

A BREATH OF FRESH AIR EVERY MONTH

breeze

OCTOBER 2021

ISSUE 226



Local Business



Local Health



OXJAM in pictures



Local Drama



Local Life

JOHN FLYNN OPTICIANS HAS ACQUIRED JOHN YEOMANS OPTICIANS OF STAPLEFORD

NEW LOW VISION AND EYEWEAR STYLING CONSULTATION SERVICE FOR NEW AND EXISTING PATIENTS!

WE ARE OPEN
AS (NEW) NORMAL

SPECIALIST GLASSES FOR PEOPLE WITH

AMD
(MACULAR DEGENERATION)
GLAUCOMA
CATARACT
AND OTHER
RETINAL PROBLEMS



L-R Wendy, Anne, Annette, Lorna and Sue

Having acquired John Yeomans opticians of Stapleford and transferred all the clinical records and practice staff to Beeston, John Flynn Opticians is able to now provide eye examinations throughout the week on most days. John Yeomans himself has teamed up with lead optometrist Dr. Sheeraz Janjua for additional clinics on Devonshire Avenue. The practice has also a brand new Eyewear Styling Service for existing and new patients at their practice in Beeston after recently training their team as professional eyewear stylists. This individually dedicated consultation service, offers patients a unique and bespoke eyewear styling consultation to help them to discover their perfect eyewear to suit both their optical and style needs. The consultations are curated by Anne, Annette and Wendy.

The team has been professionally trained in how to assess individual colour analysis, colour psychology, facial and features analysis, style personality and

eyewear selection. This will enable all patients to feel assured they are being given an unparalleled consultation service to find them their perfect eyewear. This service adds to the dispensing of ophthalmic lenses by exceptional and superior manufacturers such as Carl Zeiss, Nikon, Seiko, Rodenstock, Essilor (VARILUX, TRANSITIONS), Kodak, Hoya and many others.

Wendy said: "From our experience, we have often found that patients find choosing eyewear a difficult and sometimes daunting and stressful experience. Due to this, we felt it was necessary to invest in a process to better help patients discover and select eyewear which they not only just feel happy in, but delighted to be wearing! Our whole team has recently been professionally trained in becoming experts in eyewear styling and we are delighted to be able to offer this bespoke, brand new eyewear styling consultation service to existing and new customers. Clients of all ages, gender and style preference will now be able to find their perfect and most suitable eyewear in our practice."

Low Vision Service for the Visually Impaired

Optometrist Dr. Janjua recently completed the College of Optometrists acclaimed - Professional Certificate in Glaucoma and also the Professional Certificate in Low Vision from Cardiff University. Together with the support of his staff he has launched a private low vision service using the highest quality low vision aids from Germany. Low Vision is when your sight is impaired, making it difficult to carry out everyday tasks with ordinary spectacles. This can be caused by various eye conditions such as Glaucoma and Age-Related Macular Degeneration (AMD). The aim of the service is to provide individuals who suffer from reduced vision, with a high quality service and products to improve their vision and independence.

Continued Blepharitis and Dry Eye Treatment

A comprehensive dry eye and blepharitis treatment and nutrition plan devised by Dr. Janjua during his doctorate at Aston University in 2017 is continued to be implemented by the staff at O'Brien's Opticians who have now been trained in ocular hygiene. Products supplied are by market leaders and often preservative free.

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BOOK A LOW VISION ASSESSMENT

BOOK A DRY EYE/BLEPHARITIS CONSULTATION

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S. Giles

"John Flynn Optician is a small, very friendly practice that gives personal service. I have been coming here for a long time and have not been anywhere else for years. My new glasses are dead trendy. My eye examination was as excellent as ever. All the staff are friendly, helpful and professional."

R. Heslop

"I have been attending John Flynn Optician for years as I like the friendly and helpful staff. I love the style, comfort and colour of my new glasses - I've not seen anything else like them before. My eye examination with Dr. Janjua was very thorough and the rest of the team are very honest with their opinion and very helpful with their choices and information. Very, very, very, very good."

J. Marriott

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- ✓ LOW VISION AIDS AND SPECIALISTS LENSES FOR MACULAR DEGENERATION (AMD), GLAUCOMA AND MORE
- ✓ DRY EYE AND BLEPHARITIS TREATMENT ✓ UK OPTICIAN AWARD RUNNERS-UP 2018!

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dispensing, fittings or collection appointments. We will advise you about the protocols in place for your attendance. Our social media will keep you informed on any future changes that may be put into place. Thank you for your patience during these difficult times. We look forward to seeing you again in our practice very soon. **Take care and stay safe.**



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Telephone 0115 925 5051 to make an appointment.

enquiries@johnflynnopticians.co.uk www.johnflynnopticians.co.uk

Want to stay up to date with the latest news and arrivals? why not follow us on **Instagram** and **Facebook @johnflynnopticians**

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A UK exhibition created with the help of Nottingham's Caribbean elders

Museumand, The National Caribbean Heritage Museum is based right here in Nottingham, but as a museum "without walls" it shares the story of Caribbean history, heritage and culture around the UK.

Museumand launched their book, "70 Objeks & Tings – Celebrating 70 Years of Caribbeans in the UK", last year, with the pandemic meaning they had to launch it online. Now, with pandemic restrictions lifted, the museum have been able to launch their book in style, with a printed version of the book and an installation-exhibition to bring each chapter to life.

The "70 Objeks & Tings – Celebrating 70+ Years of Caribbeans in the UK" installation-exhibition is currently on display at the Streetlife Museum in Hull, giving visitors the chance to get up close and personal with some of the objeks & tings featured in the book.

Both the book and the installation-exhibition have been created by Museumand with the help of Caribbean elders living right here in Nottingham. Museumand interviewed 184 Caribbean elders and asked them to share their precious stories through everyday objects and experiences – the tangible objeks and intangible tings that are familiar to both island life and British life, together with a generous flavour of Caribbean sayings, riddles and songs!

One of those contributors with an incredible story to tell is Chelsie Wint who came to England from Jamaica in 1964 to pursue a career in nursing. Chelsie trained as a nurse specialising in ear, nose and throat care and worked on night duty for 20 years, including 16 years in charge of the ward. A mother of six, Chelsie became a member of the Assemblies of the First Born Church in Nottingham and helped lead the church's Young People Group. At the age of 66, Chelsie studied for a Certificate of Intercultural Theology at the University of Nottingham. Now, aged 85 with 15 grandchildren and 16 great grandchildren, Chelsie is an active member of her GP practice User Group, still caring for others. She continues her spiritual ministry as a volunteer visitor, at nursing homes and prisons.

Another interviewee is Madge Spencer, who may be familiar to some Breeze readers. Madge came to the UK from Jamaica and moved to Nottingham. A trained potter, Madge taught pottery in schools before setting up her own studio. Madge still gives talks and pottery demonstrations in libraries and schools and is also a volunteer visitor at hospitals and prisons. She has been delighting audiences of all ages and ethnicities at Nottinghamshire heritage venues for over a decade, telling Caribbean folk tales.

Museumand also interviewed Caribbeans born in Britain, including Lenny Bedward, who created his first sound system with his brother, aged just 14, to bring the music of the Caribbean to Nottingham. Over 45 years on, the Bedward brothers are still playing music.

To find out more and hear the stories of Nottingham Caribbeans, along with the objeks & tings they hold dear, why not buy a copy of the book and support Museumand's work? It costs £7.99 and is available direct from Museumand by emailing hello@museumand.org or calling 0746 918 9550. Each chapter of the book is full of fun facts, insights and stories exploring Caribbean Food, Contributions, Homes, Hair, Beauty & Dress, and Culture. The perfect read for Black History Month and all year round.



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cycle of life....

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From simple commuter styles to off road MTB's, cycles have never been more popular, and with the latest electric models we don't have to start off the hard way when taking to two wheels...

"If only cycling was a bit easier I'd use it to go to work" Is this you as you as you head out to work in your car on that all too short journey? Or "I used to love cycling when I was younger but I don't think my joints could stand it now!" Sound familiar?

These sentiments are amongst the most commonly used reasons/excuses people give for not cycling, probably along with "I can't go around wearing Lycra tights!". Fortunately things have changed dramatically for the better and easier on two wheels.

Bikes are like clothes

The reason we say this is because bikes are a semi-bespoke item: they need to fit nicely. And when they do you start off not noticing anything about them in particular. When you just grab any old bike (that's 'about the right size') it will most likely feel somewhat 'odd' in some way or other - something not quite right in the riding position, the feel of the steering as you corner or awkward (to you) gears perhaps.

The frame size being wrong can mean an overstretched back and the pedals in the wrong place for your posture resulting in leg strain.

Electric Cycles - the big development in commuting

With sales expected to boom in the next few years in the UK, these types of cycles are already massive in Europe. Normally taking about three hours to fully charge, these bikes give the rider the 'extra push' many of us feel we may need when getting a bit tired on the way home from work or a longer journey. It's the commute that many have been concerned about with Covid as they don't want to be pushed up against lots of people on buses and trams.

With swish looking new saddle bags these also allow you to carry your laptop and office work to and from home.

They have been made possible by the availability not only of more powerful but lighter batteries but newer and much stronger motors and can give up to 100 miles on a single charge! The battery is simply detached and charged up like a laptop so your bike stays outside the living room etc. Alternatively just pull up and charge it in the garage or from an ordinary weatherproof outside plug in point.

Whilst there are many designs and makes of electric bikes they are not all equal and the key point here is the battery/motor make and set up. Broadly speaking a 'hub motor' is the better option and brands such as Bosch (but not exclusively) deliver significantly better push when you really need it. You still get the physical and mental health benefits of gentle exercise but without the strain on an e-bike. Furthermore you can use them for leisure and more practical purposes as they make a quiet and comfortable ride in the countryside a delight.

A bike for the purpose

Types of bikes vary but a common type today is the 'hybrid' bike. These combine the road use characteristics needed for a commute but also are rugged enough to go off road on tracks and trails. 'Cyclo-Cross' is another sub-type and are lighter/quicker too with similar strength. Both types are better at dealing with potholes etc when on the road. They have a good range of gearing to cover steeper climbs off road (or on if you are feeling tired that day!) but can extend to speed you onwards when the path is smooth and you have a good run going.

We will also briefly mention modern folding cycles as well because they are a much more modern and lightweight successor to those old fashioned small wheeled bikes we sometimes saw leaving the train station years ago. Bestowed with clever folding mechanisms and all alloy frame and wheels these interesting devices allow you to carry them onto buses, trains and even taxis to get along that to that more distant destination.

Last year The Bike Lounge had a special visitor - whether you agree with him or not. We have to agree that cycles are the future.



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We have a welcoming non-pressure environment where you can chat to us about buying a bike if you wish or servicing an existing one for you. **Our cafe** is well stocked with lovely coffee & tea, soft drinks and snacks to wander in & chill out with us - you don't have to be a cyclist to enjoy a nice coffee & chat with a friend...

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In brief the immaculate interior comprises: Spacious entrance hall, WC, kitchen, family room, utility room, study, dining room and impressive lounge with Inglenook fireplace. Rising to the first floor is a master en-suite bedroom, three further good sized bedrooms and family bathroom.

Outside the property occupies a particularly spacious plot with a driveway providing ample car standing and detached double garage beyond and stunning well manicured landscaped gardens to both front and rear.

Tucked away in this exclusive location, readily convenient for a wide range of local amenities including Beeston town centre, excellent transport links such as the A52 and NET tram and a range of other facilities, this excellent property is a rare opportunity well worthy of viewing.

**For more information contact Robert Ellis
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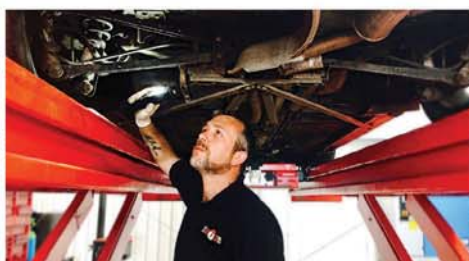
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**Are your windows getting in the way of a better view?
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and the outside...**

uPVC frames last for decades and that is their central quality for homeowners with their low maintenance. However, as you may well have witnessed, over the years you can start to see the black rubber seals showing a little more each season. Eventually they start to look tatty and ragged looking. The glass starts to take on a slightly fogged appearance (older double glazed units take some of the colour from the outside view well before they actually mist up).

In short your windows or patio doors don't seem to sparkle like they once did - despite vigorous glass cleaning and polishing.

New windows have energy saving glass and thermal barriers around the adjoining bar between the glass. They are often now filled with an inert gas too to further block heat loss in winter and keep heat out in summer.

Fortunately with local company **Beeston Windows** you can get a whole new look for a fraction of the price of new units and upgrade your insulation and security levels into the bargain.

"I have visited homes where the patio doors are a lovely window onto a carefully looked after garden but it's looked slightly grey from the inside and the owner has started to have trouble closing the doors properly - having to slam them to get them to shut. When I have updated them not only have they been easy and smooth to close and lock, but are more thermally efficient and secured to the latest standards with anti-theft locks. The view has been restored to full colour with neatly fitted trim on all aspects of the frames. The owner has been delighted as there was no mess either" says Paul Wealthall, the owner of Beeston Windows.

Lock mechanisms have improved hugely over the years and once fitted provide peace of mind whilst out or at night. These can be retro-fitted to almost any frame and Paul can advise on what is possible before any work is carried out.

"We can also fit modifications such as window units with air vents to improve secure ventilation without the draughts".

uPVC door handles take quite a beating over the years and it's surprising how much smarter a new set can make a door appear. If you have older style gold coloured handles these can be replaced with white, satin silver, high shine silver or even a coloured type of handle to bring your front door up to date. Add in new mechanism to smooth the action of the handle and it feels like a new door - especially after critical adjustments to get it to shut just so without looseness or banging to. Top it all off with a new draught excluding and smart letterbox and you will have a front door to be proud of once again.

Contact Paul at Beeston Windows and take a look at what he can do to smarten up and upgrade your windows or doors before winter starts to bite and save money into the bargain!



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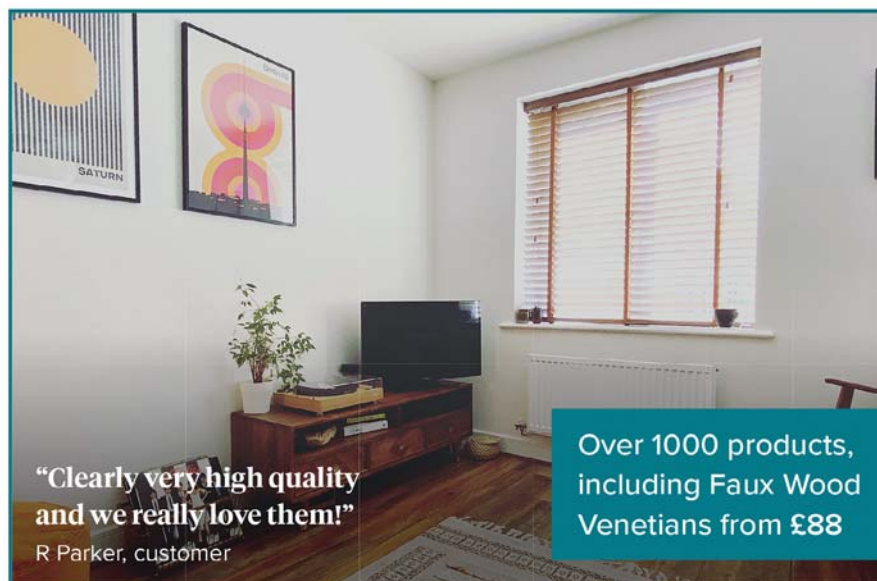
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beeston film festival

Arc Premiers Film Festival Screenings

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SINCE 2002



Janequin's La chasse (1537), complete with hunting sound effects, and plays a royal family determined to reign supreme.

"Che si può fare?" counterpoints beautiful cinematography capturing the America urban landscape against a fragile brocade of sound. The film transforms a baroque classic by female baroque composer, Barbara Strozzi, into a timely narrative with themes of isolation and vulnerability.

Whilst "The Children & The Wolf", a dramatic Palestinian film,

Next month brings the first international short films night to the Arc Beeston. 1st November the Beeston Film Festival presents a selection of the best of 2021 festival. The pandemic prevented in person screenings so we are overjoyed to share a collection of spectacular horror films to add to the halloween season. Films from the USA, Italy, England, Iran, France, Germany, and Spain will be seen for the first time on a Beeston big screen.

Included are the Horror B'Oscar winners for the past two years. "Seance" (winner 2020 from Germany) sees mentalist Erik Svenson and his medium Henriette Brandt summon ghosts for private and social occasions, but tonight's show doesn't go to plan. All of a sudden the harmless trick show disturbs a presence in this strange place.

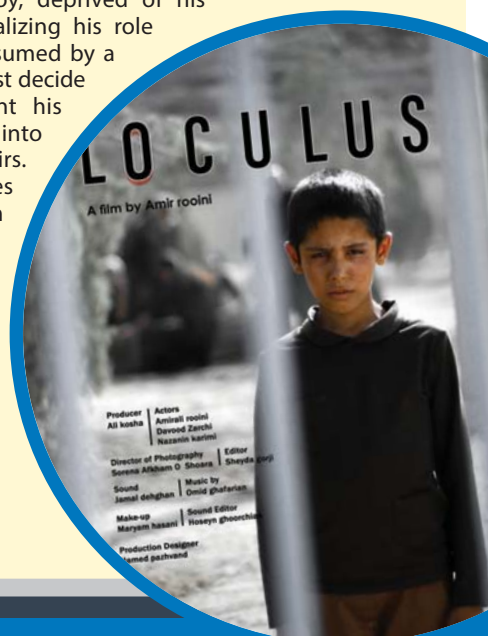
Set very much in the real world is the 2021 Horror B'Oscar Winner, "Loculus". In an Iranian cemetery the morgue power system breaks down, and everyone has to bury the bodies; meanwhile, a ten-year-old boy does not want to bury his mother's body Amir Rooini's vision encapsulates the horror of heartbreak.

On the 29th November we welcome back our partner festival, Everyday Arias, for a return visit to Beeston. Everyday Arias film festival specialises in opera and world theatre equivalents such as Chinese opera, Noh, Kathakali etc.

The 2021 programme once again delivers a kaleidoscopic vision. Leading the way is the super cool, "The Stag Hunt". This modern satire on aristocracy, competition and extinction, draws from a sixteenth century musical curiosity about a king killing for sport, noble born killers if you like. British vocal ensemble I Fagiolini sings

follows a young boy, deprived of his innocence upon realizing his role model is being consumed by a tragedy. Now he must decide whether to confront his concerns or give into social state of affairs. Modern opera does not shy away from tough subjects.

So November is a ground-breaking month for both Beeston Film Festival and the Arc cinema. We look forward to seeing you there too.



More details will be available on:

Website - <http://www.beestonfilm.com>

Facebook - <https://www.facebook.com/beestonfilm>

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SINCE
2002

Swiftly does it

The November Meeting of the **Wollaton Natural History Society** will take place on **Wednesday 17th November at 7.30pm.**

This is entitled "Swiftly Does It" by Nick Brown. Swifts are extraordinary birds spending most of their lives on the wing. Since 2014 the DWT Swift Project has worked hard to promote their conservation.

We meet at St. Leonard's Community Centre, Bramcote Lane, Wollaton (opposite the library) at 7.30 p.m. Visitors are welcome at a cost of £3.50p.

For more information
visit our website:
www.spanglefish.com/WollatonNaturalHistory
find us on Facebook or telephone
our Chairman on 0115 9444671

Christmas Market

Bramcote College School and Sixth Form PTA invites you to a Christmas Market! At Bramcote College, Moor Lane, Bramcote NG93GA on **November 25th 6 - 8pm.**

There will be local crafts and stalls, raffle, festive games and competitions.

Entry is £2 which will include a hot drink and a mince pie!

All profits go towards projects and events for the students of Bramcote College.

Autumn Fair

Join Bramcote WI for their Autumn Fair on **Saturday 6th November at Bramcote Memorial Hall 2pm - 4pm.** Stalls for all the family. Children's face painting, Christmas Gifts. Tea Coffee and cakes. **FREE ENTRY.**

Send in your Event!

FINALLY!

We can start promoting local events.

If you have an event or a group meeting coming up soon and you are non profit then please send the information through to info@breeze-magazine.co.uk for our what's on section

Swap Meet

Mickleover Model Railway Group present the **DERBY** (trains only) **SWAP-MEET.** Buy, sell and swap with fellow enthusiasts. **Saturday November 27 2021, Open 10.30am - 2.00pm** Our Lady of Lourdes Parish Centre, 36 Uttoxeter Road, Mickleover, Derby, DE3 9GE. Admission: £1 Free parking. Refreshments will be available.



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After the cancellation last year and the postponing of the Arts Trail from its usual date in June this year. The first weekend in September saw a welcome return to a celebration of the arts in our area with the Attenborough, Beeston and Chilwell Arts' Trail. This free community event was a treat for Artists and Makers who were not able to share their expertise and imagination as they usually do. The many people, both adults and children, who experienced the trail enjoyed the art and the community spirit which was in evidence everywhere. The venues were made covid safe with hand sanitiser and masks available and contactless payment completed the feeling of safety.

The children's art competition produced some wonderful paintings and a selection of these were displayed in each venue. The art of the winners and those who were highly commended will also be displayed at the Canalside Heritage Centre early in 2022.



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**Riverside Drama Company proudly present,
The Clink by Stephen Jeffery!**

Riverside Drama will transport you back in time, where Elizabeth 1 is tottering on the throne, as desperate for her own death as are all the conspirators jostling for position at her court.

Into the seething mass of ruthless politicians comes unsuspecting Lucius Bodkin – half of the comedy duo, The Bodkin Brothers, with his brother Thomas, to audition for a gig at an event organized for the Dutch delegates (Protestant) at a Comedy Club. But Lucius is being set up – he is just a cover for a plot to kill The Queen's chief advisor, Frobisher – and he has to flee for his life to escape the schemes of Warburton, who is now taking over Frobisher's role. And in the background, the Black Death...

Add to the mix the plots and counter plots of Warburton's daughter Beatrice, and her maid, Zanda, as well as of the nobleman Davenport (Catholic) and his rabble of dispossessed followers, as well as a subplot concerning a Pythonesque duel of insults between two "Roarers" and we have a fast-moving riotously funny play with dark moments of political satire, which are more than usually relevant to today.

This play is not a historical piece, but a rip-roaring comedy, written in the late 80's, with modern references, the "boys in the City" and their fast living, is even more relevant today, leading to ridiculously funny moments, in "The Clink"

Liz Turner the director of this play says, "people should come and see the play because it is brilliant to be back in the theatre, watching real actors on stage – and this play has comedy, farce, terror, threats of torture, and executions – whats not to like!"

**The Clink is being performed from Wednesday 18th
November to Saturday 21st November 7.30pm at the
Duchess Theatre, West Gate, Long Eaton.**

**To book tickets call 0115 8823 884 or order online at
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The Autumn now beckons and we start to fiddle with the settings on our central heating. But what about the animals that live in and around our garden? Let's take a look at our garden foragers.

As we live in the various parts of the cityscape rather than in the countryside it's interesting to see how wildlife has adapted to our artificial environment. What constitutes an artificial environment as different to a natural one anyway?

An artificial ecosystem is one made by man to mimic a naturally-occurring ecosystem - a deliberate attempt to recreate that which is held to be good for biodiversity and life for animals of differing types and sizes - even the bacterial life that we don't see.

It is always worth taking a look at your garden, especially as we start to enter winter, and asking yourself: 'what can I do to make my garden more friendly, more responsive to the needs of nature?'

THINGS YOU CAN DO TO HELP NATURE THIS AUTUMN

Build a log pile to encourage biodiversity - it's the ideal habitat for small mammals, amphibians and all manner of insects.

Make a tepee-shaped logpile to attract hedgehogs. Remember to check for wildlife before lighting a bonfire.

If you have a fence, remove a small section - make the hole no bigger than a CD case to allow hedgehogs and frogs into your plot.

Bumble home for the winter: Take a clay pot, fill with leaves, straw and a little cotton wool and place upside down in a sheltered spot. A bumblebee prospecting for an over-wintering nest may well take up residence.

Leave some for the animals: Why not leave a few hanging fruits for the birds, hedgehogs and other animals for instance?

PLANT A TREE

What type of young tree to buy: Trees can be purchased either in either a container or as bare-rooted plants. Either way you should look for well-developed fibrous roots. With container grown trees, check that it's roots aren't congested and choose younger trees of around one to three years old which tend to get established more rapidly. Obviously, avoid plants that show any sign of disease.

Soak the roots before planting - bare-root trees can be planted in late autumn or early winter because this is when the tree is in its dormant stage.

Don't plant if there's a frost, just place the roots into moist soil until conditions improve (we do usually have some milder spells during early winter despite the media pundits telling us how bad the winters are becoming here in the UK!). Container grown trees can be planted at any time of year (frost or soil too dry/wet excepted).

Locating a spot for your tree:

Place your tree in a sunny and sheltered position to give the most time your tree has to grow, especially whilst young and getting established. Dig a hole one third wider than it's roots (and the same depth) as the tree's roots, firming the bottom of the hole into a slight mound. Insert a support stake and the tree. Fill it back in with soil and mound towards the base of the tree attaching it to the stake with a soft rubber loop (these can be bought from any garden suppliers).

If you're growing your tree in a container then half fill a large tub with your soil-based potting compost and place your tree on top. Fill the tub in with more soil to the base of the tree and water well. Feed regularly to keep it growing nicely to maturity.

As always, keep positive and learning whilst in the garden - look for signs of disease in your plants and manage those. Most of all... *Enjoy!*



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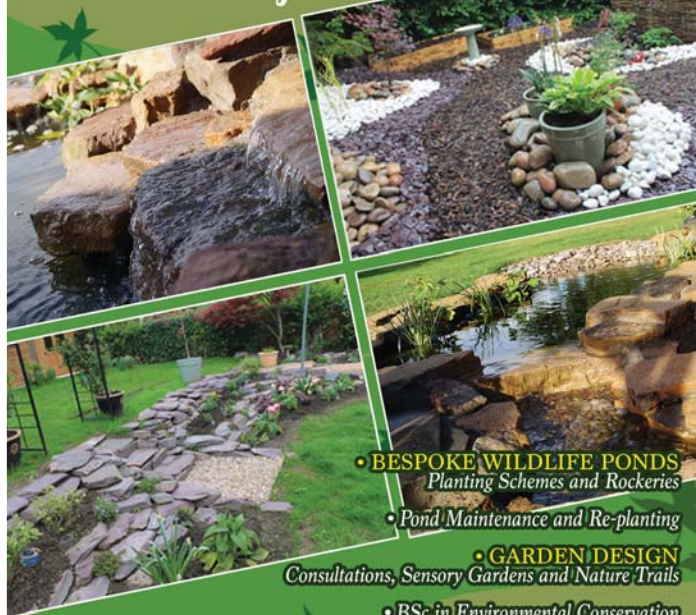
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**Join a FREE Arts and Crafts Exhibition, 30th October
with Kids Art Activities at St Leonards Community Centre**

On Saturday October the 30th Wollaton Rotary Club are excited to be back again with their annual Art Exhibition. Kicking off at 10am, at St Leonards Community Centre, we'll be exhibiting and selling lots of great work by local artists.

As always there will be a huge variety of work on show ranging from Paintings to Photography, Crafts to Sculpture and all the work is for sale... and what's more, by making your purchase 15% of the sale will be going to a local charity.

Alongside the work on display we'll be putting on some fantastic free craft activities for the kids. Bring the family along and make all sorts of fun Halloween crafts, like spooky LED halloween lanterns. All free, and you can take them away with you afterwards... some painting might be involved so don't wear anything too posh!

We will be following all current/future guidelines to keep the event COVID safe.



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Last month saw the return
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SINCE
2002

Fairstone partner with James Ryan Thornhill under its DBO programme

Fairstone, which incorporates one of the UK's largest Chartered financial planning firms, today announce that it has signed up new firm James Ryan Thornhill to its unique Downstream Buy Out (DBO) programme.

James Ryan Thornhill has joined Fairstone through its unique DBO acquisition programme, increasing the firm's strategic footprint in the East Midlands and further boosting Fairstone's growth plan for 2021.

The deal brings more than 1,000 clients, five advisers and eight support staff to the wider business as well as gross annual fee income of around £1.2 million and funds under management of over £160m.

Fairstone's unique proprietary DBO acquisition model is built on supporting sector leaders in growing their businesses to optimise their capital value, prior to final acquisition.

The focus of Fairstone's approach is to attract businesses that do not want to sell today, instead targeting robust and well-managed firms that want to grow and develop, therefore

crystallising a higher overall valuation in the future. Significantly, the vast majority of companies that have successfully reached ultimate acquisition stage demonstrate continued organic growth and a higher valuation than expected at the outset of the journey, with firms commonly exceeding their original aspirational sale value.

This latest deal with James Ryan Thornhill marks the start of this phased pre-acquisition process, which will also enable both firms to fully align in terms of culture and systems, while James Ryan Thornhill will also be able to take advantage of the regulatory, technical and operational support that Fairstone provides.

James Ryan Thornhill is based in Nottingham, and the firm specialises in pension planning and investment management.

Fairstone CEO Lee Hartley said: "We are delighted to welcome James Ryan Thornhill into our Downstream Buy Out programme. The team at James Ryan Thornhill are committed to building quality long-term client relationships and their focus on quality advice and superior service is exactly what we are looking for in a business.

"Within Fairstone, we work hard to ensure our proposition gives firms the framework, funding and support they need to significantly grow their businesses, without compromising on client service or independence. We look forward to working with the team at James Ryan Thornhill through our DBO programme to transform their business into the very best version of itself that it can be."

Fairstone is a full-service wealth management house delivering integration-led growth and its unique DBO approach ensures that companies are fully-integrated with Fairstone prior to final acquisition, ensuring a seamless transition for clients and staff.



Company principal at James Ryan Thornhill, Del-Ryan Rafter, said that the prospect of being part of a larger organisation and the potential to create further growth, were deciding factors in partnering with Fairstone.

Del-Ryan Rafter added: "We have taken the decision to join Fairstone to provide reassurance and long-term continuity for our clients. Of the various firms that we had discussions with, Fairstone stood out and the feeling of being part of the Fairstone family particularly appealed."

"Since partnering with Fairstone we are enjoying the best of both worlds; being able to provide business as usual to our clients whilst having the support of a major national Chartered IFA firm."

Fairstone's DBO programme continues to be a core driver of growth for the business, reversing the traditional buy and build approach, with integration playing the leading role in a firm joining the programme.

Fairstone CEO Lee Hartley added: "We are always looking for strong, high quality businesses with ambitious development plans to join Fairstone. The strength of our DBO programme is demonstrated in the fact that all the firms we have gone on to acquire have received at least 100% of their premium sale value and many achieving much more, consolidating our position as a secure, stable and proven acquirer within the sector."

Headquartered in Newcastle, Fairstone is the number one ranked wealth management firm on Trustpilot* with over 40,000 wealth clients and operates nationally across 42 locations.



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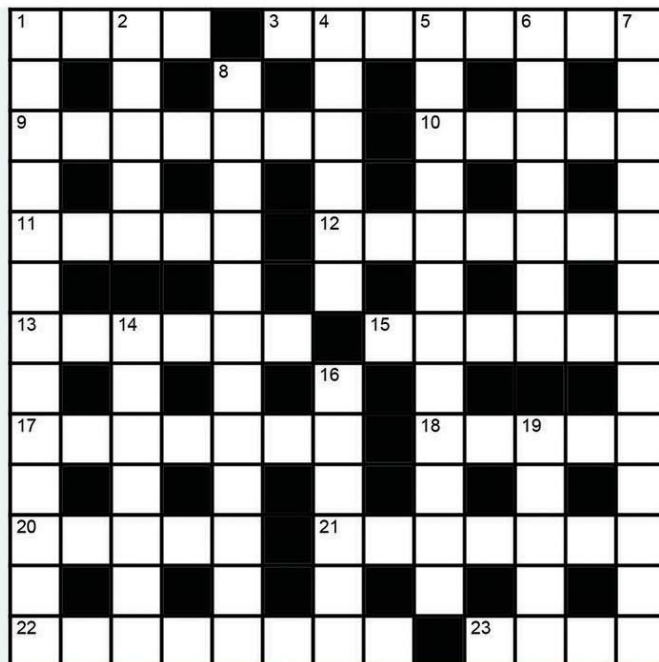
CROSSWORD

Across

- 1 Fete (4)
- 3 Carves into thin pieces (6,2)
- 9 Driver who obstructs others (4,3)
- 10 Courage (5)
- 11 Panic (5)
- 12 Surgeon's pincers (7)
- 13 Damsel (6)
- 15 Volcano cavity (6)
- 17 Greek goddess of the hunt (7)
- 18 Shout, as if with joy or enthusiasm (5)
- 20 Nigerian city (5)
- 21 Type of long-grained rice (7)
- 22 Tooth on the rim of a gearwheel (8)
- 23 Sturdy upright pole (4)

Down

- 1 Rubella (6,7)
- 2 South American animal (5)
- 4 Exit a computer (3,3)
- 5 With the order reversed, perversely (12)
- 6 Glut, excess (7)
- 7 Small area on the skin where an artery can be pushed against a bone to inhibit bleeding (8,5)
- 8 Instrumental entertainment played by a small ensemble (7,5)
- 14 Whole number (7)
- 16 Fit for service, functional (6)
- 19 Largest city in Nebraska, USA (5)



WORDSEARCH

SHADES OF BLUE

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

Z N N M T M Y H U T X T P
Y A Z I A U V N Y Q Q E N
P N M N G L F Z E V K L A
P E V E Z T T T G L A K I
S O C D V R H H S U D N S
J O W I M A G N C C S I R
C A L D L M I D Y N M W E
O I R H E A L A D E E I P
B G R I D R N K A D O R Z
A C G T F I L L R I G E F
L Z D E C N E U A A B P X
T I U I M E N S U E D X J
J R X R R M L S T X T X Q
T Z S V E H K E H R A T W
H M G L Z Y L I P J P H J

ALICE

AZURE

COBALT

CYAN

DARK

DENIM

ELECTRIC

FRENCH

LIGHT

NAVY

PERIWINKLE

PERSIAN

POWDER

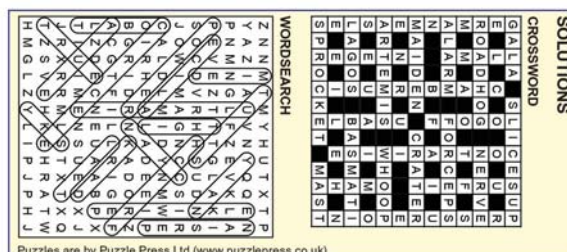
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