFC)

Email: info@fireplaceandstoveshop.co.uk

www: fireplaceandstoveshop.co.uk

* Terms and conditions apply: offers end 5th November 2019, only one offer can be used per household.
Not available in conjunction with any other offer. Subject to availability.



**Gas fire
and fireplace
fully installed
from £1200.00**

**Electric fire
and fireplace
fully installed
from £849.00**

Both fireplaces images are shown with gas fire.

* All prices subject to site survey.

**Get this look!
fully installed
from £1800.00**



Welcome Home to some of
Nottingham's finest
electric, gas and solid fuel
fires and fireplaces.

We have hand picked
suppliers from all over the country
to offer the best fires for you...

We have a range of micro marbles,
natural stone fireplaces and wood
along with multi fuel stoves &
high efficiency gas fires.

Tel: 0115 8548911

e: info@thefireplaceboutique.co.uk

w: thefireplaceboutique.co.uk

The Fireplace Boutique 102 Chilwell Road, Beeston
Nottingham NG9 1ES



**Let's face it no-one's perfect...
...but we come pretty close**

**Luxury Vinyl Tiles • Carpets
Vinyls • Laminates
Carpet Tiles • Engineered Woods**



**BLACKLOCK
CARPETS**

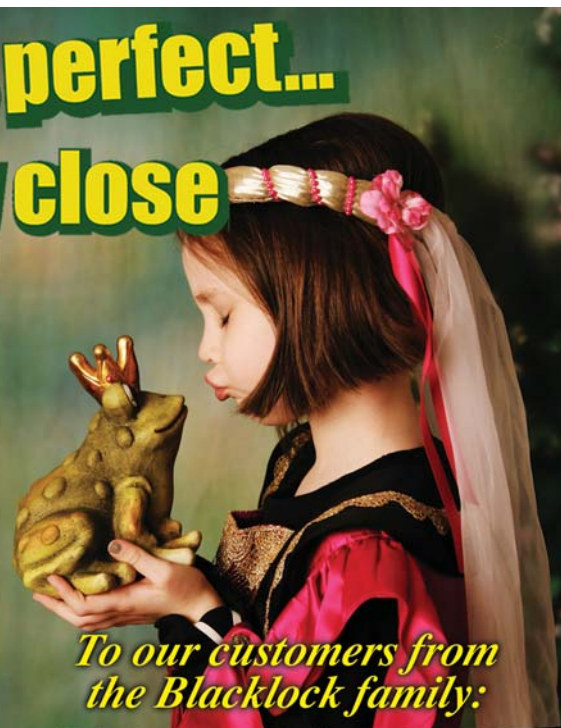
CAMARO
FLOORING COLLECTION

Karndean
Designflooring

COLONIA
FLOORING COLLECTION

Design Showroom tlc

CAVALIO



*To our customers from
the Blacklock family:*

**"We hope everybody is safe
and well during difficult times"**

OPEN:

Mon to Sat: 10-3.30pm

VISIT OUR WEBSITE:

www.blacklockcarpets.co.uk

Tel: 0115 9222 586
114 Station Road, Beeston NG9 2AY
Parking on the tarmac area at the front

1:1 diet coach

keeping it

local

SINCE 2002



With a Diet & Nutrition qualification as well as a Life Coaching Diploma when lockdown hit Kelly Ashmore decided it was time to do something about her weight gain. Her own weight loss then led her to becoming self-employed as a 1:1 Diet Consultant.

Kelly previously worked as a Training Manager in hospitality and is now an award winning Silver Consultant with her business going from strength to strength. She supports and motivates her clients through their weight loss journey, when they reach their target she remains a firm constant in their lives to help maintain their new ideal weight. Despite Covid-19 Kelly saw an opportunity to help people who may have gained a few pounds during lockdown as well as wanting to support those who need to lose weight for health benefits such as type 2 diabetes and obesity. Kelly says "Losing weight made me feel so good about myself and it made me want to support others and be their own personal diet coach. I have many fantastic clients who I have watched make amazing progress. One of my clients said to me after losing 1st 6lbs "The best thing I've done in a long time is pluck up the courage to message you, my biggest regret is I never did it sooner." I encourage anyone who wants to lose weight to get in touch, I don't judge I've been in that position, I'm always happy to have a casual chat about the 1:1 diet by Cambridge. We have 6 steps and the plan can be tailor made to each client whilst they have consistent support from myself. Why not make this Christmas one to remember and get in touch with me?



Contact Kelly on the details below or visit n Facebook The 1:1 Diet Coach Kelly Nottingham

THE 1:1 DIET

by Cambridge Weight Plan



Want the weight gone?

This is the one.

It's the one with the personal diet Consultant that gives you:

- Consistent support
- No joining fee or contract
- Deliciously nutritious products
- An individual plan to get you to your weightless goal

#One2OneDiet



Thank you NHS
All NHS staff receive
10% discount

Talk to your local Consultant today:

Kelly

07891 203134

one2onedietkelly@outlook.com

The 1:1 Diet Coach
Kelly Nottingham

GARAGE DOORS

- FULL INSTALLATION
- SERVICING & REPAIRS
- AUTOMATION
- ALSO HOUSEHOLD INSURANCE RATED SECURITY GRILLS AND ROLLER SHUTTERS



FREE QUOTATIONS
NO OBLIGATION
NO CALL OUT FEE

A. S. MAINTENANCE SERVICES
TEL: 0115 917 2224 or 07823 885950

BRAMCOTE PLASTERING

PROVIDING QUALITY PLASTERING FOR THE LAST 25 YEARS

- Internal & External
- Small Repairs To Full Renovations
- Plastering/Coving
- Rendering/Artexing
- Plaster Boarding/Re-skimming
- Pebble Dashing

Family
Run
Business

Tel: 07815 769968

FREE Quotes Given

KM Joinery and Property Maintenance

Small
Jobs
Welcome

- Competitive quotes
- Bespoke service
- Courteous & reliable

We provide joinery services from door hanging to kitchen fitting & flooring. **PROPERTY MAINTENANCE** including: plastering, plumbing, kitchen, bathroom installations & electrics.

Kitchens
Stairs
Doors
Decking
Storage
& fitted bedrooms



Call 07866 540302
or 0115 8089894

Email: enquiries@km-joinery.co.uk

'NXT-GEN'



COMPOSITE DOOR OFFER

Get a 'next generation' front door, plus a back door for £1,695.
Yes, both for only **£1,695!**

visit klg.co.uk/dooroffer



**A stunning deal that allows you to enjoy a new and secure look for your home,
and a warmer winter ahead for you and your family.**



BEESTON SHOWROOM

0115 922 11 55

Queens Road East NG9 2FD

ILKESTON SHOWROOM

0115 944 12 12

Nottingham Road DE7 5BB

SHOWROOMS OPEN Mon-Fri: 9.00 - 17.00

Sat: 9.30 - 15.00 Sun: 10.00 - 14.00 (Beeston only)

Visit our website to read our
independent customer reviews.

www.klg.co.uk

★ REVIEWS.co.uk



Products are produced on our premises in
Nottingham by our manufacturing arm Archer Systems



KLG Rutland www.klg.co.uk

For full offer terms and conditions visit www.klg.co.uk

Images for illustration purposes only. *Credit is subject to application and status. Terms and conditions apply. Minimum order £1,000. KLG Amazing Glazing Ltd is authorised and regulated by the Financial Conduct Authority. KLG Amazing Glazing, The Mill, Queens Road East, Beeston, Nottingham NG9 2FD act as a credit broker and not the lender. Credit is provided by Hitachi Capital Consumer Finance, a division of Hitachi Capital (UK) PLC authorised and regulated by the Financial Conduct Authority.

good to go!

A welcome return to our city's attractions

keeping it

local

SINCE
2002



It's 25 years since the National Justice Museum was launched to offer something just a little bit different for lovers of heritage and culture.

Both the Museum and our other Nottingham visitor attraction the City of Caves were awarded 'Good to Go' status by Visit England earlier this year, meaning they have been approved as Covid-secure sites. With enhanced safety measures in place, such as one-way systems, hand sanitizing stations and reduced tour capacities, the Museum and caves provide visitors with the opportunity to have fun with confidence. Learn more about these incredible attractions below.

NATIONAL JUSTICE MUSEUM

Extraordinary stories of justice over the centuries are told at the Museum in Nottingham's former Shire Hall which features dungeons, a perfectly preserved Georgian County Gaol and Victorian criminal and civil courtrooms.

Highlight objects on show include evidence from the Great Train Robbery and gibbet irons used in public executions. You can even stand in the famous

Bow Street Magistrates Court dock where Oscar Wilde, Emmeline Pankhurst, Roger Casement, and the Kray twins were sent for trial.

Around the Museum, actors tell the past stories of real people, including matron Harriet Linton, the male prison warden, and numerous inmates.

The National Justice Museum strongly advises you to book in advance wherever possible to avoid disappointment, particularly during the school holidays and bank holidays.

The National Justice Museum is closed every Tuesday and Wednesday, 24-26 December, and 1 January.

For more information visit nationaljusticemuseum.org.uk, call 01159 520555 or email info@nationaljusticemuseum.org.uk.

Be sure to follow @JusticeMuseum on Twitter and Instagram, or just search 'National Justice Museum' on Facebook for updates.

CITY OF CAVES

Discover a hidden world beneath your feet and tour an ancient network of caves. You will hear stories of how they were used in years gone by. Your journey will take you around the winding passageways of Nottingham's largest sandstone caves. Explore how they were used as dwellings, cellars, WW2 air raid shelters and even a medieval tannery.

The City of Caves strongly advises you to book in advance wherever possible to avoid disappointment, particularly during the school holidays and bank holidays.

The City of Caves will be closed every Tuesday and Wednesday, 24-26 December and 1 January.

For more information visit nationaljusticemuseum.org.uk, or call 0115 988 1955. Be sure to follow @CityOfCaves on Twitter and Facebook for updates.



TRENT

BUILDING & ROOFING LTD

NO JOB TOO SMALL

RIDGE TILES • CHIMNEY STACKS • SLATES
OR TILES FITTED • EXTERIOR PAINTING
GUTTERS REPAIRED OR RENEWED PVC
FASCIA BOARDS AND CLADDING

**FLAT ROOFS
REPAIRED
OR RENEWED**

Free Phone: 0800 191 081

Call Anthony Doran for a Free Estimate & Advice

Tel: 0115 871 46 56 Mob: 07417 413 255

www.trentbuildingandroofing.co.uk

Every 37 seconds a home somewhere in Britain IS BURGLED...

**NIGHT... & DAY
SECURITY**

Special Offer
Upgrade your existing
bell box for just
£79!
(with this ad)

VIEW YOUR PROPERTY...

FROM ANYWHERE IN THE WORLD...
we fit internet CCTV systems
to homes, businesses.

A family run business with over 25 years
experience within home security,
specialising in:

- Alarm Systems
- Modern Upgrades
- Hybrid Systems
- Wireless Ad-ons

**FREEPHONE
0800 0113 808**

www.farmerysecurity.co.uk • sales@farmerysecurity.co.uk

COTTAGE BALTI

RESTAURANT

Nottingham's Finest Indian Restaurant

15% OFF

dining in only
Sunday to Thursday

(Closed Tuesday)

Bring Your Own Bottle

No plastic bottles or soft drinks will be permitted into the restaurant. All soft drinks & a selection of non-alcoholic beers are available from the restaurant bar. We kindly ask that you respect our generous drinks policy. If you have any questions we will be happy to assist. (no corkage charge)

Call: 0115 925 1234



We Make Your Dining Affordable!

TRAM STOP DIRECTLY OUTSIDE! • TAKEAWAY SERVICE ALSO AVAILABLE

Email: cottage.balti@hotmail.co.uk

No painting or repairs for 25 years? It must be a ColourFence!

Won't
warp, crack,
shrink, rot
or peel!

Visit our display at
**Notcutts
Garden centre**

- Landmere Ln,
Nottingham
NG12 4DE

Forget painting. Forget repairs. For the next 25 years*. With ColourFence, one of the most tedious, time-consuming jobs disappears. Not just for 2020 but for the next 25 years! That's because there's no need to paint or repair ColourFence. It's guaranteed not to warp, crack, shrink, or peel. Making it one of the world's best maintenance free fences. And, unlike other fences, ColourFence can withstand wind gusts of up to 130mph. There's a choice of colours to harmonise your garden's design. You'll find our prices surprisingly competitive too. **To see the full product range, call us today and find out why it makes sense to choose ColourFence.**

- No painting or repairs for 25 years*
- Guaranteed not to warp, crack, shrink, rot or peel*
- Maintenance-free until 2045*
- Professionally installed to withstand wind gusts of up to 130mph
- No maintenance costs
- Wide choice of colours, designs and sizes

*Hose down several times a year – terms & conditions apply

“Maintenance free for 25 years and great value too! Nothing compares to ColourFence!”

CALL NOW!

To see our full range of colours, designs and get a **FREE** 'no-obligation' quote – **CALL**

0115 933 3330

colourfencenottingham.co.uk



MADE IN BRITAIN

COLOUR FENCE

*Hose down occasionally - terms & conditions apply.

property of the month

keeping it

local

SINCE
2002

**31 Woodland Grove
Chilwell, NG9 5BP**

**Guide Price £435,000
Freehold**



A rare opportunity to acquire an extended 'wow factor' four bedroom semi detached house, enjoying a sunny, enclosed and private garden at the rear with cabin.

The gas centrally heated and double glazed accommodation comprises impressive entrance hallway with flagstone flooring to lounge with bay window at the front and open plan 'wow factor' sitting room leading through to an open dining/breakfast kitchen with bi-fold doors to the rear garden. Also to the ground floor is a, shower room/w.c. and sizable utility, offering back-to-front access. All of the ground floor rooms have underfloor heating.

Rising to the first floor are four bedrooms (the fourth currently used as a dressing room) and large bathroom with free-standing bath and double shower cubicle.

Off-street car standing to a low maintenance garden area at the front and enclosed, private and sunny aspect garden at the rear.

Ideal for those discerning purchasers looking for extended family accommodation which is 'ready to move into.' An early internal viewing comes highly recommended.



**For more information contact Robert Ellis
12 High Road, Beeston, Nottingham, NG9 2JP**

**Email: beeston@robertellis.co.uk
Telephone: 0115 922 0888**

for more information please click on:

we-fix-windows.com



Family Run
One Man Business
MARTIN BROWN

inert gas leaks causing condensation & reduced insulation
seal deteriorates allowing draughts & noise to enter your home
window & door catches weaken allowing a gap between window or door and frame

- Broken/Worn Seized Window Hinges
- Broken/Worn Door Locks & Window Handles
- Misty Double Glazing Fixed

- Prices Start From Just £29

All major Debit and Credit Cards accepted

NO
VAT

**Call Martin now for a free quote
07979 20 25 20**

20% OFF
Curtain Breeze
Autumn Special Offer 1/3
Offer ends 30th November 2020

* First time customers only.
Cannot be used in conjunction with any other offer

BEFORE **AFTER**

Cleaned to look like new

- Conservatories • Gutters and Fascias • Windows and Doors • Carports and Solar Panels
- Patios and Driveways

- All work undertaken by hand
- All work 100% guaranteed
- Only use eco-friendly products
- Discounted rates for pensioners *
- Fully insured

No obligation instant quote:
01603 926 900 / 07909 718 291
www.conserv-a-clean.co.uk

EST 2006

Conserv-a-Clean
Conservatory Cleaning Specialists

For an instant **NO OBLIGATION** quote, email your pictures to enquiries@conserv-a-clean.co.uk


Nottingham
Building & Roofing LTD
A Local Family Business

ALL ASPECTS OF ROOFING AND
BUILDING WORK UNDERTAKEN

No Job too Big or too small

Flat Roofs • Roof Repairs • Chimneys
Leaks • UPVC Fascias • Guttering • Fencing

Contact John for free quote or advice
info@nottinghambuildingandroofing.co.uk
www.nottinghambuildingandroofing.co.uk

0115 871 5101 • 07435 028 074

0800 474 8938

Homecraft
INTERIORS

Curtains, blinds, fabrics, cushions, wallpaper & upholstery
To Embellish Your Home

Now Introducing Flooring.

Please call for an appointment to view our extensive range of fabrics or to book a free consultation and measure.



60 Attenborough Lane, Attenborough, Nottingham NG9 5JW • Free Parking
e: curtains@homecraft-interiors.com w: homecraft-interiors.com
t: 01159 74 45 55

Would YOU like to make a difference?

keeping it

local

SINCE 2002



Has Covid -19 made you re-evaluate your job situation?

Do you want a job that makes a difference and helps put a smile on people's faces?

Are you caring, cheerful, committed to helping others and a Car Driver?

We are looking for enthusiastic, eager people to help support our clients. Our main aim is to help our clients remain independent for as long as possible in their own homes. Our visits are a minimum of an hour and we pride ourselves on matching our CAREGivers with our clients.

We do all sorts of things from helping them get ready for the day to going shopping for them, taking them where possible. As we take our clients to appointments in the community you need to be able to drive and have access to a car. If you have some spare time mornings, evenings and alternate weekends and enjoy getting to know people please get in touch.

Here's what our CAREGivers say: "Great to be part of Home Instead thank you for your support, great to be part of such an amazing team." Lisa. "I don't think I could wish for a better company to work for with the support you have shown in these unprecedented circumstances." Karen. "We all do our job because we love it."

Michelle. "I really enjoy working for Home Instead and meeting so many wonderful people." Debbie.

So if this sounds like you, either call us during Office Hours on 0115 9226116 or email recruitment@homeinstead.co.uk

Recent CAREGivers of the Month



Katie Lees



Lyn Stevenson



Sue Cohen Randall

Slowly, things are starting to get back to normal. Whatever normal is nowadays! But for us having CAREGiver of the Month is something we have missed.

The CAREGivers above were nominated by either other CAREGivers or members of the office staff over the last couple of months. This accolade could go to you all and it is really hard to make a choice at times but it is something that we like to reward CAREGivers with.

WELL DONE AND THANK YOU FOR YOUR HARD WORK!

Home Instead
SENIOR CARE®
To us, it's personal.



Live well, your way
with care at home



Based in Beeston,
I'm a fully qualified,
conscientious, safe
& friendly electrician.

Call for a **FREE** quote.
No job too small.




Contact Steve Sharples:
Call: 07976 706623 / 0115 9677673
Email: steve@dovecote-electrical.co.uk
www.dovecote-electrical.co.uk

FIND US ON FACEBOOK
facebook.com/dovecote.electrical

YOUR LOCAL TAXI DRIVER



(ex Cable Car drivers)

Mon-Fri 7am-4pm
Sat 7.30 - 1.30 pm
Flexible

Fully Insured, years of Experience, Competitive Rates
Fully licensed with Broxtowe Council

Reliable & friendly service.
Local or distance work undertaken:

- Supermarket/Shops
- Wait then return journeys
- Parcel Delivery
- Hospital Appointments
- Train Stations
- East Mid/Birm Airports



Steve on 0770 963 6872

or

Paul on 07748 081614

Advanced bookings not always necessary
Cash or Card payments accepted

Covid19: Please note: all car door handles and seat belt buckles are sanitized after the exit of each passenger and the driver also wears a mask.

Thank you to all our present and future customers for your support and confidence during these difficult times.

Caring for the people you love

At HC-One, kindness is at the heart of everything we do and our care services are tailored to meet individual preferences. Our friendly care homes in Nottingham proudly offer residential, nursing and memory care for those living with dementia.

The extensively trained team will deliver all the specialist care and support services that your loved ones require. Whether it is a little care break or a longer term care package you need, we'll most likely have the perfect solution.

Life is not made up of minutes, hours, days, weeks, months or years, but of moments. We believe an ethos of kindness and genuine caring, ensures these moments are happier, and makes all of our journeys easier.

We welcome new Residents and assure you we will be providing safe visits whilst protecting those who already live with us.



Offering:

- Routine COVID-19 testing
- Telephone and video assessments
- Enhanced infection control
- Personal Protective Equipment
- Safe visits and video calls
- Barrier care expertise
- Staff cohorting
- Multi-agency partnerships

If you'd like to find out more about your nearest care home, please contact our dedicated Careline team.

W hc-one.co.uk
T 0333 999 8699
E careline@hc-one.co.uk





Your Local Home Visiting Opticians

Call to find out if you qualify for a NHS funded
home sight test on
01158 224 822



www.careopticians.co.uk

NHS
Providing NHS services

eye care at home...

keeping it

local

SINCE

"We often say that your eyes are the window to your soul, and in many ways, the health of our eyes can tell us so much about our general health. That's why it's so important to have regular checks and it's recommended that you do so every year if you are over 60. Sadly, many people leave it until they have an emergency with their eyes.

An eye examination does not just check the need for glasses, it also allows your optometrist to examine the general health of your eyes. Many eye conditions, such as glaucoma and cataracts can be diagnosed far quicker with a regular check-up and as a result can be managed far more easily. Conditions such as those mentioned, don't always have noticeable symptoms and that's why it's possible to lose up to 40% of our vision before we begin to realise there is a problem and seek help.

Care Opticians are a dedicated **home visiting opticians service**, providing **FREE NHS Eye Tests** at home to those who cannot visit a High-Street Optician without assistance.

"My home visit was fantastic, the care and attention meant I could relax and not be anxious as I would have been leaving my home for a test. I highly recommend this as an option during these unusual times" Mabel, from Beeston. Aged 82

Keeping you safe during Covid19

We are taking extra measures, due to coronavirus, to ensure the safest environment for you when having an eye test at home, adhering to government guidelines and infection control. PPE - mask, gloves and aprons are worn at all times throughout the examination. Equipment is sanitised in between each patient, as are any glasses that are tried on. We aim to provide a bespoke and safe experience for all our clients".



THE NOTTINGHAM
HEARING PRACTICE
INDEPENDENT HEARING SPECIALISTS

The Highest Rated Hearing Care Provider In The East Midlands

- Over 50 years experience
- Fully independent advice
- Free trial of any hearing aids
- All models available (inc rechargeable)
- Latest earwax removal techniques
- Noise protection
- Tinnitus advice
- Home visits



WE ARE OPEN!

We have adopted all
recommendations for clinical
practice with your safety in mind.

Check out our amazing reviews at
www.nottinghamhearing.co.uk



THE NOTTINGHAM HEARING PRACTICE LTD
93 High Road, Beeston, Nottingham NG9 2LE

Email: info@nottinghamhearing.co.uk

0115 857 2900



**Beeston
Denture Clinic**

Pete Aylott
Dip CDT RCS (Eng)

**Following all recommendations for clinical
practice with your safety in mind.**

**Our dedicated clinic in Beeston is here to offer a
range of services to suit every need
to our customers in Beeston and beyond.**

Whether you're looking for partial or complete dentures, we offer the latest and the most natural looking denture teeth on the market.

**Treatments in our clinic during COVID-19 require the
correct social distancing measures and personal
protective equipment to be in place. This is for the
protection of our staff and patients**

Complete Dentures

Implant retained dentures

**Denture repairs,
additions and relines**

*Giving you
something to
smile about!*

Monday - Thursday:
9am - 4.30pm

Friday - Sunday:
Closed

67 Station Road
Beeston
Nottingham
NG9 2AW



For a free consultation 0115 922 5474



Sliding Door Wardrobes Ltd



Quality
made-to-measure
fitted wardrobes

Just for you!

- 100's of designs
- Free design & quote
- 10 year guarantee
- Family business over 20 years
- We only use our own fitters
- Honest pricing policy
- All made in-house
- Fit within 3 weeks of order
- Installation within 1 day



Book your free design visit now

0115 975 6633 - wardrobesonline.co.uk

Beautifully Crafted Sliding Door Wardrobes & Bedroom Furniture

Factory showroom: Southglade Business Park, off Hucknall Road, Nottingham NG5 9RA

black history month

Museumand share 5 ways to support Black culture throughout the year

keeping it

local

SINCE 2002



Black History Month has never felt so important. In the wake of George Floyd's murder, people around the world have come together to fight against racism and police brutality with the #BlackLivesMatter movement inspiring individuals and organisations to learn, reflect and act against racism in all its forms.

Museumand, The National Caribbean Heritage Museum is planning a packed programme of activities

throughout the month so every-

one can get involved – online, on social media, and on TV. From shining a light on Caribbean history in the UK, to giving people a way of supporting Black culture throughout the year.

1. Culture Calendar: 31 of the Best Black Culture Films to Celebrate Black History Month

Museumand has got together with its supporters, including some very well-known names, to choose 31 of the best Black Culture films for Black History Month. They asked people to choose their favourite Black Culture film and explain why it's so special. The result is a unique calendar of hand-picked Black Culture films to watch and be inspired by throughout the month. The museum will be sharing a film a day via their website and social media – including guest reviews. Keep tuned to find out who loves Black Panther, The Harder They Come, Do The Right Thing and many more classic and contemporary favourites.

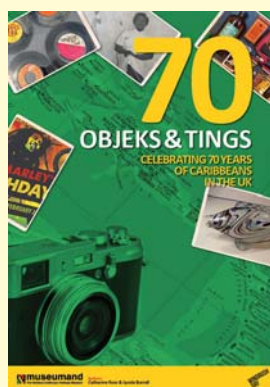
2. Museumand Takeover of Together TV – Black Story Month

Lynda Burrell and Catherine Ross of Museumand will be taking over Together TV as guest editors throughout Black History Month. As part of Museumand's Takeover of Together TV they'll be presenting a collection of films around the topic of Justice – including a short film about the felling of Bristol's Colston statue. To celebrate a very special Black Story Month, Museumand and Together TV will also be broadcasting films celebrating Black British lives, culture and contribution to the national story - including Museumand's own award-winning film, 'Nine Nights' revealing Caribbean funeral traditions in the UK. Tune into Together TV throughout the month to see Museumand in action on the airwaves and online.

<https://www.togethertv.com>

3. Easy Beats – Celebrating Black History Month Playlist

Museumand has put together a handpicked selection of music to celebrate Black History Month – from Calypso and ska to reggae and grime and all the genres in between. Tune in on Spotify – search Museumand to find the playlist.



4. 70 Objeks & Tings

On Windrush Day 2020, Museumand launched their new book '70 Objeks & Tings' and they've been publishing each part free online over the last few months to help everyone discover, explore and celebrate Caribbean culture in the UK. The final part will be published on 22 October and you'll be able to read the whole book in full, online, absolutely free. Dive in to immerse yourself in Caribbean history, heritage and culture – through 70 of the objeks and tings that Caribbeans hold dear. #70ObjeksandTings

<http://museumand.org/objeksandtings/>

5. Support Black Culture

If you'd like to celebrate Black History Month by supporting Black Culture, Museumand has launched a GoFundMe campaign to support their work. As an all-female, Black-owned, Black-led independent heritage organisation, Museumand creates unique and compelling exhibitions, events and resources exploring and celebrating Caribbean history, heritage and culture – from its earliest roots in the stories of Africa and the original inhabitants of the Caribbean, to the stories of Caribbeans living in the UK today. Your donation will help the museum expand their work and champion community-led Black culture throughout the UK. Search: Museumand: The National Caribbean Heritage Museum on GoFundMe. www.gofundme.com/f/MuseumTheNationalCaribbeanHeritageMuseum

What are you doing to celebrate Black History Month?

Hopefully the activities above will give you plenty of ways to celebrate Black History Month. If you'd like to talk to the museum about how to make a positive, inclusive change and difference to your organisation or community please get in touch.

Call Museumand on 0746 918 9550 or visit museumand.org
Follow the museum on social media to keep up with their stories throughout the month:

Facebook: @museumand Twitter: museumand_ Instagram: museumand

Best Deal

PROPERTY MAINTENANCE

SPECIALISING IN

Brickwork • Tiling • Fencing • Carpentry
Painting & Decorating • Paving
Extensions • Kitchens & Bathrooms
Property Maintenance
And all other building work undertaken
For free estimates call Gary on:

0115 849 4587
OR 07821 560362

No job too big, no job too small
emergency plumbing 24hr call out

SHAUN DAKIN

PAINTING & DECORATING

01159 172 837
07954 348 790

www.shaundakinpd.co.uk

www.CharlieFoggs.com

Shoe, Boot
& Sandal
Repairs!

0115 922 4466

135 High Road, Beeston
Nottingham, NG9 2LL

Email: chariefoggs@btconnect.com

INSTALL YOUR KITCHEN BEFORE CHRISTMAS

book your appointment now

From the UK's #1
kitchen makeover experts.
Visit our showroom now



Est. 1999

- FROM SIMPLE DOOR REPLACEMENTS TO COMPLETE FITTED KITCHENS
- FULLY INSTALLED BY LOCAL PROFESSIONALS IN JUST A FEW DAYS
- CHOOSE FROM A LARGE SELECTION OF DOORS, WORKTOPS AND APPLIANCES
- UP TO 50% LESS THAN A NEW FULLY FITTED KITCHEN

DO YOU DREAM OF A NEW KITCHEN?



Proud members of
9.7/10 Checkatrade.com
Where reputation matters

See what our customers have to say

DREAM DOORS®

NEW LIFE FOR OLD KITCHENS

www.dreamdoors.co.uk

CALL US NOW FOR A FREE ESTIMATE:

0115 874 1428

VISIT OUR SHOWROOM:

39 Wollaton Road, Beeston,
Nottingham, NG9 2NG

music and hope in the time of Covid

After success of online festival, a fresh programme of events is announced

keeping it

local

SINCE
2002

The Nottingham Chamber Music Festival (NCMF) Nottingham Stories: Separation and Serenade took place over a fortnight in September, releasing films of NCMF director Carmen Flores playing solo across a diverse swathe of iconic Nottingham venues. Attracting a broad audience from Nottinghamshire and worldwide, it proved a wonderful way to demonstrate the beauty and power of music to a glorious backdrop of the superb venues - from delicatessens to galleries; concert halls to Council Houses - that make our city unique. The festival featured right across the media, with print, radio and TV pieces lauding it's unique and unifying message.

Following that success, NCMF is delighted to announce a rolling season of events in the coming months, all putting our city centre-stage. As with Separation and Serenade the events are innovative, inclusive and accessible:

October 18th: Music & Meditation at St Mary's: The Villiers Quartet

With grace and spirit, the Villiers Quartet perform a string quartet concert which includes the Fantasias by Henry Purcell, Haydn's "Sunrise" Quartet, Op. 76, and other musical works. Join them for a special afternoon of chamber music for the Music & Meditation series in the heart of Nottingham. Live at St Mary's Church, Nottingham Lacemarket.

October 21st: Online with LePage Duo

Chamber music 2020 takes on a new meaning, as violin virtuosos of the Le Page Duo give an online Chamber Room concert broadcast right to your room on Zoom. They perform duos by Bach, Béla Bartók, Alan Rawsthorne, and Luciano Berio. Join the party and meet these incredible artists virtually. You'll have the opportunity to be part of an audience Q&A with them following the performance.

October 25th: Nottingham Stories with Tim Bassford

Award-winning Nottingham filmmaker Tim Bassford joins Carmen Flores for an interview about his process of creating the film project "Nottingham Stories: Separation and Serenade". From concept to creation, Tim discusses how he built the film to tell a story about Nottingham and Covid-19 through music. Event takes place over Zoom and lasts 1 hour. Free to book.

Full information can be found at
<https://nottchamberfest.com/events-diary/>

October Events 2020



Allen Appliance Repairs

Colin Allen

07426 058875

26 years experience with Fox Electrical

Ovens

Washing Machines

Tumble Dryers

Vacuum Cleaners

Call Allan at OVER 10 YEARS TRADING

A.Y.H. PLUMBING

For all your plumbing...

- ✓ Taps old & new fitted or repaired
- ✓ Radiators fix or replaced
- ✓ Toilet syphons and overflows
- ✓ Outside taps
- ✓ Burst and leaking pipes
- ✓ Free Quotes

Outside Taps
Fitted

Small Jobs
Welcomed

NO
VAT

Call 07846 800 818 or 0115 875 1975

188 Meadow Road, Beeston



APPLY NOW



George Spencer Academy Sixth Form is an inspirational place with a true sense of belonging to something special.

We focus on a culture of learning, the motivation of study and a real sense of cherishing each other. We offer outstanding academic education for all our students in small class sizes with teachers who build strong relationships with each student and will strive to get the very best out of everyone.



Visit our website for details about our Virtual Tour:
george-spencer.com/news/virtual-open-evenings

e: GSA_SixthForm@george-spencer.notts.sch.uk
t: 01159 170 100
w: george-spencer.com
t: @GSAsixthform



**GEORGE
SPENCER
ACADEMY**

gardening

Once the preserve of professional growers, lighting systems can now be used very effectively in the home and greenhouse to grow plants. They can be inexpensive and do not need an in-depth understanding of the science and mechanics from the user.

keeping it

local

SINCE 2002

With a simple terrarium /aquarium type set up winter salad vegetables can be successfully grown under lighting to provide fresh leaves through the winter.

Plants that need more intense light levels than are naturally provided indoors in the UK, especially during the short winter days can be raised successfully this way. Furthermore it can be somewhat rewarding and therapeutic to have summer salad crops right there in your home ready to be picked & used just like in summer. You can combine functionality with decoration even as a decorative illuminated terrarium full of foliage plants can look fabulous in their own right - a mini garden indoors and a 'little bit of sunshine' on those dark dull days in winter!

Type of light: Domestic light bulbs are unsuitable for growing plants as the light intensity and type is not enough so it is best to choose specialised horticultural lighting.

LED horticultural lighting is the way forward now for indoor use. They benefit from low operating temperatures and are longer lasting.

Light colour: Plants absorb mostly blue and red light (think of the colours present in a rainbow, plants use two particularly) in order to grow and flower. Blue light generally stimulates growth, while red light is important for growth and flower production. The colour 'temperature' of a light is measured on the Kelvin scale and you will see this displayed on ordinary household LED's now. So LED's with a 4000K value tend to produce light with a reddish tone, while those with a value of 7500K produce a bluish light.

Timer: Having the lights on for a sufficient number of hours is also an important factor. Usually the lights can be on for around sixteen hours a day (like a summer day). Seedlings benefit from predominantly blue light to promote good growth and compact plants. Seedlings can take on a bleached appearance or become stunted after growing under lights for too many hours so reduce the time down if so. Too little and plants grow poorly and foliage is dark green so increase the time.

If all this interests you then why not check out an easy to use starter kit from IKEA? There are more items online and these are an easy and fun way to learn how to use artificial lighting to garden inside.



Enjoy!

Cut Above Landscapes

And Gardening Service Limited

CUT ABOVE THE ORDINARY WITH OUR UNIQUE DESIGNS TAILORED JUST FOR YOU - TO SUIT YOUR BUDGET



Landscaping, Patios, Lawns, Walls, Fencing, Decking Block Paving, Plants, Trees and Water Features



For a garden that's a cut above
Tel: 0115 9724956 or 07980 236120
www.cutabovelandscapes.co.uk

TINDLE TREE CARE

"from roots to shoots"

TREES

- Section Felling
- Reducing
- Target Pruning
- Deadwooding
- Pollarding

HEDGES

- Hedge Removal
- Trimming
- Reducing
- Planting
- Hedge Laying

WE ALSO OFFER

- Stump Grinding
- Seasoned Hardwood Logs
- Turfing
- and much more!

CALL US FOR A FREE QUOTE OR ADVICE ON

0115 870 5110

City & Guilds
NPTC
Qualified

Martin Page *Your Local Tree Surgeon*
many times recommended

Have you considered your trees may need some maintenance from time to time?
Are your trees maybe too tall? Blocking light, unsafe or untidy?
Or maybe you need to remove that stubborn tree stump.
Do your hedges, Conifers or shrubs need trimming?
With 30 years of experience working with trees in your area I would be pleased to offer you free advice and a free quotation.
I also sell high quality hardwood logs.

- **Fully Insured**
- **Local Family Business** from Chilwell to Trowell
- **Clean & Tidy Service**

Charnwood tree services

Call me now on **0115 906 8680**
www.arnwoodtrees.com

Nottinghamshire Tree Services
Specialising In The Following:

- Tree Felling • Tree Pruning
- Conifer Trimming & Reducing
- Hedge Cutting
- All Waste Removed
- NPTC Certified Contractors
- Fully Insured
- Free Estimates

Over 20 Years Experience

Mobile: 07970 252032
Tel: 0115 917 8026

E-Mail: Nottstrees@hotmail.com
Beeston, Nottingham | All Areas Covered

Stay Safe



ANGUS TREE CARE
Friendly & reliable professional Tree Surgeon, fully qualified and insured.
We offer:

- Tree felling & removal
- Crown lift
- Crown reduction/ reshaping
- Pollarding
- Deadwood removal
- Hedge maintenance
- TPO applications

Call Barry on
07546 374875
01158 375663

www.angustreecare.com • www.facebook.com/AngusTreeCare/

Steve Evans Gardening
Local Established Garden Maintenance Business **Toton**

Lawn mowing, edging and strimming
Hedge cutting & leaf clearing
Plant pruning & weeding

- Autumn tidying & winter preparation
- Regular weekly or fortnightly visits

Call Steve: **07791 570105**
or **0115 8549257**

Kip McGrath
EDUCATION CENTRES

BOOST YOUR CHILD'S SUCCESS, SELF-ESTEEM AND CONFIDENCE

Primary • Secondary • Qualified Teachers • Personalised Learning Programmes

At Kip McGrath, our focus is to help your child reach their full potential.
We make learning fun and engaging to improve results. You will receive progress reports and updates to track your child's improvement.

English and Maths Tuition In Centre Online

Nick is **KIP MCGRATH WOLLATON**
t: 0115 928 0202
nottinghamwest@kipmcgrath.co.uk

Elaine is **KIP MCGRATH LONG EATON**
t: 0115 871 9949
longeaton@kipmcgrath.co.uk

Ofsted Registered

visit us online @ www.beestonwindows.co.uk

uPVC WINDOW & DOOR REPAIRS

Replacement Double Glazed Units / Locks / Handles / Hinges / Letterboxes / Door Barrels / Mechanisms / Energy Saving Windows / Patio & French Doors / Composite & Upvc Doors & More!

MISTED UP DOUBLE GLAZING?

REPLACEMENT GLASS UNITS FROM £35 inc 5yr Guarantee

BEESTON WINDOWS
The Window & Door Repair Specialists **CERTASS**

CONTACT PAUL
t: **07535 704 648**
EMAIL: info@beestonwindows.co.uk

Free Quotations
No Call Out Charges
All Work + Parts Guaranteed

award for Beeston Station

Receiving national recognition from the Community Rail Network for the work the Friends of Beeston Station have done on improving the look and feel of Beeston Station.

keeping it

local

SINCE 2002



The Friends received a Silver Award in the 'It's Your Station' category.

Recent travellers may have noticed the stunning planters on Platform 1 while a photographic exhibition features transport associated with the town and its wider environment on Platform 2.

FOBS has also expanded its work to improve the areas around the Station.

Working with Broxtowe Borough Council a garden around the Technology Drive car park has been developed, while Beeston Business Park has supported the Friends by clearing the walkway alongside Platform 2. This now has two benches making the area attractive to travellers and local people.

In addition to their success in the 'It's your Station' category, Sarah Hampton, the Secretary of FOBS, is one of six people shortlisted nationally in the 'Outstanding Volunteer Category'. Winners will be announced at the Community Rail Network virtual awards ceremony in December.

Trish Roberts-Thomson, the Chair of the Friends, said "It has been a collaborative effort and a lot of fun and it's great to be nationally recognized for what we've done." "It makes rail travel so much more enjoyable to arrive, or leave from, a well-looked- after Station".

The Station has been awarded Access for All funding for lifts and the Friends is looking forward to the proposed designs which should be available for public comment in May next year. It is expected that the lifts will be completed by 2024. "Then it will be a whole new ball game for the Friends!" said Trish.

The Friends are grateful to all those people and businesses who have supported their work over the past three years.



Able Roofing Services
Quality roofing at affordable prices

For a **FREE** no obligation
quote please call:
0115 891 6576
or **07809 559782**
www.roofersnottingham.com

ROOFING & RE-ROOFING SPECIALISTS

SOFFITS & FASCIAS

GUTTERING

REPAIRS

LEADWORK

STORM DAMAGE

ALL ROOFING WORK UNDERTAKEN

PROFESSIONAL & RELIABLE



AARON AERIALS & SATELLITE SERVICES

ALL TYPES OF AERIAL & SATELLITE WORK CARRIED OUT

EXTRA STATIONS- EXTRA POINTS
TV/SATELLITE/VIDEO IN EVERY ROOM
AERIALS FITTED FROM £65



LOCAL FAMILY RUN BUSINESS

TELEPHONE **0115 9783890**

Wollaton - Beeston - Chilwell - Bramcote



Paul Mills Electrical Services

NICEIC
APPROVED
CONTRACTOR

electrical rewires replacement fuseboards security alarms intercoms
systems door entry electrical testing fault finding security lights immersion heat
ers garden lighting showers recessed lighting testing homecat5 data network
king SONOS multi room sound system aerials extra sockets under floor heating


Your Local Electrician

Tel **0115 9230222**
Mob **07860 679 372**


paul@paulmillelectrical.co.uk

ROOFER

EST 30 YRS+



- ✓ All roof works undertaken
- ✓ Chimney capped repointed
- ✓ Cows fitted
- ✓ Repair to slates, tiles etc.
- ✓ All gutter repaired & replaced
- ✓ Storm damaged
- ✓ No job too small
- ✓ All work guaranteed
- ✓ Special discount for senior citizens



For a free quotation call **Paul**
0115 9202034
Or 07973952361

Electrician

Do you find it difficult to get an electrician to come round and do a small job?

New fuseboards (consumer units).
Additional sockets. Extra lighting.
New installations and extensions.
Landlord and homebuyer inspections.
Solar pv maintenance. **EV Point**
Fault finding and repairs.

Qualified Electrician. Fully insured
Reliable service. Tidy work.
Free quotes. Flexible hours.
Reasonably priced. Satisfaction guaranteed.





AES Electrical
Your Local Electrician

"I will assure you of a quick response and a reasonably priced service."

Call John now on:
0115 8990284
john@aeselectricalservices.co.uk
www.aeselectricalservices.co.uk

UNITED CARPETS WOODFLOOR & BEDS

STOCK CLEARANCE SALE

Don't miss out!

Plus **NO DEPOSIT** UP TO **4 YEARS 0% INTEREST FREE CREDIT†**

EVERY CARPET FITTED FREE* Plus **WE'LL BEAT ANY QUOTE***

You'll LOVE OUR CARPETS FROM £3.99m²



UP TO HALF PRICE ON SELECTED CARPETS

You'll LOVE OUR HUGE CHOICE OF BEDS

Silentnight Divan Sets from **£299**



Accessories not included

SHOP&PAY@HOME FREE SERVICE
Available at our Long Eaton store only
Call Today To Book **FREE MEASURING & ESTIMATING**

OUR FREE SERVICE FOLLOWS HEALTH & SOCIAL DISTANCING GUIDES WHEN VISITING YOUR HOME

We'll bring samples to your home!



ROLL-ENDS FROM £36 PLUS GREAT CHOICE OF RUGS, LAMINATE AND VINYL - TAKE AWAY TODAY!!

UNITED CARPETS WOODFLOOR & BEDS

High Street, **Long Eaton**, Nottingham NG10 1HY
Telephone 0115 973 6336

Opening Hours: Mon-Sat 9am-6pm, Thur 8am-6pm, Sun 10am-4pm

f **SHOP: IN STORE/ONLINE/MOBILE**

Products subject to availability. *Every carpet fitted free applies when you buy the equivalent size of our Airstep or Treadmore underlay. Stair surcharge applies. Free fitting offer does not apply to laminate, wood, vinyl flooring or grass. Stocks vary from store to store. Colours in photos may vary slightly due to print quality. United Carpets accept no responsibility for printing errors. *Terms & Conditions apply. †Interest free credit available up to 4 years, payable monthly. Based on £2000 total spend then 48 monthly payments of £41.67, equivalent to £9.62 per week. United Carpets and Beds is authorised and regulated by the Financial Conduct Authority in relation to credit broking. Minimum order applies.

EXTRA 10% OFF FLOORING & BEDS

On all orders over £50
In-store only at United Carpets Long Eaton



On production of this voucher at the United Carpets Long Eaton store. Not to be used in conjunction with any other vouchers.

celebrating the good times

keeping it

local

SINCE
2002

It's been a year since Grace & Co Jewellers opened in Beeston – what a year to pick!

It's certainly been a rollercoaster for everyone with highs and lows – probably more lows – but we have been amazed at the good humour that people in Beeston have continued to show.

Since opening we have chopped and changed our offering, but are confident that we now really do have something for everyone. We have the latest Vivienne Westwood and Ted Baker jewellery designs – perfect for the fashion conscious of Beeston. Swarovski for the lady who likes a timeless style, Nomination for the creatives who like to express themselves. For the gentlemen who likes to keep up with trends we have Tommy Hilfiger and Unique bracelets for the more discreet gent.

We can engrave as well, so you can have a loved one's name engraved, a sports team, or your university club. We have an inhouse loyalty scheme which gives you points for each purchase and offer student discount.

Our prices start at around only £14 so perfect whether you want to splash the cash or get a little gift.

We have a Nomination promotion on until 26th October where you receive the base bracelet for free when you spend £35 on composable charms. There will be lots of other promotions on instore in the run up to Christmas so do keep an eye on us.

Grace & Co, 22 High Road, Beeston NG9 2JP

www.graceandcojewellery.co.uk

Email: hello@graceandcojewellery.co.uk

Pictured: Our new favourite customer. 10 week old Frankie who popped in on his first ever walk!



Grace & co
CONTEMPORARY JEWELLERS



NOMINATION ITALY

#ONEFORMEONEFORYOU

COMPOSABLE, CREATE YOUR BRACELET LINK BY LINK

SPEND £35

ON COMPOSABLE AND COMPLETE YOUR

BRACELET FREE!

COMPOSABLE

FREE BRACELET DAYS

1 - 26 OCTOBER 2020

Grace & Co Jewellers | 22 High Road | Beeston | NG9 2JP | www.graceandcojewellery.co.uk

TRIPS

Wollaton Travel Service

Over 37 years of arranging interesting days out and longer trips

Pick-up from outside Wollaton
Travel Service
on Bramcote Lane
NG8 2QJ te; 0115 928 8739

Covid Safe Trips. We are now back up and running. Did you see us on TV!! All the coaches are 'fogged' each day for a deep clean, we have pre-allocated distance seating, masks are worn throughout the journey, and hand sanitiser is given out as you get on and off. **We look forward to seeing you again soon!**



Cotswolds in the Autumn We go to the Market at Moreton in the Marsh with the great stalls and shops to explore. Then we go to Bourton On the Water with its picturesque setting and model village. Plenty of little shops, cafes and restaurants. **Price £25.00**

Tuesday
13th Oct
Dep 09.00

Derbyshire at Christmas. We take the scenic drive on The Via Gellia to Buxton to enjoy the great shopping of this market town and, then head on to Bakewell to explore all the shops and maybe have a pudding!! **Price £25.00**



Friday
20th Nov
Dep 09.30



York at Christmas A great day exploring the varied shops situated in and around the sites of York all decorated for Christmas. See the Cathedral, Tower, Shambles etc There is a food market too.. **Price £25.00**

Friday
27th Nov
Dep 09.00

Stamford & Belton House Lights . Firstly we go to Stamford with all the great little shops and market decorated for Christmas before moving on to see the Gardens of Belton House all brightly illuminated in great colours. **Price £35.00**



Friday
4th Dec
Dep 10.00



We have a presentation on the products and services for Titan tours explaining their current destinations, new products, tours and cruise options along with details of their Solo trips. **Please contact us to book your place.**

Monday
25th Jan
2.00pm

Chester A great day out exploring this walled city located on the River Dee with its fascinating history, cathedral, amphitheatre and unique shops and restaurants to enjoy. **Price £25.00**



Thursday
11th Feb
Dep 09.00



Liverpool & River Mersey. We sail across the Mersey with a commentary to see the outline of this city before free time to enjoy this former city of culture, noted for its architecture history and music .A UNESCO world heritage site. **Price £31.00**

Thursday
18th March
Dep 08.30

Guide Dog Training We go to Warwick to see the historic buildings in the morning with time for lunch, then we go to Leamington to the Guide Dogs for the Blind training school where we will see the dogs being trained. There is also a chance to be blindfolded and be helped around a training course at the school . There is a shop and a coffee shop. Included is a £5 donation to the guide dogs. **Price £30.00**



Thursday
22nd April
Dep 09.00



Severn Valley. We take the the **Severn Valley Railway** train from Bridgenorth to Kidderminster after having stopped at Much Wenlock and having had the wonderful two course Carvery Lunch at The Punch Bowl. On the way home we stop at Webbs huge Garden Centre **Price £56.50 (incl lunch)**

Thursday
6th May
Dep 9.00

Yorkshire Trio Pickering , Helmsley & Thirsk. We head to Pickering for a break and an explore before going to Helmsley and the local Market day where we enjoy this quaint town. We then head down Sutton Bank to Thirsk for time to explore further and the home of James Herriott. All Creatures Great and Small. **Price £28.00**



Friday
14th May
Dep 08.00



RHS Garden Bridgewater, a new spectacular 154-acre garden, transforming the historic grounds of Worsley New Hall in Salford into a beautiful green place for the local community and visitors to enjoy all year-round A magnificent world-class garden in the heart of Salford. **Price TBC**

Thursday
20th May
Dep 09.00

CANAL TRIP OF A LIFETIME One of our most popular tours. We go to Llangollen with time to explore and perhaps have lunch, then we board our canal boat for a two hour cruise over the Pontcysyllte Aqueduct including a Welsh Tea with commentary. **£ 42.50**



Friday
11th June
Dep 09.00

All of our trips can be given as personalised vouchers to celebrate birthdays, anniversaries and Christmas making a unique gift !!

**All the above trips depart from Bramcote Lane outside Wollaton Travel Service.
To book call 0115 9288739. See our website www.wollatontravelservice.co.uk**

could you spare a pair?

Do you know socks are the most needed items for homeless shelters, but least donated?

keeping it

local

SINCE 2002

Socks are something we simply take for granted, but are essential for rough sleepers to look after their feet and keep them warm and dry this winter.

We Fix Feet footcare clinics in Beeston & Ilkeston are teaming up with Emmanuel House in Nottingham to collect as many socks as possible this November.

"We've been running this campaign for the past three years at our Sheffield clinic," says Clinic Manager Darren "As footcare professionals we know the importance of looking after your feet, so we are keen to help those less fortunate this winter by encouraging the local community to spare a pair for the homeless."

Simply drop off your socks throughout November at our Beeston and Ilkeston footcare clinics. We are taking socks old and new, so long as they are freshly laundered and in good condition they will be welcomed!

Emmanuel House is an independent charity that supports homeless, vulnerable and isolated adults in Nottingham. It provides diverse and accessible services that meet people's basic needs including hot meals and drinks, showers, laundry and a change of clothing. It works to empower individuals through support services, trained professionals and social activities. With limited statutory funding, they rely on donations.



"We're delighted to be teaming up with Emmanuel House for the sock collection and support the important work that they do locally. We just ask that all donated socks (old or new) are clean and in good condition so that they can be passed on," adds Darren

If you can spare a pair, or two or three or four please drop them in to us at:

We Fix Feet, 8 Wollaton Rd, Beeston, Nottingham NG9 2NR
We Fix Feet, 94 Bath St, Ilkeston DE7 8FE

For more information visit: www.emmanuelhouse.org.uk

Award Winning Plumbing and Heating Engineer

mchurch
PLUMBING & HEATING



- All Plumbing & Gas Work Carried Out
- Combi Boiler Specialist
- Boiler Repair Service
- Central Heating Repair
- Power flushing
- Bathrooms

Spring Clean Offer:

Boiler Serviced only £48

Fire Serviced only £48

Both for ONLY £84

Control Your Energy
Control Your Bills
with a smarter thermostat

City & Guilds



Tel: 0115 808 8012 or 07969 116189

mchurchp-h@hotmail.co.uk



The Village Nursery

- Teacher led Pre-school
- 4 Outside Play areas
- Separate baby unit
- Home-cooked meals
- High quality childcare from specialist staff

DISCOUNTS AVAILABLE for:

- NHS staff
- Siblings
- Teacher/School package

Day Nursery and Pre-School

Open 7:30am to 6pm Monday to Friday
26 Town Street, Bramcote,
Nottingham, NG9 3HA

0115 943 0053

www.bramcotevillagenursery.co.uk

Struggling to work from home?

Fed up with trying to make that important phone call with kids shouting, dogs barking etc?

You're just about to start that team Zoom meeting when the delivery man knocks on the door.

Try Talkback Meeting Space

Ground Floor, Humber House,
132a Queens Road East,
Beeston,
Nottingham NG9 2FD



- Professional setting for that important Zoom meeting.
- Reliable fast broadband.
- Quiet with natural light and opening windows.
- Clean and COVID secure.
(All of our team have COVID-19 prevention accreditation.)
- Large rooms just for you or up to 4 colleagues.
(With 2 metre social distancing.)
- Reception and printing services.
- Free parking.
- AND great coffee included.

Flexible times to suit you. £12.50 per hour, £30.00 per 4 hours or £55 full day. Prices exclude VAT.

Call us on 0115 925 5566 • e: meetingrooms@talkbackstudio.co.uk • w: www.talkbackmeetingspace.co.uk



Are you in pain or recovering from an injury?

Do you have a neurological problem and your rehabilitation has slowed?

Physiotherapy can help



We are now able to do face to face appointments at home or in the clinic

We will speak to you on the phone first to minimise COVID-19 risk



Telephone: 0115 922 6600

www.mooremovement.co.uk





- **Plastering**
- **Dry Lining**
- **Refurbishment**
- **General Building work**



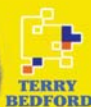
Call John 07815 585155

Call Mick 07940 773739.

JOINERY & BUILDING SERVICES



Joinery
Building
Alterations
Renovations



Call for a Free Quote

Tel: 0115 928 7190
Mobile 07976 751 739
www.tabedford.co.uk



ACCOUNTING FOR EVERYDAY PEOPLE

PROUD TO SUPPORT
BREEZE MAGAZINE SINCE 2002

210 | VERONA
HOUSE

CVH Accounting, Verona House,
210 Lower Regent Street, Beeston NG9 2DD
Telephone: 0115 922 0815
Email: info@cvhaccounting.co.uk

PAINTING, DECORATING & HOMECARE SERVICES

FRANK CARTER

Tel: 0115 919 0044
Mobile 07922 035536
Email: frank.carter4@hotmail.co.uk

ALL ASPECTS OF
DECORATING UNDERTAKEN:

- Interiors / Exteriors
- Paper Hanging
- Coving
- Dado's

- Small Joinery Works
(shelving/door, window locks/security bolts/chains etc)

*Insurance work
welcome

Pevel Road, Beeston, Nottingham NG9 2HU



breeze puzzler

keeping it

local

SINCE
2002

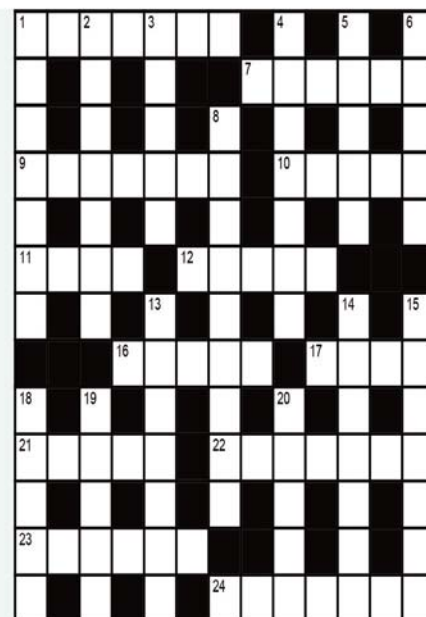
CROSSWORD

Across

- Electric motor for bringing an engine to life (7)
- African desert (6)
- Alphabetic characters (7)
- Prospect (5)
- Move very quickly (4)
- Tired of the world (5)
- Custom (5)
- Hollow metal device which rings when struck (4)
- Cause to be embarrassed (5)
- One of three children born at the same time (7)
- Loophole (6)
- Not devious (7)

Down

- One who cuts or beautifies hair (7)
- Lacking professional skill (7)
- Photocopier ink (5)
- Device for opening several locks (7)
- Avid (5)
- Projecting edge of a roof (5)
- Relate (9)
- Bank clerk (7)
- One who lives in solitude (7)
- Dresses (7)
- Widely known and esteemed (5)
- Identification tab (5)
- Colossus (5)



WORDSEARCH

PAIRS OF THINGS

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

D L H S S P Q J A K F T C
S E E T R T W I N S U E U
K R E Y U E O C M C V J L
L E U B I V V O H R S H O
F S Q P W E N O B E S C T
S T A R S G N U L E H Z T
T R C E B L F C O O A X E
A O C Y X R A H P S N H S
G I N F K T S S I E D I R
D I P G C X T U O L S P U
Z J V E S I D M U G D W W
O E P W C A S T H G I T H
P S Y K C E Y F D O P M G
X I S E S L A N I G R I V
Q X C A S T A N E T S M R

BOOTS

FEET

SPECTACLES

CASTANETS

GOGGLES

SPURS

CHOPSTICKS

HANDS

TIGHTS

CULOTTES

LOVERS

TONGS

DICE

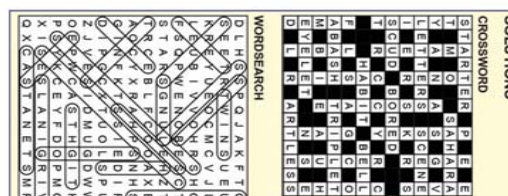
LUNGS

TWINS

EYES

SHOES

VIRGINALS



Puzzles are by Puzzle Press Ltd (www.puzzlepress.co.uk)

Bramcote Village

Day Nursery & Pre-School



All children have access to a secure outdoor garden and, when the weather permits, we visit our nearby parks.

ONE MONTH FREE if you sign up for 1 year contract

TWO MONTHS FREE if you sign up for 2 year contract

Siblings get a 50% discount too! - nursery only

CALL US TODAY!

Ofsted inspection "Good" in all areas of the Nursery.

Mon	7:30am-6.00pm
Tue	7:30am-6.00pm
Wed	7:30am-6.00pm
Thur	7:30am-6.00pm
Fri	7:30am-6.00pm
Sat	CLOSED
Sun	CLOSED

Chapel Street, Bramcote Village, Notts. NG9 3HB Tel: 0115 922 2454

We are following all UK Gov guidelines regarding Covid19 precautions



WOODWARDS (DECORATORS) LTD

Blending quality, craftsmanship and care for over 70 years. Call us now for a free quote for all your decorating requirements.

- 3rd generation family-run business for over 70 years (fully insured)
- A professional, quality and affordable service everytime
- All aspects of decorating works undertaken including high quality vinyls and bespoke timber finishes
- Private and commercial contracts - internal/external works and IPAF/PASMA certified
- Own access equipment for external works
- DBS checked and CSCS certified



Call us on 0115 9397347
or visit our website:
www.woodwardsdecorators.co.uk
and fill in the contact form to organise your quote!

Canalside Works, 8 Canal Street, Sandiacre, Nottingham NG10 5AZ

PLUMBING • BATHROOMS KITCHENS

Covid Precautions taken in line with gov.uk guidelines

BATHROOMS
Whether you are upgrading a dated bathroom or renovating for a sale we have a package to suit.

Bathroom mixer taps supplied and fitted from ONLY £120
CALL FOR DETAILS

KITCHENS
Free on site planning and design services offered by off the shelf or bespoke manufacturers

SMALL JOBS
We are pleased to also offer our services for small jobs. We pride ourselves on offering the same service no matter what is involved. Call us for a NO OBLIGATION QUOTATION




RUBBER DUCK
PLUMBING, BATHROOM & KITCHEN SERVICES

FOR A RELIABLE AND EFFICIENT SERVICE CONTACT NIGEL
Mobile: 07842 186 097 / Telephone: 0115 854 7895
<http://www.1rubberduck.com>

colour therapy

Relax and unwind with this wonderful drawing to colour in. Adults and children alike can benefit from the stress-relieving effect

keeping it

local

breeze
SINCE
2002



Chilwell Olympia Karate School
CHILDREN & ADULT CLASSES AVAILABLE

• **NEW CLASS: Chilwell Tigers for 4 - 6 year olds** •

First Two Sessions Free & Kit For Pay Monthly Students

New Class on Fridays from 5pm - 6pm at Intrim Gym Long Eaton

Traditional Shotokan karate three times per week and offer structured classes to children and adults from beginners to black belts

Chilwell Olympia Sports Centre
Bye Pass Road, Beeston NG9 5HR

The School's chief instructor is sensei Pasq Mura 6th Dan who has won gold medals at World, European and National levels.

Founded in 1974, which makes us one of the longest established clubs in the area. We have helped numerous students achieve black belt level and beyond and also the school has produced many competitors who have represented Great Britain in European and World Championships.

Telephone: 07789 095 467
Email: info@chilwell-karate.co.uk
Web: www.chilwell-karate.co.uk

PAUL ALLEN
YOUR LOCAL PLUMBER

TAP REPAIRS & REPLACEMENT
OUTSIDE TAPS
GENERAL PLUMBING & MAINTENANCE

We ARE LOCAL, Established 30 years and we GUARANTEE ALL OUR WORK with a friendly and reliable service

Call us on
0115 922 2664 or
07581 094230

4 Crofton Close,
Attenborough, NG9 5HX

We prefer small jobs **NO VAT**

KITCHENS • BATHROOMS • BEDROOMS • TILES

VERY STYLISH
VERY ELEGANT
VERY YOU

Ramsey's

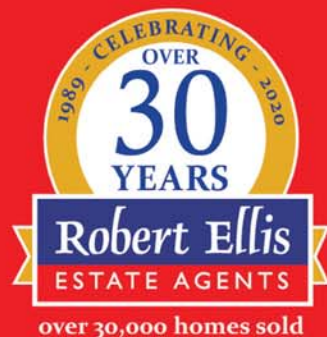
4 MAIN STREET LONG EATON NOTTINGHAM NG10 1GR TELEPHONE 0115 9721849

WWW.RAMSEYSONLINE.CO.UK

INFO@RAMSEYSONLINE.CO.UK

Robert Ellis
ESTATE AGENTS

0115 922 0888



Stamp Duty Holiday

Save up to £15,000!

If you complete your purchase before 31st March 2021

Surcharges may apply if buying a residential property when already owning one

Call now to arrange a **FREE VALUATION** at a time to suit you.

SALES

LETTINGS

Beeston	0115 922 0888	0115 922 9090
Long Eaton	0115 946 1818	0115 946 6946
Stapleford	0115 949 0044	0115 949 6740



www.robertellis.co.uk

look no further...