



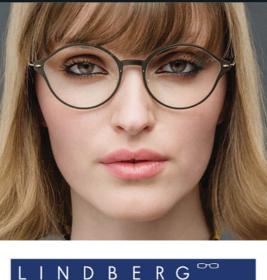






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# a message from breeze





So we wait with bated breath as we enter June! At the time of going to press, we are all set for everything opening their doors.

> With so much to experience in our area, we share some ideas to keep your Summer filled with happy memories to share with loved ones.

We attended the first screening with Shane Meadows opening Arc Cinema in Beeston and this month we have a competition to win a pair of tickets...

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Please note all we believe all information given was correct at the time of going to press.

### MEET

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splendid line-up!

local

The full line-up for the 2021 edition of Splendour Festival has now been revealed!

With not long to go, organisers are delighted to confirm a whole wave of new acts to play across the five stages, including pop superstar Melanie C and two-tone legends The Selecter.

They join already confirmed headliners Richard Ashcroft and Supergrass, as well as The Vamps, Becky Hill and Sleeper, making 2021's line-up an eclectic mix of exciting new acts and established heavy hitters.

The start of Melanie C's career really needs no explanation at all, as it is rather well documented. After the iconic 1996 debut single 'Wannabe' topped the charts in 37 countries, Spice Girls' debut album 'Spice' went on to sell more than 31 million copies worldwide, becoming the best-selling album of all time by a female group. Launching her solo career with huge hit 'When You're Gone' with Bryan Adams, Melanie C firmly established herself as a talent in her own right, and has since gone on to achieve over 3 million album sales, two Number 1 singles and six Top 10 singles, including the iconic

hits "I Turn To You" and "Never be the Same Again" featuring the late Lisa 'Left Eye' Lopez. 2020 saw the release of her much loved self-titled album, which included

hits "Blame It On Me" & "Who I Am".

The Selecter is led by their iconic frontwoman Pauline Black and cofronted by original member Arthur 'Gaps' Hendrickson. Pauline Black is one of very few women in the 2-Tone scene - often referred to as the Queen of Ska. 2-Tone was a crucial multi-racial, multi-cultural explosion borne out of Coventry and the Midlands that remade British pop from 1979 onwards. The anarchic passion that fuelled Selecter gigs during the original 2-Tone era is still there, except the pair are more driven than ever. Their confidence is sky-high and they're also writing the best songs of their career, which is saying something given the enduring popularity of hits like "Three Minute Hero," "Missing Words," "Too Much Pressure" and "On My

Radio". 2021 saw the release of a Too Much Pressure Deluxe Edition 3CD Box Set & Vinyl to celebrate the album's 40th anniversary. The band take to the Confetti stage, where Splendour audiences can expect a set of hits from their extensive back catalogue.

Heather Small aka the voice of M People, has had a hugely successful career, and is recognised as one of the seminal voices of the 90s, singing on massive hit songs such as "Moving On Up", "One Night In Heaven" and "Search for the Hero". The group won the Best British Dance Act Award at the Brits in 1994 and 1995, as well as the 1994 Mercury Music Prize for their album "Elegant Slumming". Heather has since released two solo albums "Proud" and "Close To Miracle" and has gone on to become the soundtrack to a whole host of very special events, including London's successful 2012 Olympic bid.

Also taking to the main stage is Jerub, the Nottingham based singer-songwriter. Effortlessly blending a variety of genres from soul to alt-rock with R'n'B and pop influences, Jerub has firmly been establishing himself as one to watch. With airplay from the likes of BBC Introducing, BBC 6music and BBC Radio 1, his combination of powerful vocals, heartfelt lyrics and magical melodies resonate with a wide audience.

Other names on the Confetti stage include soulful, hope-filled pop and R'n'B act BEKA who has already amassed over 1.3 million monthly Spotify listeners; four-piece pop band Since September who won Little Mix's 'The Search' and will join the group on their Arena tour next year; indie-folk songstress Alice Robbins, often compared to Karen Carpenter and Joni Mitchell and with close to 2 million streams on Spotify; and alternative pop artist Blle whose debut EP reached no.6 in the singer/songwriter iTunes charts.

The Courtyard Stage this year will be an eclectic mix of local artists, from post-punk four-piece Cucamaras to soulful songwriter and producer Saffron, the bill showcases the best and most exciting talent Nottingham has to offer.

With lots happening all over the park aside from the three music stages, including comedy in the courtyard, a kids' area and entertainers out and about in the crowd, the festival is a fantastic day out for all the family.

Children under 11 will once again be admitted free and discounts are also in place for Nottingham City residents. Including booking fee, a standard ticket is £61.60, coming down to £50.60 when the Nottingham City discount is applied. Tickets for Nottingham City residents aged 11-17 are £24.75. VIP packages are also available and start from £91.60 for a Nottingham City adult.

Tickets can be purchased from www.splendourfestival.com or in person from the Nottingham Tourism Centre.

To stay in touch with festival news following Splendour on social media:

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# property of the month

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A substantial and impressive modern four bedroom detached house situated in a small and exclusive development. Finished to exacting standards throughout with quality fixtures and fittings this fantastic house offers a bright and contemporary feel throughout with versatile accommodation and open views of fields to the rear.

In brief the stylish interior comprises: Spacious entrance hallway, study, WC, open plan

kitchen/diner, utility and lounge to the ground floor. Rising to the first floor is a generous



landing, master bedroom, dressing room/bedroom two further bedrooms and family bathroom.

Outside the property has a driveway providing ample car standing to the front with a detached double brick and tile garage beyond and to the rear has an enclosed garden with

patio, lawn, well stocked beds and borders and views of open countryside beyond.

Tucked away in a private and peaceful location yet readily accessible for local schools, shops and excellent transport links, this property is a rare and enticing opportunity.

For more information contact Robert Ellis 12 High Road, Beeston, Nottingham, NG9 2JP

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# out and about...



So many places to visit in our area www.visit-nottinghamshire.co.uk has guides us as to what's happening...

While we've all been patiently waiting for everything to reopen, cooped up inside our homes, Nottingham and Nottinghamshire have been working hard to prepare for a safe return. With all safety measures in place, it's high time to give you a safe and warm welcome back! Get ready to discover this vibrant, green and creative destination safely, from a well deserved getaway in one of Nottinghamshire's self catering accommodation options (including a brand-new campsite in the heart of Robin Hood's stomping ground, Sherwood Forest), alfresco dining in the fresh spring air to outdoor activities galore.

Don't forget to look out for the 'We're Good to Go' industry standard that businesses in Nottingham are using to show their adherence to government and public health guidance. Be sure to check what procedures and guidelines each venue you intend to visit has in place before you go. We've put together a page of information on the website, so that you can ensure you stay safe and alert while travelling.

Sherwood Pines is the newest addition to the Camping in the Forest network and perfectly located near the legendary Sherwood Forest. Spread across 20 acres, and surrounded by canopies of stunning ancient woodland, you're never far away from nature at its very best!

There are plenty of walking and cycling routes, varying in difficulty and length, so you can embrace the true beauty of the forest on foot or two wheels. Its also ideally located near a whole host of local attractions, pubs and cafes to suit every member of the family.

The site has full facilities including toilets, showers, laundry and dishwashing area. There's also a play area to let the children blow off some steam. No need to leave your furry friend behind - you'll find an abundance of dog walks close by that you can enjoy together, and after a day of adventures treat them to a scrub down in their very own dog wash.

Whether it's a relaxing retreat, or a fun-filled outdoor adventure, Sherwood Pines is the perfect location for your next camping holiday.

Self-contained accommodation. After a long and difficult year we could all use some time away from our makeshift home offices and rediscover the ultimate freedom that Nottingham and Nottinghamshire has got to offer. Right now is the perfect time to spend some time with your family and enjoy each other's company, away from all the hustle and bustle of everyday

life. You'll find just that with Nottingham and Nottinghamshire's range of cottages and serviced apartments for the most relaxing self catering holiday!

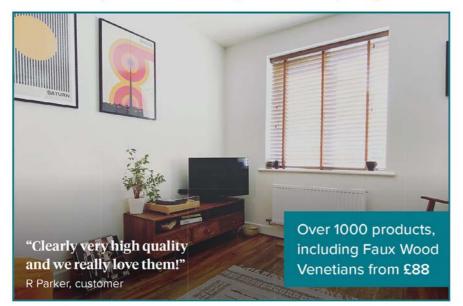
Even with some restrictions still in place, Notts has no shortage of great experiences and fun things to do! Why not make the most of spring and take a look at Nottinghamshire's outdoor attractions.

Feeling adventurous? Let the excitement rush through your veins at Adrenalin Jungle or take a sky ride with the Heights of Abraham. In for a more relaxed day out? How about a day out amongst fluffy rabbits and goats at Stonebridge City Farm or discover the great outdoors as you explore the grounds of Creswell Crags. And don't forget, there's always time to pay your favourite shops a visit for some much eeded retail therapy!



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# open studio notts...



...celebrates 10 years of bringing artists into view

While there was much uncertainty about what festivals and events would be able to go ahead this year, Open Studios Notts was determined to celebrate its 10th anniversary of bringing artists into view.

Around 60 artists are participating in Virtual Open Studios and Real Life Open Studios throughout May and June. Each artist has a profile page on the OSNotts website www.osnotts.co.uk. Their virtual studio includes information about the artist and their practice, studio images, video tours, work demonstrations, and links to purchase their work. Many artists are also opening their studios in Real Life and welcoming visitors with social distancing measures.

"We are really pleased to have been able to keep Open Studios going through these unprecedented times, and delighted that so many artists are choosing to embrace the opportunity to promote their work virtually and through social media, as well feeling confident to open their doors to the public," says Michael Trueman, volunteer co-ordinator of OS Notts. "The organising team are all volunteers and it is very gratifying to see our hard work come to fruition with open studios events happening across the county.

It's also lovely to see new artists joining us for the first time this year as well as welcoming again those who have been part of this initiative for the last ten years."

Follow Open Studios Notts on Instagram @osnotts, Facebook @openstudiosnotts and Twitter @OSNotts for the latest updates of who is opening when. Visit www.osnotts.co.uk for more information and to view the Virtual Open Studios.

Inspire: Culture, Learning and Libraries (formerly the arts service), which has supported OSNotts since its first event in 2011, have curated an exhibition celebrating the 10th anniversary. The Bringing Artists into View Exhibition - celebrating 10 years! is still available to view online at www.inspireculture.org.uk/osnotts





Competition

Since you can never have enough cake, especially for a birthday celebration, the team at OSNotts is inviting everyone, young and old, to get creative and make a special cake to share on social media in a virtual celebratory party.

You can make your cake in any way you like, draw, paint, sculpt, bake, knit, sew, collage, digital art, music, poems, song and dance, anything goes! Then photograph or video your creation and post it on social media using #osnottscake.

Include your name and category in the description on your post and you could be in for a chance to win a prize in the birthday cake competition. Entries close on Monday 14 June so there is just enough

#### Competition categories are:

A – practicing artist (i.e. someone for whom art or craft is their main income source)

B – adult over 18, (not making income from art or

C – young person (over 12)

D – child (under 12)

Full details of the competition, prizes etc, are on www.osnotts.co.uk. Winners will be announced on the OS Notts website and social media on June 28.









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# for the love of film

#### The Arc Cinema is now officially open!

We were lucky enough to attend the opening of The Arc Cinema in Beeston. What a fabulous evening we had! We met and chatted with Shane Meadows - acclaimed local director - who officially opened the

The launch to celebrate the opening of the new cinema was held with members of the local council and other invited quests in attendance. Shane Meadows - acclaimed director and Beeston local - formally declared the cinema open before a screening of his award-winning film "Somers Town". Shane said, "I am really chuffed for the people of Beeston that such an amazing facility has opened in our town centre. Beeston is a fantastic place to live and having access to a local

cinema will be great for the community. The Arc will make visiting the cinema, to watch the best films on offer, way more accessible. They're already getting local schools involved too so hopefully the kids of Beeston will be inspired to tell their own stories and have opportunities to learn more about the industry too!"

The Arc Cinema opening is part of Broxtowe Borough Council's long-term £50million plans to boost Beeston town centre and will also include a new residential area. Backed with funding from D2N2, the new Beeston Square, in the centre of the town is set to attract more and more people to stay local and support the town.

Only last week Fletchergate Industries who own iconic venues such as Nottingham's Hockley Arts Club announced they would be opening their 'Beeston Social' within the development. Further tenant announcements are expected shortly.

Greg Marshall of Broxtowe Council said, "This development has been a long time in the making and we are thrilled that the time has come to open its doors. This is community wealth building at its best, a Council backed initiative that works closely with business and developers to secure jobs and long term economic gain for Broxtowe Everyone has faced a difficult time during COVID so we're delighted that the Arc Cinema decided to invest in Beeston. We want local businesses and communities to thrive and be proud to call this town their home."

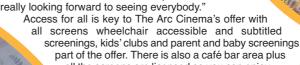
The cinema has 700 luxury leather electric reclining seats in total and laser digital projection and Dolby Digital 7.1 surround sound in 6 of its 8 screens.

The remaining two screens boast the company's, new to market, giant Hypersense format which uses 4k laser projection and Dolby Atmos to convey the drama of every scene with maximum impact and

Caroline Smith- a local resident and newly appointed manager of The Arc Cinema - is committed to delivering a hugely enjoyable leisure experience to the people of Beeston.

Caroline says: "I am thrilled to finally be able to welcome people to their new cinema. We have a great team of people here who can't wait to start making cinema going in Beeston an event to remember. We will be joined at Beeston Square by our new neighbours Beeston Social and with more announcements on the way we're excited to be playing our part in establishing Beeston Square

as the best destination for high quality entertainment, food and drinks with real individuality and personality. All the relevant Covid 19 restrictions will be in place obviously but we are certain that



all the screens are licensed so you can enjoy a beer or glass of wine while watching the film.

The cinema will show the latest blockbuster and independent films as well as broadcast screenings of opera, ballet and theatrical productions.

The Arc Cinema is an Irish cinema operator that is currently opening a number of sites in the UK. Established in 2014, they specialise in creating very high-quality cinemas to serve local communities.









# welcome back!





"We are really excited at the prospect of being able to welcome guests back to Hope Café in the near future.

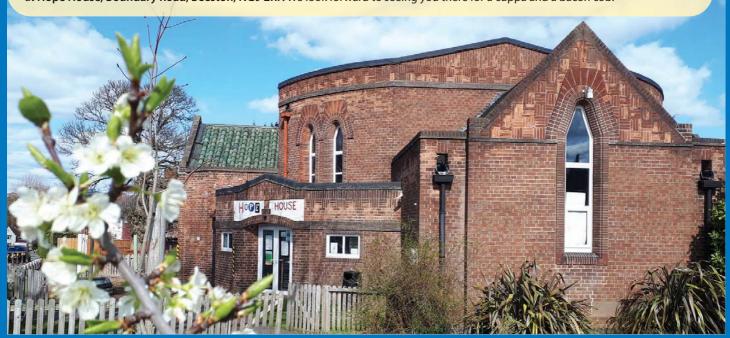
Apart from a brief spell of inter-lockdown opening back in Autumn, Hope Café hasn't been operational for over a year - so we're desperate to get the doors open, and welcome the local community back".

Run by a dedicated team of volunteer befrienders, Hope Café provides a welcoming drop-in café where guests can enjoy a chat over a hot drink and a free breakfast, as well as access many other services that Hope Nottingham offers such as befriending support, food bank, a job club and employment pathway, literacy group and allotment project. "We are also excited at the

prospect of working with The Arches, Trent Debt Advice and Broxtowe Citizen's Advice to be able to offer a wider range of advice and support services within our café sessions.

We have been working hard to ensure that our café sessions are fully risk assessed and have changed the way we work to fully comply with the latest COVID-19 regulations.

We are also beginning to reopen our other services such as our Job Club, weekly Parent and Toddler session and literacy classes. Please see our website or contact us on 0303 040 1110 or hope@hopenottingham.org.uk for further information and booking details". Hope Café will run on Mondays, Wednesdays and Thursdays from 9.30am until 12 noon, and on Saturdays from 9.30 to 10.30am at **Hope House, Boundary Road, Beeston, NG9 2RF.** We look forward to seeing you there for a cuppa and a bacon cob!









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# in the garden

keepingit

local

This is the time that our gardens should really be starting to bloom. But have you been a a bit behind and not yet planted? Do not worry - you can still do something about it!

With the summer season a little slow to be upon us it may be that you look around your garden and wish you had planted at least some of those those early summer blooming annuals last year so you have something to look forward to when it does turn warm. You need not worry though as nature can still be full of colour around now so let us take a look at what we can do to get the explosion of flowery brilliance going in our little patch. For a start you can literally sprinkle some seeds down for something like Larkspur, Limnanthes or Calendula to get some colour later this summer.

Prepare the soil first as you don't want to make life difficult for your seedlings to pop up from the ground! The way to do this is to dig over any compressed ground and break it down into smaller and smaller pieces.

At this stage, when you have the soil nicely broken down to particles about 1cm across you could do a quick soil test to check it is not too acidic or alkaline as most seeds do not like extremes of either. A simple and inexpensive test can be bought from your garden supplier and it saves you disappointment later and adds to your knowledge of what your garden is doing (or not doing!).

Apply a general purpose fertiliser about a week before you sow to allow it to soak in and be ready for the seedlings when they emerge, hungry for nutrients! The final stage is to rake the level gently to a nice 'tilth' which is the fine, crumbly consistency we should aim for here.

Follow the specific instructions for your seeds as they vary from one plant type to another as to depth and spacing. The usual technique is to drag a line in the soil to create a shallow furrow (or 'drill' as it is known in gardening terms!). You then plant the seeds into the furrow and gently cover over to give them the initial darkness and moisture that they need. A gentle water in (don't go heavy handed as you will wash out the delicate seeds) completes the process with a check and water if the area you have seeded needs more moisture.

You do not have to plant in neat rows as vegetable gardeners do of course - simply draw your 'drills' along the lines where you want any particular plant to follow if you are designing the flower bed (such as planting taller flowers such as Foxgloves at the back for instance).

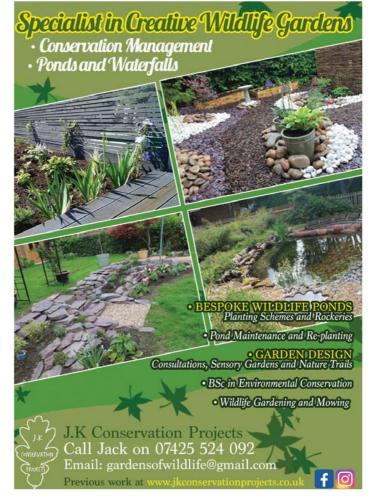
Wild seed mixes can be scattered randomly over an area, mimicking nature and creating a natural effect.

As always, keep learning with us everystep of the way, no matter how modest. And, when it comes to tending your little patch.... Enjoy!















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# knittingham!



### Join a merry band of Nottinghamshire crafters and knit, or crochet, a tiny Robin Hood hat.

This year the Miner2Major Landscape Partnership Scheme and the RSPB at Sherwood Forest are joining Inspire to support Nottinghamshire crafters to take part in The Innocent Big Knit and raise money for Age UK.

Knitting and crafting for charity has become an enormous success in Inspire libraries, with a different charity supported each year and 100s of crafters across the county getting involved.

Juliet Bernard, hand knitting guru, designer and former editor of The Knitter magazine has designed a miniature Robin Hood hat for Notts crafters to knit and crochet and said "I'm really excited to have been asked to be involved with this project for Inspire. Having designed many Innocent smoothie knitted bottle hats already, I was thrilled to turn my hand to the challenge of creating a pattern that would perfectly represent the county. I hope people have as much fun knitting these tiny Robin Hood hats as I had creating the design."

For any knitting novices that want to take part Inspire also have a range of beginners courses in knitting and crochet, as well as complete step-by-step video guides to take you through both the knitting and crochet patterns!

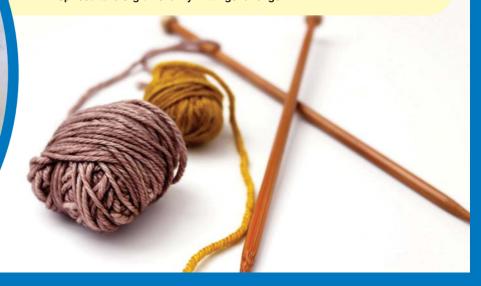
Step-by-step knitting instructions - https://youtu.be/QuzJjaKxUB0

Step-by-step crochet - https://youtu.be/NDvtV3DpseU

Steve Little, Scheme Manager for the Miner2Major Landscape Partnership Scheme, said "We are really excited to be a partner for this year's Inspire charity knit. It's a fabulous opportunity to promote the rich heritage of Sherwood Forest and raise some money for charity. Whether you're a seasoned knitter or an absolute novice come and join in!"

Hats donated by 1 July 2021 will take part in the Inspire Charity Knitting Challenge Exhibition, which will be on display at Edwinstowe library, the RSPB Sherwood Forest Visitor Centre and online, after which all the miniature Robin Hood hats will be sent to The Innocent Big Knit so they may adorn bottles of Innocent smoothie drinks in shops across the country in 2022. Innocent Drinks will then give 25p to Age UK for every hat-wearing bottle sold.

Find out more about the project at www.inspireculture.org.uk/charityknittingchallenge

















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# celebrate with tea!

local

SINCE 2002

#### You're invited to celebrate 20 years of BWP at our Garden Afternoon Tea

Nottinghamshire charity, Broxtowe Women's Project (BWP), is inviting you to celebrate their 20th birthday with them at a Garden Afternoon Tea party to be held on National Cream Tea day in Beeston later this June.

There'll be tea and delicious scones with clotted cream and jam, and an atmosphere of celebration, at the Garden Afternoon Tea at Beeston Methodist Church on Friday 25 June, as BWP celebrates with the community they've worked with, and supported, over the last twenty years. Colette Byrne, BWP's Chief Executive said "Our 20th birthday has given us an opportunity to reflect on the many women and families that

have been supported by our specialist Domestic Abuse services over the last two decades. In 1991 our vision was to provide a local, specialist support service that addressed the needs of women, and empowered them towards independent lives, free from abuse. We continue to support women, children, and young people every day so that they can overcome the impact of abuse and thrive. "

"This summer, following current Government guidance, we're celebrating our achievements with a fantastic vintage themed Garden Afternoon Tea. The event will also raise funds that will enable us to continue our incredible work, as our services are sadly in great demand.

"We would love for you to join us."

To reserve your space, or table at £10 per person plus booking fee, please visit www.ticketsource.co.uk/bwp call 01773 718555, or email enquiries@broxtowewp.org



#### **BWP (Broxtowe Women's Project)**

https://broxtowewomensproject.org.uk is a company limited by guarantee and a registered charity (Charity number: 1125946). It was set up in January 2001 to provide an information and support service for people living in the Borough of Broxtowe who are experiencing or have experienced domestic abuse.

It provides a confidential helpline, outreach service, training courses and drop-in sessions, and a variety of well-being programmes all aimed at empowering people helping them survive domestic abuse. It does not provide refuge housing directly but works with those affected by domestic abuse – signposting them to additional housing support if necessary, empowering survivors, nurturing children and young people to build resilience and develop healthy relationships, and preventing domestic abuse through awareness raising, training and campaigning.

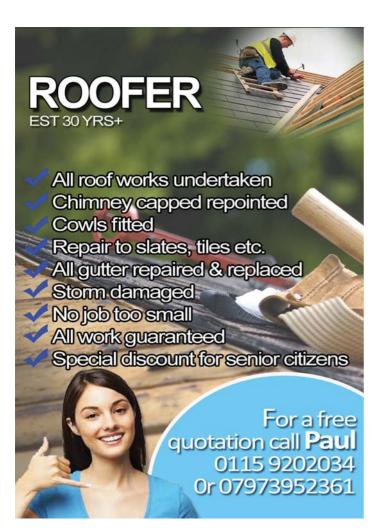
BWP can support businesses by helping to produce a Domestic Abuse Policy and the related procedures, advising on implementing the Policy, providing awareness sessions to support those affected by domestic abuse, and providing resources for employees.

















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# #whywecare

keeping it local

#### **Nottinghamshire** foster carers and fostering staff come together to share #WhyWeCare

Foster carers, social workers staff from Nottinghamshire County Council's fostering service have come together to share their own messages of #WhyWeCare.

Staff and foster carers for Nottinghamshire County Council joined in the #WhyWeCare campaign, which is organised by The Fostering Network charity, the hopes of encouraging the people of Nottinghamshire to whether consider fostering could be right for them.

With messages such as "It feels good to know you are helping to make a difference", and "every child deserves a loving home", the foster carers of Nottinghamshire are hoping inspire to others to follow in their footsteps and provide safe, loving homes to children who need them

Sally and Clark are foster carers from

Rushcliffe, who were recently approved in December 2020 and had their first foster placement living with them in the same month. The couple have joined in the #WhyWeCare campaign because they want to encourage others who are thinking about fostering to get in touch with Nottinghamshire County Council's fostering team:

"We came into fostering to provide a stable home for children in need of one. Our eldest child had moved out and had a son of her own, so we had the space and we wanted to help out where we could.

"Seeing a child settle in and become part of the family for however long they may be with us, and for them to gain in confidence and their personality grow, is one of the most rewarding things life has to offer. We are happy to make a child's life better in whatever way we can."

According to the Fostering Network, every 20 minutes another child comes into care needing a foster placement in the UK, and every day there are about 65,000 children living with 55,000 foster families.

In Nottinghamshire there are over 950 children in care, and Nottinghamshire County Council has 275 fostering households.

Foster carers for the Council receive weekly payments, benefits, support from their supervising social worker, and excellent training with an emphasis on therapeutic foster care, to ensure that every foster carer is equipped with the best techniques possible to help the children in their care.



Each foster carer is supported at all times, and can always find help with questions and concerns if they need it, and there is also an out of hours phone number so they're never alone.

The fostering team and foster carers are appealing to anyone who wants to make a difference to young people in Nottinghamshire to find out more about fostering and consider stepping into this rewarding role.

Since the first lockdown, Nottinghamshire's fostering recruitment team has been running virtual information events for those thinking about fostering. The virtual events are held every three weeks. Anyone with an interest in fostering is encouraged to attend.

Find out all about fostering and upcoming events on the council's website: www.nottinghamshire.gov.uk/fostering

Facebook page: www.facebook.com/fosternotts

or alternatively you can speak to a member of the fostering team by calling 0115 804 4440.

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Of course, you must own your home and not have a large outstanding mortgage. And you must be aged at least 55; but the older you are, the more you can borrow.

People increasingly release equity to help their families with property purchase – their inheritance when it's needed most - but the most popular uses are home improvement and boosting retirement income.

Ignore the myths!

The truth is you'll still own your home; and leading providers guarantee you won't have to pay back more than its market price, even if that's less than the amount of the debt.

What's more, if the value of the home exceeds the debt, the surplus is yours - so you can still pass something on to your family.





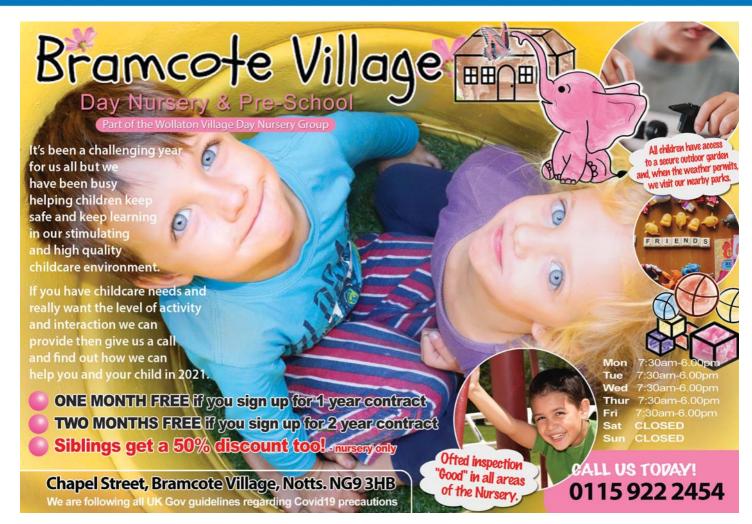
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# breeze puzzler

#### CROSSWORD

#### Across

- 1 French sweet blackcurrant liqueur (6)
- 4 Economise (6)
- Herbivorous lizard of tropical America (6)
- 8 Unmelodious (8)
- 12 Foam used in hair styling (6)
- 14 Money chest (6)
- 15 Sullen or angry stare (6)
- 16 Method (6)
- 18 Tennis stroke that causes the ball to fall abruptly to the ground (4,4)
- 22 Arrow on a computer screen (6)
- 23 Daily news publications (6)
- 24 Wretchedness (6)

#### Down

- 1 Stylish (4)
- 2 Frightens (6)
- 3 Figurine (6)
- 4 Read quickly (4)
- 5 Small stream (4)
- 6 Church benches (4)
- 9 Hard black wood (5)
- 10 CD player (6)
- 11 US currency unit (6)
- 13 Casts off (5)
- 16 Humorous TV drama based on real life (coll) (6)
- 17 Trousers that end above the knee (6)
- 18 Slightly wet (4)
- 19 Posture assumed by models (4)
- 20 Belonging to that woman (4)
- 21 Land force (4)

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#### WORDSEARCH WAKE UP

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

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AWAKEN	CUP OF TEA	SLIPPERS
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BREAKFAST	EXERCISES	STRETCH
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COCK-CROW	SCRATCH	WASHING

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