

A BREATH OF FRESH AIR EVERY MONTH

breeze

APRIL 2022

ISSUE 232



Local Women



Local Appeals



Local What's On



Local Business



YOUR LOCAL COMMUNITY MAGAZINE SINCE 2002

Advanced Eye Exams for

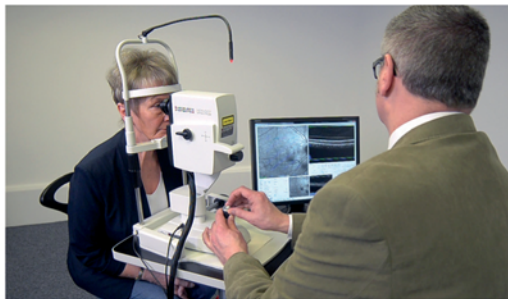
- AGE RELATED MACULAR DEGENERATION (AMD)
- GLAUCOMA ● POOR SIGHT

By Dr. S A Janjua BSc(Hons) MCOptom DOptom Prof Cert Glau Prof Cert LV
Prof Cert Med Ret DipSV Director & Doctor of Optometry

Brand new, state-of-the-art equipment at John Flynn Opticians in Beeston is now facilitating the very best diagnostic capabilities to ensure the best eyecare in the country. Optometrist Dr. Janjua's new equipment provides hospital-standard insight into your health and is one of just a handful of such machines anywhere in the UK...

Foresight. Hindsight. Insight. It's quite clear how much importance we place on sight. We've all come to recognise that a first-class optometrist will not only make your vision sharper, as a result of the prescription they determine you need, but will also help to assess your overall health, using your eyes to as an indicator of your general health. As eye-care technology has finessed, some optometrists have invested in decent technology, but some diagnostic equipment remains the preserve of dedicated eye-care departments in specialist hospitals such as Moorfields, Manchester Royal Eye Hospital and Nottingham's Queens Medical Centre. Those specialist facilities and teaching hospitals have previously been able to boast the best diagnostic technology, which High Street opticians could only look upon with envy... that is, until now. Beeston's **John Flynn Opticians**, established in 1938, recently took delivery of its new Heidelberg Spectralis machine which is – without exaggeration – the best OCT scanner available for any eye-care practitioners and one which most dedicated hospital eyecare departments would covet. It's one of just a handful of machines here in the UK and as Dr. Janjua says, it's the gold standard for dedicated eye hospitals, let alone a High Street optician, providing him with unprecedented accuracy and clarity when making a diagnosis.

An OCT (Optical Coherence Tomography) machine is used to take a 3D scan of the eye to allow a specialist to assess the health of the optic nerve, macular and to detect and monitor the progression of conditions like age-related macular degeneration (AMD) and glaucoma. **John Flynn Opticians'** new machine, though, builds on this technology to create 4D imagery accurate to just a single micron – one hundredth of the width of a human hair.



Above: John Flynn Opticians new Heidelberg Spectralis OCT machine is one of the few in the UK, and is best in class, offering hospital-standard diagnosis of eye health for the optician's patients.

The system also uses artificial intelligence to track the exact position of successive scans, overlaying them precisely to check changes over successive months or years. Fast, contact-free and painless, the system can also send images to hospital departments for other clinicians to review in the event of a referral.

"We can use the technology to examine tiny details that help us to detect eye disease at the earliest stages, reducing the risk of sight loss and improving our patients' lives," says Dr Janjua.

Naturally technology is nothing without expertise, and so Dr. Janjua is committed to interpreting the results of a scan and explaining findings in an accessible way. With the highest quality diagnostic information comes the most accurate prescription, and alongside the very best ophthalmic lenses from across the industry – Zeiss, Nikon and Hoya – the practice's state-of-the-art equipment is crucial, but only when used alongside the very best diagnostic skill and the provision of quality ophthalmic lenses and luxury frames.

The result is great service, clear vision and true peace of mind; a holistic service that's clearly better at providing quality eyecare.

John Flynn Opticians provides eye examinations, prescription eyewear and contact lenses from its practice on **Devonshire Avenue, Beeston, NG9 1BS**, call **0115 925 5051 / 0115 939 2421** or see **www.johnflynnopticians.co.uk**.

DON'T JUST TAKE OUR WORD FOR IT... READ WHAT OUR CUSTOMERS HAVE TO SAY...

"Just picked up my third pair of specs from Flynns. I've used them for years and cannot fault them, from the excellent care with my sight test to Annette and Wendy who are on hand to advise, make sure your specs fit and sit properly and just generally make you feel welcome. Nothing is too much trouble. Thank you all. Until my next visit."

E. Taylor

"I cannot speak highly enough of Dr Janjua and all his team at Flynn Opticians in Beeston. Due to wrong prescriptions in the past going to him changed my life. Not only do you get the best product on the market and expert advice, everybody is so helpful and kind. I would not go anywhere else."

J. West

"I'd heard that the glasses were great quality and the service was great at John Flynn Optician. The staff have been very helpful and gave me all the facts I needed. I love the personal touch and that you don't have to ask for help – it's just given. I love my new glasses – the style, the colour, the quality – everything. Dan and Annette have been brilliant from the minute I walked in the door. They are very friendly and provided perfect service in every way. I will be coming back and will share my experience with others."

L. James



Purveyors of Luxury eyewear since 1938 ● Clinical Eyecare ● Quality Eyewear



Alcon

FACEFACE

götti

Johnson & Johnson Vision Care

JAGUAR

N

LINDBERGH

Max Mara

eyegreen

SALT.

Silhouette

WOOW

essilor

HOYA

Nikon

RODENSTOCK

SEIKO

TOKAI

ZEISS

Transitions

VARILUX

Open Monday to Friday from 9am to 5:30pm. Saturday 9am-5pm

John Flynn Opticians welcomes the registration of new patients and parking is available in the practice's own car park.

Telephone 0115 925 5051 / 0115 939 2421 to make an appointment.

enquiries@johnflynnopticians.co.uk www.johnflynnopticians.co.uk

Want to stay up to date with the latest news and arrivals? why not follow us on **Instagram** and **Facebook @johnflynnopticians**

0115 925 5051
0115 939 2421



support each other



MEET SANDRA
Sales Enquiries
07967 282558

Email:

sales@breeze-magazine.co.uk

Published By MP4 Design Limited Est. 2002



To Our Advertisers

We have a Facebook Page and a Facebook Group. Please feel free to share on these pages updates about your business or community event. We are here for you to share and inform.



FOLLOW US ON
facebook.

Please note all we believe all information given was correct at the time of going to press.

Download the full guidance for people working in, visiting or delivering to other people's homes:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/homes>

An independent company not connected with any other publication or group. All material is copyright and should not be reproduced without permission. We have made every effort to make sure any numbers on editorial or advertisement or details that appear are correct, apologies if any are incorrect. The publishers do not accept liability for any loss or damage caused by an error, inaccuracy or omission in the printing of an advertisement or editorial. By placing an advert you are agreeing to and are subject to the publisher's terms and conditions, copies of which are available on request. The publisher accepts no responsibility for works carried out by any advertiser, any matters should be taken up directly with the advertiser.

MP4 Design Limited is registered in England: Company Number 8081955
Registered Office: 210 Lower Regent Street, Beeston, Nottingham NG9 2DD
Office Address: 156 High Road, Beeston, Nottingham NG9 2LN

Now available to read on Smart phones & Tablets. Follow the PDF link via our Facebook Page or website.



T: 0115 925 5848

— 15% OAP Discount —



- Boiler repair/service/installation
- Central heating repair
- Central heating installations
- All plumbing & gas work undertaken
- Ex British Gas Engineers



BAXI **POTTERTON** **Glow-worm** **Remeha** **WORCESTER** **iIdeal**

“Warm again...”

Whether it's a new boiler with our 12 year guarantee to replace your old, unreliable and inefficient one **or a new bathroom suite with the latest walk-in shower room**

We just get it sorted for you....

Quotes are free so give us a call and make your life much more comfortable...



- Combi Boiler Specialists
- Energy Efficient Engineers
- Bathroom Suites

Boilers & Bathrooms at AFFORDABLE PRICES!

The right time to replace your boiler?



freedom boxes

Ukrainian aid effort gathers pace



A humanitarian mission launched within 24 hours of the conflict breaking out in Ukraine is delivering thousands of boxes of essential items and collecting refugees at the Ukraine/Poland border to bring them to safety in the Czech Republic, Poland and Switzerland.



Freedom Boxes

has been created by Stuart Watkins, who also owns a software company which has offices in Prague and the UK. When the conflict began, Stuart, his family, and his team set about to do something to deliver help and provide hope to those affected by the invasion. With Freedom Boxes, the team has created an immediate way to directly help those in need.

The team is made up of people from the UK and across the Central and Eastern European region, including Russia and Ukraine, who have pulled together to prepare, pack, and deliver Freedom Boxes.

The Freedom Boxes are delivered across the border directly to those in need – in bunkers and war zones - with the team's drivers risking their lives on every trip.

Two of the four people working on the project in Ukraine are Stuart's team members and they are helping deal with the coordination of getting people to the border and out of the areas under siege.

Stuart Watkins, founder of Freedom Boxes, said: "During war, it is always the vulnerable who suffer the most. We are dropping off truckloads of Freedom Boxes for distribution to those who need them and bringing Ukrainian refugees to safety.

"As a private company located in Prague and with colleagues in Ukraine, we had the ability to mobilise our assets, people, and connections very quickly to get up and running and begin helping. Larger organisations are less agile and take longer to mobilise, whereas Freedom Boxes provides a way for people to have a much more immediate and direct impact.

"In just two weeks since the war began, we have already delivered over 450 Freedom Boxes and transported over 70 refugees to safety. We will continue to do whatever we can to get essential items into Ukraine while getting as many people as we can out and away from danger."

"As the humanitarian crisis worsens, bordering countries are filling up with refugees. They are having to travel further afar which can add days onto their journeys. The Freedom Buses are helping solve this problem."

With their tech background, Stuart and his team have been able to quickly build solutions to utilise their assets for the greater good, with QR codes to help understand what people need and tracking devices to verify receipt of items.

Visit www.freedom-boxes.com to purchase a Freedom Bus ticket for someone fleeing Ukraine or choose from a range of Freedom Boxes tailor-made for families, children, and the heroes who have taken up arms to defend their country.

Children who want to let families and children who are victims of war in Ukraine know they are thinking about them are uploading messages of hope at www.messagesofhope.uk – the messages will be delivered directly to Ukrainian families via Freedom Boxes. Children everywhere are encouraged to upload their messages of hope.

For further information, please visit:
www.freedom-boxes.com



This is eight-year-old Sofia, she lives in Zhytomyr, Ukraine – a village that has suffered numerous aerial attacks by Russia. Freedom Boxes contain message of hope from other children and are getting to where they are needed.



One of our drivers, taking essential supplies across the Ukrainian border and into war zones – they are risking their lives to help people.



This elderly lady is Svitlana, she is 77-years-old and lived alone in Ukraine – she crossed the border on her own. Freedom Boxes got her a cab to take her to her daughter 1.5 hours away where she works in a supermarket and was unable to leave. Her daughter texted Freedom Boxes to say:

"Thank you all so much for what you did for my mom and what you're doing!!! I am incredibly grateful. May God bless you all."

She also called the team to confirm her mom made it to her safe and sound!



WE ARE OPEN!



— please drop in to see our opening offers —
Free log basket or companion set*

when you place an order for a full stove installation

OPENING TIMES:
 Tuesday to Friday
 10am - 5pm
 Saturday 10am - 4pm
 Sunday & Monday
 closed



LONDON NEW YORK
CHESNEY'S

Contura

Carron

FIRENZO
 WOODFIRES
The heart of a warm home

eco-ideal

oer

the
fireplace & stove
 shop



Search for us on Facebook

Telephone: 0115 849 9909

Email: info@fireplaceandstoveshop.co.uk

Address: 121 Queens Road, Beeston, NG9 2FE
 (opposite Subway and KFC)

www: fireplaceandstoveshop.co.uk

* Terms and conditions apply: offers end 31st May 2021, only one offer can be used per household.
 Not available in conjunction with any other offer. Subject to availability.



**BLACKLOCK
 CARPETS**

- Luxury Vinyl Tiles
- Carpets
- Vinyls • Laminates
- Carpet Tiles
- Engineered Woods

BROCKWAY
 CARPETS

Penthouse
 Carpets

Cavalier
 CARPETS

Karndean
 Designflooring

WESTEX
 FINEST QUALITY CARPETS



Tel: 0115 9222 586
114 Station Road, Beeston NG9 2AY

Parking on the tarmac area at the front



VISIT OUR WEBSITE:

www.blacklockcarpets.co.uk

young creatives

Call for Entries for Nottingham's
Young Creative Awards 2022



Young people from across Nottingham have been busy submitting their entries for this year's Young Creative Awards, ahead of the deadline on 25th April 2022.

The Young Creative Awards supports and nurtures the creative talent of young people who live, work or study in Nottingham. Now in its fourteenth year, the Young Creative Awards is open to anyone aged between 11 and 24 years of age. Entering the awards is completely free. In total there are eleven different categories: Animation & Digital Media, Creative Writing, Dance, Design & Architecture, Fashion & Textiles, Film, Graphic Design, Music, Photography, Theatre and Visual Arts.

Young Creative Awards winners receive cash prizes, plus industry experience, mentoring and training opportunities. Previous entrants have gone on to design clothing for Beyoncé, become published authors, perform at the BBC Proms, set up their own successful businesses and develop exciting careers in the creative industries. Last year, illustrator Kate Sharp (a winner in the Graphic Design category in 2020) was commissioned by Awards sponsors CarShop to design a special Nottingham-inspired car wrap for one of their courtesy cars.

In 2021 a group of Young Creative Awards winners and finalists also collaborated to produce 300 special activity boxes, full of creative ideas and materials, which were distributed to young people via four city food banks.

Dancer and artist Jamal Sterrett Phoenix was a Young Creative Awards winner in 2015. Jamal – who last year performed on ITV “idents” between programmes – talked enthusiastically about how the Young Creative Awards exposes and connects the work of young creatives to a wider audience. He said: “I never entered believing I would win. I did it because it's free and presented itself as an unturned stone on my life path. As an artist it's important to turn all the stones, not all of them will lead to greater things, but every small stone makes the path smoother.”

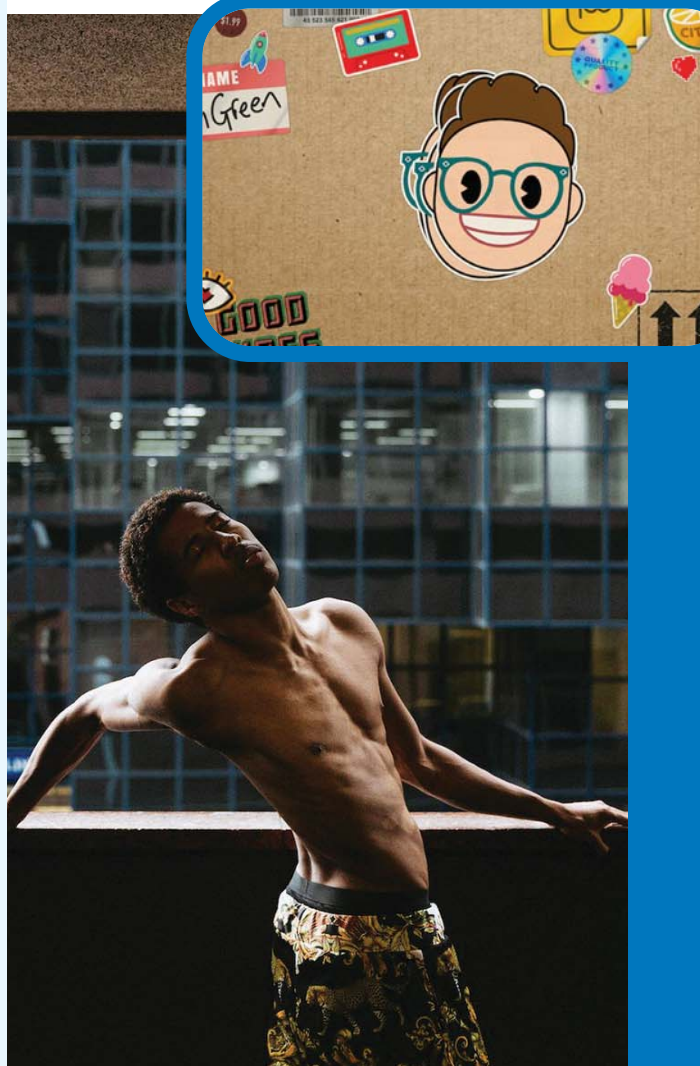
NTU graduate Em Green was a winner in the Animation & Digital Media category in 2020. Em, now a Junior Animator & Designer at Tinmouse Animation Studio in Chesterfield, encouraged young people to enter. They said: “Do it! You might get some great opportunities directly from winning an award or taking part – like a placement, interview or invitations to speak at events, as I have recently. There are so many other indirect benefits though. Awards are a great subject to bring up in job interviews, but they also give you a big boost of confidence that what you're making is great as lots of people think that too.”

All of this year's winners and finalists will also receive free Affinity professional creative software thanks to Nottingham-based firm Serif, who are one of the headline sponsors of the 2021 Young Creative Awards.

Stacey Richards, Head of Human Resources at Serif, said: “We're really pleased to be sponsoring the Nottingham Young Creative Awards for the third year running. It's fantastic to be involved with a local event that helps encourage and develop local creative talent, something that is particularly important to us being in the creative industry. Those who have been on the judging panels from Affinity have seen such a high level of talent over the last couple of years and can't wait to see this year's entries.”

Entries can be submitted up until 25th April, so there is still plenty of time to get involved. The Young Creative Awards is made possible thanks to sponsorship from a range of local and national companies and organisations. These include: Broadway, CarShop, Confetti Institute of Creative Technologies, Dance4, Maber, Nottingham College, Nottingham Music Hub, Nottingham Trent University, Romo, Skeleton, STENCIL, University of Nottingham and Walkgrove.

More information is available online at www.youngcreativeawards.org



FREE UNDERFLOOR HEATING

in **EVERY** conservatory we create

visit klg.co.uk/freeoffer

To make sure you can enjoy your extra space every day of the year

KLG
RUTLAND



OVER 45
YEARS
EXPERIENCE

KLG
RUTLAND
PRICE
PROMISE

0% APR
INTEREST
FREE CREDIT*

10 YEAR
GUARANTEE
★★★

MADE IN
BRITAIN
🇬🇧



Come and find out what we could offer your home, in our lovely showroom full of conservatories, orangeries and more.

Visit our website to read our independent customer reviews.

www.klg.co.uk ★ REVIEWS.co.uk

BEESTON SHOWROOM

0115 922 11 55
Queens Road East NG9 2FD

ILKESTON SHOWROOM

0115 944 12 12
Nottingham Road DE7 5BB

SHOWROOMS OPEN

Mon-Fri: 9.00 - 17.00 Sat: 9.30 - 15.00 Sun: 10.00 - 14.00 (Beeston only)

For full offer terms and conditions visit www.klg.co.uk



Assure
Certified Installer



Products are produced on our premises in Nottingham by our manufacturing arm Archer Systems

f KLG Rutland
www.klg.co.uk

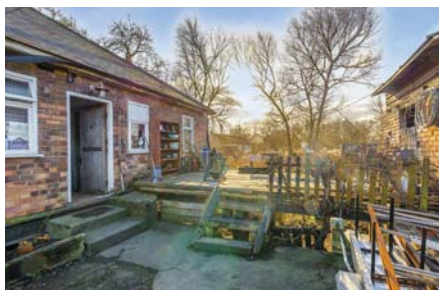
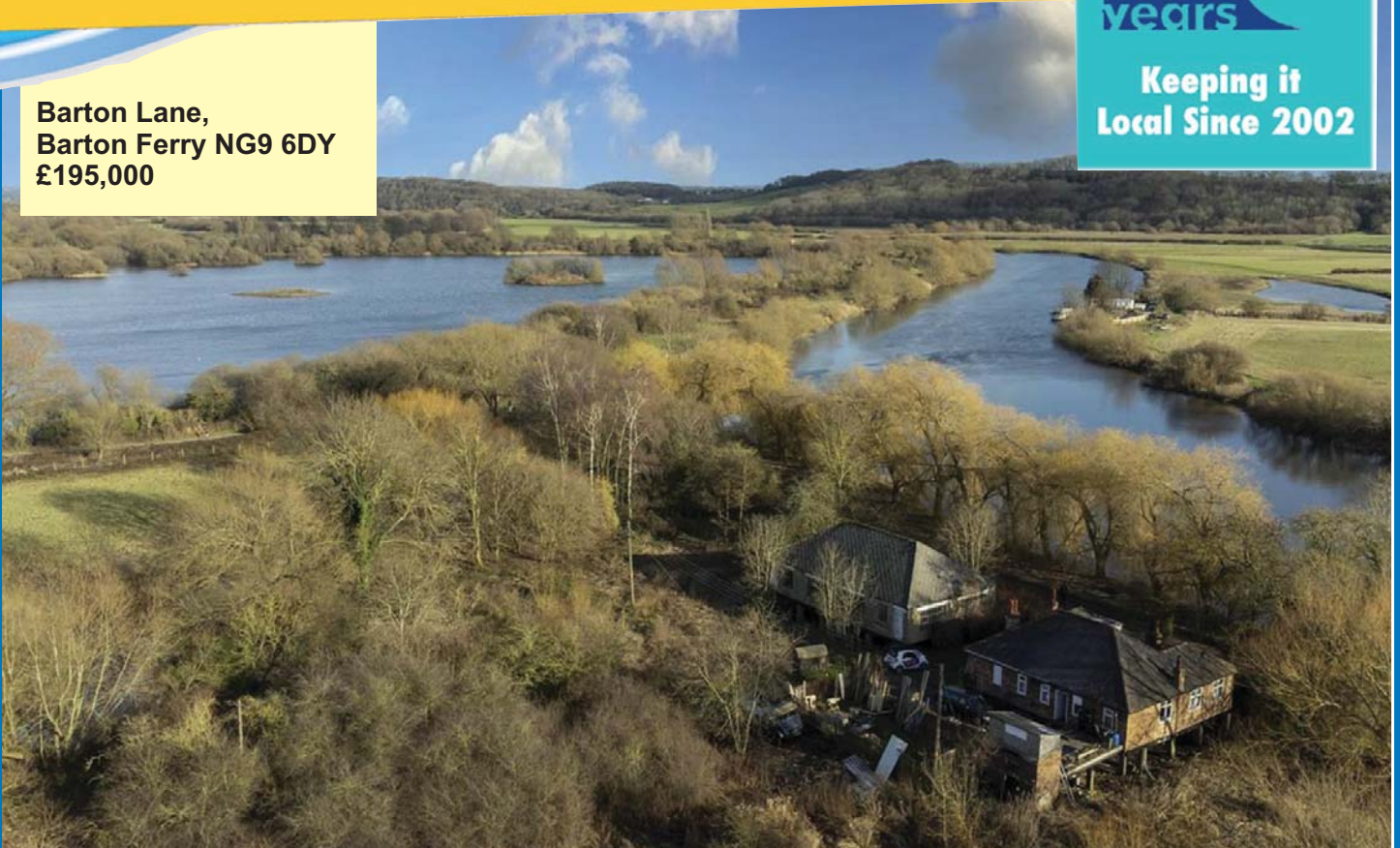
Images for illustration purposes only. *Credit is subject to application and status. Terms and conditions apply. Minimum order £1,000. KLG Amazing Glazing Ltd is authorised and regulated by the Financial Conduct Authority. KLG Amazing Glazing, The Mill, Queens Road East, Beeston, Nottingham NG9 2FD act as a credit broker and not the lender. Credit is provided by Hitachi Capital Consumer Finance, a division of Hitachi Capital (UK) PLC authorised and regulated by the Financial Conduct Authority.

property of the month



Keeping it
Local Since 2002

Barton Lane,
Barton Ferry NG9 6DY
£195,000



A three bedroom chalet style house occupying a simply stunning location in the heart of Attenborough Nature Reserve with picturesque views of the River Trent and reserve, this is a once in a lifetime opportunity.

Requiring comprehensive renovation and structural improvement, the property briefly comprises: Entrance hallway, store room, kitchen, sitting room, dining room, snug, WC, bathroom and two bedrooms to the ground floor. Rising to the first floor is a further bedroom.

Outside the property has hard standing for a vehicle, garden and both fishing and mooring rights upon the River Trent.

Available to the market with chain free possession, this truly rare property can only be appreciated through viewing.

AVAILABLE TO CASH BUYERS ONLY

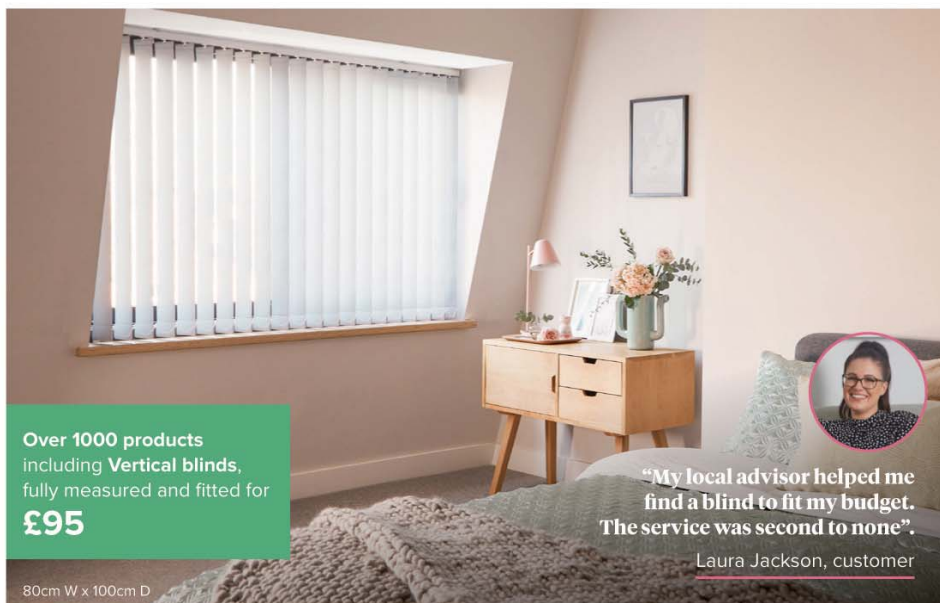
For more information contact Robert Ellis
12 High Road, Beeston, Nottingham, NG9 2JP

Email: beeston@robertellis.co.uk
Telephone: 0115 922 0888

HILLARYS

Ilkeston

✓ Friendly in-home service ✓ Options for every budget ✓ Price includes measuring & fitting



Over 1000 products including **Vertical blinds**, fully measured and fitted for **£95**

80cm W x 100cm D

"My local advisor helped me find a blind to fit my budget. The service was second to none".

Laura Jackson, customer

YOUR LOCAL BLINDS, CURTAINS & SHUTTERS SPECIALIST

- I provide expert advice on the best window solutions
- Flexible appointment times
- Blinds & curtains tailor-made here in the UK
- Ask me about multi-blind discounts
- I won't be beaten on price*
- Electric blinds available

ROLLERS | ROMANS | VERTICALS | VENETIANS | CURTAINS | SHUTTERS | WOODEN BLINDS

Call me for a free in-home appointment:

Lucy Cartwright 07435043860

*Based on the same spec, size & levels of service.



MA
moore
associates
physiotherapy

move well. move more. move happy.

- Experienced Chartered Physiotherapists
- We take the time to get to the root of the problem so that we can help you get moving better - sooner
- Specialists in musculoskeletal problems such as neck, shoulder, knee or low back pain, arthritis and sports injuries
- Respiratory physiotherapy to help with breathing problems
- Experts in rehabilitation including neurological conditions such as Stroke, Parkinson's Disease, MS and for older people who may have lost confidence or fallen
- All major insurance accepted or self-pay
- From £45 assessment £30 follow up. Home visits £50-£65



Are you struggling to access healthcare?

Private physiotherapy may be the solution



Strict COVID processes mean we can continue to see you in clinic or your own home

Call us or book online

Telephone: 0115 922 6600

www.mooremovement.co.uk



beeston players



Keeping it
Local Since 2002

Bringing joy to the local area since 1968, Beeston Players are all set to communicate their latest play...

Beeston Players are pleased to announce that May 2022's play is **Communicating Doors** written by acclaimed playwright **Alan Ackybourn** at Round Hill School, Beeston on **Wednesday 11th May to Friday 13th May at 7:30pm** and a **matinee on Saturday 14th May at 2:30pm**.

Communicating Doors is an intricate time travelling comic thriller by the British master of farcical comedy which has delighted London and New York audiences.

A London sex specialist from the future stumbles into a murder plot that sends her, compliments of a unique set of hotel doors, travelling back in time. She and two women who were murdered in 1998 and 1978 race back and forth in time trying to rewrite history and prevent their own violent ends. The frantic race begins when Poopay is hired for an evening at the Regal Hotel by an old man who eschews a fling in favour of confessing his role in the demise of his wives. Now a target, Poopay flees into the vestibule and somehow triggers the time machine.

The Beeston Players were formed in 1968 and have performed in Beeston and Chilwell area throughout this time. Rehearsals and weekly meetings are on Mondays 7:30pm to 9:30pm at the Haven Centre in Stapleford. New members are always welcome.

Tickets for Communicating Doors are available to buy on line <http://beestonplayers.org/tickets> or on the door or by mobile on 07722 551387



Inspire Learning

Nottinghamshire

**Celebrate Summer
with New Skills!**

FREE*
and low
cost
courses

Courses in Beeston, Stapleford
Libraries & beyond

BOOK
your place
today!



Aged 16-24? Earn up to £100 a month
studying with us* – child benefit is not affected

Summer 2022 course guide out now!

[Inspireculture.org.uk/learning](https://inspireculture.org.uk/learning) | 01623 677 200 | learning@inspireculture.org.uk



Inspire
Culture | Learning | Libraries

working with



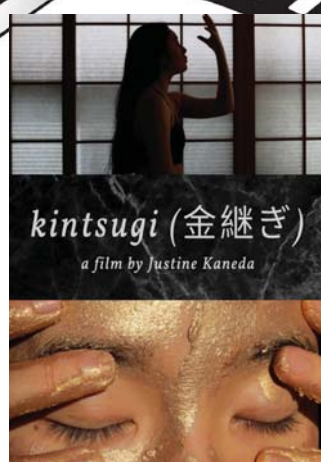
**Nottinghamshire
County Council**



**Education & Skills
Funding Agency**

beeston film festival

Celebrating and showcasing international short films in the heart of its community



The posters have come down. The floors have been swept. The audience has gone home. Another Beeston Film Festival has come and gone.

And it was brilliant! After all, what can be better than spending a whole weekend in the cinema, watching films from all around the world, surrounded by friends and film-lovers? After the last couple of online festivals, we're so happy that we were able to bring our festival back into the physical world, to mingle once again with our fellow Beestonians.

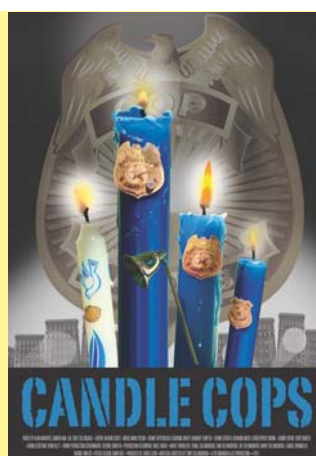
As always, it's been an emotional roller-coaster for the audience. From belly laughs to thrills and chills, there was something for everyone. And how about those B'Oscar nominated films? Talk about high quality! The bar is raised higher and higher every year, and film-makers just keep excelling themselves.

Speaking of film-makers, we're pleased and proud to have hosted several of the people behind this year's fantastic films, from as far away as Israel, Peru, Denmark and Spain. It's always great to have the film-maker in the room when watching their work, especially when you can grab a drink and chat with them about it afterwards!

This year saw a couple of new developments for the festival. There was the introduction of music videos, sprinkled in amongst the sessions, celebrating both the creativity behind the visuals and the great songs themselves. Directors like Michael Bay, Spike Jonze and David Fincher all got their start in music videos, so we felt it was about time we showed them some love! We also introduced a showcase of Iranian films, with the aim of perhaps making this a yearly thing; each year we can focus on a different country, a different cultural outlook and perspective.

"We hope you enjoyed the festival as much as we enjoyed running it – if you have any feedback for us, head over to our website beestonfilm.com and drop us a line! And if you're a Beestonian film-lover like we are and want to volunteer and get involved, we're always on the lookout for new friends.

Unfortunately we weren't able to get our pictures or the B'Oscar Award results into this article, but have no fear! We'll be back in next month's Breeze with an awards retrospective and plenty of great snaps from the night! Catch you then!"





SPRING sale

UP TO

HALF PRICE

ON A CHOICE OF CARPETS & BEDS

Plus every carpet
fitted free*



**LUXURY
CARPETS**
from
£9.99m²



Plus
NO DEPOSIT
up to
4 Years
Interest Free
Credit**

**SPECIAL
OFFER**
Artificial grass
from
£5.99m²





**SHOP&PAY@HOME
FREE SERVICE**
Available at our Workshop store only

FREE
MEASURING
& ESTIMATING

We'll beat any quote*

OUR FREE SERVICE FOLLOWS HEALTH & SOCIAL DISTANCING GUIDES WHEN VISITING YOUR HOME

**Divan
package
deal**
from
£399



Accessories not included

**BELGRAVIA
PACKAGE DEAL**
INCLUDES:

- ✓ DIVAN BASE
- ✓ MATTRESS
- ✓ 2 DRAWERS
- ✓ HEADBOARD
- ✓ DELIVERY

LAMINATE
from
£9.99m²



Laminates at
LOW LOW PRICES

VINYL
from
£8.99m²



Huge choice of
VINYL

CARPETS
from
£3.99m²



Huge range of
CARPET

• Huge choice of rugs, laminates & vinyls
• Carpet from £3.99m² • Every carpet fitted free*

UNITED CARPETS


WOODFLOOR & BEDS

High Street, **Long Eaton**, Nottingham NG10 1HY
Tel: 0115 973 6336 Opening Hours: Mon-Sat 9am-6pm, Thur 8am-8pm, Sun 10am-4pm
www.unitedcarpetsandbeds.com **SHOP: IN STORE/ONLINE/MOBILE**

† Offer available on selected products. Products subject to availability. *Every carpet fitted free applies when you buy the equivalent size of our Airstep or Treadmore underlay. Stair surcharge applies. Free fitting offer applies to carpet & underlay only. Stocks vary from store to store. Colours in photos may vary slightly due to print quality. United Carpets accept no responsibility for printing errors. •Terms & Conditions apply. **Interest free credit available up to 4 years, payable monthly. United Carpets and Beds is authorised and regulated by the Financial Conduct Authority in relation to credit broking. Minimum order applies.

FREE UNDERLAY
UPGRADE

On production of this voucher at United Carpets Long Eaton. Not to be used in conjunction with any other vouchers.



RENEWABLE ENERGY

ENERGY BILLS HAVE INCREASED - WE CAN HELP

Battery and Solar Energy are the future and can reduce outgoings

You do not need solar panels to have battery storage,
so why not get in contact today!

NE Renewable Energy, has 20 years experience in the electrical industry

Our company offers - Solar Pv - Battery storage systems - EV charging points
Electrical - Installation - Maintenance - Inspection & Testing


Contact Nick at NE Renewable Energy










20 Hope Street Beeston Nottingham NG9 1DR

T: 0115 9222 068

M: 07944 756 886

W: www.3neg.co.uk



spot the ball..



**Remember this?
We're looking to return
it to our pages.**

**If you are a local team and want
to take part please email us at
info@breeze-magazine.co.uk**

Can you spot where the ball should
be? Answer on page 28.

*Here's the boring stuff, you must be
able to get consent for publication in
print and on-line from parents or guardians
of anyone under 16 that will be featured.*

DELIVERERS WANTED



**Are you responsible?
Want to earn some extra cash
and enjoy a bit of exercise whilst doing so?**

Areas needed

Beeston: Hillside Rd Area

Chilwell: Woodland Grove / Hall Drive Area

Chilwell: Redwood Cres / Cartwright Way Area

Email: distribution@breeze-magazine.co.uk
or TEXT 07974 746 722

Please send us the following:

Your Name Age, Steet Name and a Contact Number

We will get back to you - Thank you



Nottingham

Building & Roofing LTD

A Local Family Business

**ALL ASPECTS OF ROOFING AND
BUILDING WORK UNDERTAKEN**

No Job too Big or too small

Flat Roofs • Roof Repairs • Chimneys
Leaks • UPVC Fascias • Guttering • Fencing

Contact John for free quote or advice
info@nottinghambuildingandroofing.co.uk
[www. nottinghambuildingandroofing.co.uk](http://www.nottinghambuildingandroofing.co.uk)

0115 871 5101 • 07435 028 074
0800 474 8938



Sliding Door Wardrobes Ltd



Quality
made-to-measure
fitted wardrobes

Just for you!

- 100's of designs
- Free design & quote
- 10 year guarantee
- Family business over 20 years
- We only use our own fitters
- Honest pricing policy
- All made in-house
- Fit within 3 weeks of order
- Installation within 1 day



Book your free design visit now

0115 975 6633 - wardrobesonline.co.uk

Beautifully Crafted Sliding Door Wardrobes & Bedroom Furniture

Factory showroom: Southglade Business Park, off Hucknall Road, Nottingham NG5 9RA

on your bike!

30
years

Keeping it
Local Since 2002

With sunny weather predictions coming in early this year, experts advise Brits on how to cycle safely in the sun. British leisure bike brand gives tips on what Brits should be doing to ensure a smooth ride when out in the sun.

The crisp Spring sun can make it tempting to get outdoors for a scenic bike ride, but it's essential to protect ourselves when in the sun and make sure we're adequately equipped for the journey. Things like applying SPF and staying hydrated are crucial for a safe journey.

When heading out for a bike ride in the sun, there are essential things to consider: making sure we have dressed appropriately in lightweight, breathable clothing.

A spokesperson from said: "Cycling in Spring is beautiful, the weather picks up, which makes it a lot more enjoyable, but we want people to cycle safely and take care of themselves and others."

"One of the most important things we can do is protect ourselves from the sun. This means planning our routes, wearing appropriate clothing and staying hydrated on the journey."

"These things apply to everyone - adults and children, professionals and beginners."

"You shouldn't compromise on any of these things, really, and by doing them, you can enjoy spring cycling knowing you're doing it safely."

Cycle Safety

Stay hydrated

It's essential to stay hydrated whilst out in the sun, so it's worth investing in a water bottle and a holder that you can attach to your bike for easy access.

Remember, you're losing even more body water from sweating in the sun, so replacing this with water is important to avoid becoming dehydrated.

Keep fueled with food

Energy can be quickly drained in the sun, and that's why you should keep yourself fueled with food if you're planning a long journey. Snacks like dried fruits and nuts are good for refuelling your energy.

Dress weather appropriately

Whether you cycle professionally or just for leisure, you must dress appropriately for the sun. Ideally, you'll want lightweight and airy clothes to keep you cool while you cycle. This goes for your helmet and shoes, and try to find some that are breathable and have good ventilation.

Invest in some cycling sunglasses

Like driving, it's vital to protect your eyes from being dazzled by the sun. That's why it's advised that we wear sunglasses when cycling. Unfortunately, your stylish aviator ones won't do the trick. You'll want to invest in proper cycling sunglasses that are secure and will stay on while you're cycling.

Apply SPF

It's crucial to protect your skin when in the sun for long periods, so before heading out on your bike, ensure that you are covering any exposed skin with sunscreen - face, neck, hands, arms and legs.


Plan your route carefully

Going for a bike ride in the sun's peak with no shade probably isn't the best idea. Try to plan your ride either before or after the sun hits its peak if the temperatures are high. It's also worth trying to head for a route that isn't completely exposed to the sun. Riding in shady spots will allow your body to cool off for short periods.




ROOFER

EST 30 YRS+



- ✓ All roof works undertaken
- ✓ Chimney capped repointed
- ✓ Cows fitted
- ✓ Repair to slates, tiles etc.
- ✓ All gutter repaired & replaced
- ✓ Storm damaged
- ✓ No job too small
- ✓ All work guaranteed
- ✓ Special discount for senior citizens



For a free quotation call **Paul**
0115 9202034
Or 07973952361

A.G.S PLUMBING, HEATING & GAS

- Gas Safety Certificates
- Central Heating Installs
- Combi Boilers Installs
- Cookers / Fires
- Small Jobs welcomed
- Cheap Rates on Servicing
- OAP Discount
- Worked locally for over 10 years

safe 224299

NO VAT



Call Stephen on **0115 8 547 602** or **07811 954834**
31 Thorndyke Close, Beeston Nottingham

Dance off the Easter Eggs

Start Dancin'

Christchurch Hall Chilwell

Quickstep Workshop
at Mapperley
Sunday 17th April 2022
Beginners session starts at 2.00pm
Further Sessions at 3, 4 & 5 pm

Quickstep & Rumba Course
A new 7-week course starts on
Wednesday 20th April 2022
Beginners start at 6.45 pm
Intermediates at 7.45 pm
Advanced at 8.30 pm

To register:
email: doug@startdancin.co.uk
phone: 07760 112277
www.startdancin.co.uk



Award Winning Plumbing and Heating Engineer

mchurch

PLUMBING & HEATING



- All Plumbing & Gas Work Carried Out
- Combi Boiler Specialist
- Boiler Repair Service
- Central Heating Repair
- Power flushing
- Bathrooms

Autumn/Winter Offer:

Boiler Serviced only £48

Fire Serviced only £48

Both for ONLY £84

Control Your Energy
Control Your Bills
with a smarter thermostat



City & Guilds



safe 535381





Tel: 0115 808 8012 or 07969 116189
mchurchp-h@hotmail.co.uk

visit us online @ www.beestonwindows.co.uk

BEESTON WINDOWS

uPVC WINDOW & DOOR REPAIRS

The Window & Door Repair Specialists

Misted or Broken Glass Units, Door & Window Handles, Locks, Hinges

CONTACT PAUL
t: 07535 704 648

EMAIL: info@beestonwindows.co.uk
VISIT: www.beestonwindows.co.uk

- ALL WORK GUARANTEED
- FREE QUOTES AND ADVICE



Force 9 Systems Ltd

LOCAL

Fire Alarms, Intruder Systems, Extinguishers & CCTV Security
Domestic & Commercial

Installation & Maintenance -
Annual Service Contracts available.

Free Surveys/Quotations.

App Based Monitoring.

Fully Insured and Accredited.

0% Finance available FCA Registered.

10% O.A.P Discount.

Easy to fall victim.....
Easier still to prevent it.

Agents: **HIKVISION**

4 Cross Street, Beeston, NG9 2NX

CALL 07547 777528

Finance available through Kanda: Force 9 is an Introducer Appointed Representative of Kanda. Kanda is a trading style of Kanda Products & Services Ltd, (see enquire for all details regarding our finance option)



what's on

Bowls Club...

Beeston Unity Bowls Club at Beeston Unity we are eagerly looking forward to the first week in May when our green will be opening for our first full season since 2019. We have a full programme of fixtures so lots of opportunities to get involved.

The club is currently experiencing a revival. Although we have lost a few players we have also gained a few and there is starting to be a real buzz about the club both on and off the green. We have always been a competitive club but we are also a friendly and welcoming club. The clubhouse is currently getting a makeover which will improve our facilities for both ourselves and our visitors.

There are lots of health benefits to playing the game of Bowls with exercise and fresh air being the main ones. I'm sure we have all been glad to get out and meet people again and what better way to do that than joining a Bowls club where for a couple of hours or so you can make new friends and forget all your troubles as you immerse yourself in the game.

Would YOU like to be part of Beeston Unity Bowls Club? If you are a bowler and new to the area we would be glad to welcome you to our club. Or are you thinking of taking up the game, if you are we can help and support you as you learn all about the game of Bowls. **You can find us on Facebook – Beeston Unity Bowls Club – and you can contact us on either of these two numbers:- Mick Towilson 07516 474284 or Malcolm Potter 07746 663063.**

Our green is located on Broadgate Recreation Ground and nearer to the start of the season there will be a list of our fixtures on the board by the gate.

Do come along to a home match and make yourself known to us. We have a good selection of bowls to choose from if you are new to the game and we're happy to help and support you in your enjoyment of the game that we've enjoyed for so long.

Beeston Wildlife

Beeston Wildlife Group is a group of enthusiasts affiliated to Nottinghamshire Wildlife Trust.

They aim to engage others in the whole wildlife experience by providing access to a range of walks and talks.

Their April talk will take place on **Monday 25th April 2022 at 7.30pm** and is entitled **Bird Migration - The Latest Discoveries by Nigel Slater**. This talk will have you marvelling at the miracle of migration. Using the very latest technology, we are discovering incredible facts about the journeys birds make across the planet. Find out where, why, when and how birds migrate. Truly amazing!

£3 Adults, Children free. Trent Vale Infant School, Trent Road, Beeston Rylands, NG9 1LP.

If you would like to find out more information or speak to someone about the group please contact Nigel Slater on 0115 916 6518 or visit www.beestonwildlifegroup.org

Afternoon Choir

Afternoon of choirs with
**Beeston Voices, West
Bridgford Social Singers,
Unreliable Voices and Harlequin**

Where: St. John's Parish Church
Beeston

On: Saturday 14 May

Time: 2pm Free Entry

Raising money for refugees
Donations welcome,
Raffle

Wellbeing Café

Free Groups for Older People in the Long Eaton Area

The Wellbeing Café is a free group for older people living alone, or for carers to attend with their loved one.

We provide free tea and cake, a weekly reminiscence session, activities, games and information about local support services.

The group meets on a Tuesday afternoon.

Singing for the Brain is an initiative by the Alzheimer's Society.

It is a free, fun, relaxed group taking place on a Friday afternoon. No singing experience is necessary to be able to join in and exercise your voice, body and brain!

**Both groups are at All Saint's Church hall, Sawley
If you would like to register for either group or want to
know more, please contact Janet on 07906 367553**

Volunteer?

BRITISH HEART FOUNDATION APPEALS FOR VOLUNTEERS IN BEESTON

The British Heart Foundation (BHF) is encouraging the people of Beeston to volunteer in their nearest shop located on Beeston High Road to help raise funds for life saving research.

The BHF has plenty of exciting volunteering roles available, for those looking to support their local community, increase their wellbeing and widen their social network in the local area – while supporting a good cause and helping the environment.

"The gift of time is vital to the British Heart Foundation, and we rely on the generous support of the public. Every hour given will help us

raise funds to support the people in Beeston living with heart and circulatory diseases."

This year, the BHF will save around 71,000 tonnes of goods from going to waste, by selling over half a million pieces of living room furniture and 14,000 tonnes of preloved clothes.

Every pound raised in BHF shops helps the charity to support those living with heart and circulatory diseases. Your gift of time can help the BHF, help them.

**For more information contact the shop on 0115 9678104 or email
B15@bhf.org.uk.**



UP TO 50% LESS THAN A NEW FITTED KITCHEN

by simply replacing the doors and worktops

DREAM DOORS®

NEW LIFE FOR OLD KITCHENS



BEFORE

AFTER

MODERN

CLASSIC

TRADITIONAL

CONTEMPORARY

- › Replacement kitchen doors
- › Cost effective made to measure solution
- › Worktops and appliances
- › Quick installation in 2-3 days by local professionals

Checkatrade.com
Where reputation matters **9.8/10**

39 Wollaton Road,
Beeston,
Nottingham, NG9 2NG

Call us now for a free estimate:

0115 874 1428



UK MANUFACTURED

dreamdoors.co.uk

THE UK'S #1 KITCHEN MAKEOVER COMPANY

gardening...

Get the Bridgerton garden look...

20 years

Netflix's hotly anticipated regency drama is back for a second season and not your average garden centre, Dobbies, is here to show you how you can recreate the gorgeous outdoor spaces seen on the show.

Perfectly manicured lawns, extravagant water features and breathtaking flower displays come together on screen to create the ultimate Regency core aesthetic, with some of the UK's most notable estates, including Hatfield House, Castle House and Windsor Great Park, acting as a backdrop to the drama.

Set to be a popular trend for summer 2022, we caught up with Dobbies' Horticultural Director, Marcus Eyles, to find out how you can get the Bridgerton garden look and create an outdoor space worthy of Lady Whistledown herself.

Many of Bridgerton's scenes see the characters walking through grand country estates full of ornamental topiary and impressive borders that might seem challenging to recreate on a smaller scale. However, Marcus advises that well-groomed shrubs and colourful borders will give you a similar effect.

Marcus said: "A great way to get the Regency look as seen on the show is with creative topiary, which is the art of trimming trees and shrubs into shapely sculptures. This is a fantastic way to make a statement and give your garden a grand look and feel, however, it can take some

time to perfect your sculpting skills. An easy alternative is to neaten up your shrubs and give them a good trim to ensure clean lines. This will give your garden structure and is a good way to give your beds and borders a tidy look without too much hassle."

Marcus said: "Planting is one of the most enjoyable spring gardening jobs and you can achieve some fantastic Bridgerton colour with summer flowering bulbs like Dahlias, Bagonias, Lilies and Gladioli.

Climbing plants like Wisteria adorn the grand homes in Bridgerton, giving the buildings a decadent air. To get the look, a statement pergola with climbing greenery will add a touch of grandeur to your garden, and give you the perfect space to enjoy a spot of high tea in summer months – and what could be more Bridgerton than that?

Marcus said: "Climbing plants such as Clematis montana and Sweet Peas work well with most structures and will create a striking effect in any space.

To complete your Bridgerton inspired garden, Dobbies' Visit www.dobbies.com.



Martin Page *Your Local Tree Surgeon*
many times recommended

Charnwood tree services

Have you considered your trees may need some maintenance from time to time?
Are your trees maybe too tall? Blocking light, unsafe or untidy?
Or maybe you need to remove that stubborn tree stump.
Do your hedges, Conifers or shrubs need trimming?
With 30 years of experience working with trees in your area I would be pleased to offer you free advice and a free quotation.
I also sell high quality hardwood logs.

- Fully Insured
- Local Family Business
- Clean & Tidy Service

from Chilwell to Trowell

Call me now on **0115 906 8680**
www.chnwoodtrees.com

Nottinghamshire Tree Services
Specialising In The Following:

- Tree Felling • Tree Pruning
- Conifer Trimming & Reducing
- Hedge Cutting
- All Waste Removed
- NPTC Certified Contractors
- Fully Insured
- Free Estimates

Over 20 Years Experience

Mobile: 07970 252032
Tel: 0115 917 8026

E-Mail: Nottstrees@hotmail.com
Beeston, Nottingham | All Areas Covered

Stay Safe



TOGETHER, WE'RE BUILDING A NATION OF LAWN LOVERS

REVOLUTIONISING LAWN CARE

With our passion for innovative solutions and most importantly,

our love for lawns, we'll ensure

your lawn takes pride of place as your garden's crowning glory, all year long.

Let's create the lawn we both love

GreenThumb
LAWN TREATMENT SERVICE

Start your Lawn Care journey today:
Call: 01780 461146 Visit: greenthumb.co.uk
Email: nottssouth@greenthumb.co.uk

FROM JUST
£15*
PER TREATMENT
* Based on a lawn size up to 40m²

Installing patios & driveways throughout Nottingham for over 25 years



- Tarmac
- Block Paving
- Imprinted Concrete
- Resin Driveways
- Patios
- Landscaping
- Garden Walls & Fences

0115 8717906
edpaving@gmail.com
www.edpaving.com
3-5 Carlton Road, Long Eaton,
Nottingham NG10 3LF

Cut Above Landscapes
And Gardening Service Limited

CUT ABOVE THE ORDINARY WITH OUR UNIQUE DESIGNS TAILORED JUST FOR YOU - TO SUIT YOUR BUDGET

Landscaping, Patios, Lawns, Walls, Fencing, Decking Block Paving, Plants, Trees and Water Features

For a garden that's a cut above
Tel: 0115 9724956 or 07980 236120
www.cutabovelandscapes.co.uk

Specialist in Creative Wildlife Gardens

- Conservation Management
- Ponds and Waterfalls

BESPOKE WILDLIFE PONDS
Planting Schemes and Rockeries

- Pond Maintenance and Re-planting

GARDEN DESIGN
Consultations, Sensory Gardens and Nature Trails

- BSc in Environmental Conservation
- Wildlife Gardening and Mowing

J.K. Conservation Projects
Call Jack on 07425 524 092
Email: gardensofwildlife@gmail.com
Previous work at www.jkconservationprojects.co.uk

Bestwood MVC's 2022 Spring Concert

oh, what a night!



Bestwood Male Voice Choir was delighted to be back singing live last month, with a Spring Concert at Hucknall Central Methodist Church, celebrating the life and legacy of the Choir's founder, Len Hogg.

The concert was a huge success, with a capacity audience and raised £1,300 which was donated in full to the fund for 7 year old Leila Hallam, from Calverton who has rhabdomyosarcoma, a rear life threatening children's cancer. The fund was originally formed to take Leila and her family to Disneyland but having already passed the target of £20,000, the family have decided to donate any additional money to the Rhabdomyosarcoma Clinical Trial.

Only a week before the event, the choir was concerned that ticket sales were quite low but word soon got round and on the night it was wonderful to see the church packed out. With the Ukrainian flag respectfully draped over the compere's rostrum, the concert got off to a very emotional start with everyone standing as the Ukraine National Anthem was played over the church's sound system.

After a long enforced 'covid break', the audience showed tremendous appreciation for Bestwood MVC's repertoire with some old favourites including the 'Lord's Prayer', 'Take me home' and the appropriate and ever popular 'What would I do without my music?'. Under Musical Director Mirek Rus and with accompanist Philip Miles making his debut concert performance, new items such as 'The fields of Athenry', 'Shine' and 'The Water is Wide' were also included.

As if that was not enough and adding, lovely contrasting voices, Bestwood MVC was joined for this special occasion by the wonderful Rolls-Royce Ladies Choir from Derby, under their Musical Director Christine Hunt and accompanied by their pianist John Lord.

Holding the whole evening together with his usual brand of humour, jokes and one liners was Bestwood MVC's President, Compere and member of the baritone section, John Pritchard. It was also John who suggested that the proceeds from the concert should go towards Leila Hammond's charity, which was boosted by both choirs and Hucknall Central Methodist Church very generously waiving their fees.

If any men are interested in joining Bestwood MVC, they are always looking for new members of any age and would welcome anyone interested on Tuesday evenings, 7.30pm – 9.30pm at Bestwood Village Social Club or visit www.bestwoodmvc.org.uk for more information.

About the choir...

The Manor of Bestwood, a royal hunting lodge on the edge of Sherwood Forest, was granted to Nell Gwyn, mistress of Charles II who lived there with their young son, the First Duke of St Albans. The present Bestwood Lodge was built in 1858 by the tenth Duke who leased the land and mineral rights on the estate to the Bestwood Iron and Coal Company. Mining commenced in 1872 and continued until 1967.

In the autumn of 1952, Len Hogg came to Bestwood as Colliery Manager and very soon afterwards the Choir was formed under the name of "Bestwood Colliery Male Voice Choir". However membership was never confined solely to workers at the colliery so that within the first year, the name was changed to the "Bestwood Male Voice Choir" which still continues today. The Choir gave its first concert in Bestwood Village Hall in November 1953.

Over the years, the choir's achievements have been considerable, having numerous successes at musical festivals and engagements with some of Britain's finest choirs and regimental and brass bands, at the same time raising thousands of pounds for local and national charities.

Overseas travel and hosting of visiting choirs have resulted in memorable visits to Malta, Canada the United States, Germany, France, Holland and Poland.

The choir now numbers over 40 singers and is proud to be mentioned in the "Who's who" entry of His Grace the fourteenth Duke of St Albans, our patron.

If you would like the Choir to sing at your event, please contact our Concert Secretary, Gary Hallam at choir@bestwoodmvc.org.uk



CE APPROVED

Now only £895*
for a fully fitted electric garage door.
WAS £1,354 INCLUDING VAT.
Gotta get a Garolla.

Trustpilot
4.8 out of 5 (Over 2,800 reviews)

WHAT'S INCLUDED WITH EVERY DOOR:

- FREE EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space.

Give us a call today and we'll come and measure up completely **FREE** of charge.

GAROLLA
ROLLER SHUTTER DOORS

www.garolla.co.uk

CALL US TODAY ON:
0115 882 0130
MOBILE:
07537 149 128

LINES OPEN 7 DAYS A WEEK

*Offer valid for openings up to 2.6m wide & including 2 remote controls, 55mm white slats, internal manual override.

JH HEARING
Jackson & Herrod

THE NOTTINGHAM
HEARING PRACTICE
INDEPENDENT HEARING SPECIALISTS

The Highest Rated Hearing Care Provider In The East Midlands

- Over 50 years experience
- Fully independent advice
- Free trial of any hearing aids
- All models available (inc rechargeable)
- Latest earwax removal techniques
- Noise protection
- Tinnitus advice

WE ARE OPEN!
We have adopted all recommendations for clinical practice with your safety in mind.

Check out our amazing reviews at www.nottinghamhearing.co.uk

Google ★★★★★

Trustpilot ★★★★★

THE NOTTINGHAM HEARING PRACTICE LTD
93 High Road, Beeston, Nottingham NG9 2LE
Email: info@nottinghamhearing.co.uk
0115 857 2900

HCPC-registered BAA Members of BAA

BSIPA Members of BSIPA

Call Allan at OVER 10 YEARS TRADING

A.Y.H. PLUMBING
For all your plumbing...

- ✓ Taps old & new fitted or repaired
- ✓ Radiators fix or replaced
- ✓ Toilet syphons and overflows
- ✓ Outside taps
- ✓ Burst and leaking pipes
- ✓ Free Quotes

Outside Taps Fitted
Small Jobs Welcomed
NO VAT

Call **07846 800 818** or **0115 875 1975**
188 Meadow Road, Beeston

TRENT
BUILDING & ROOFING LTD

NO JOB TOO SMALL

RIDGE TILES • CHIMNEY STACKS • SLATES
OR TILES FITTED • EXTERIOR PAINTING
GUTTERS REPAIRED OR RENEWED PVC
FASCIA BOARDS AND CLADDING

FLAT ROOFS REPAIRED OR RENEWED

Free Phone: 0800 191 081
Call Anthony Doran for a Free Estimate & Advice
Tel: 0115 871 46 56 Mob: 07417 413 255
www.trentbuildingandroofing.co.uk

SHAUN DAKIN
PAINTING & DECORATING

01159 172 837
07954 348 790

www.shaundakinpd.co.uk

30
years

Keeping it Local Since 2002

AARON AERIALS & SATELLITE SERVICES

ALL TYPES OF AERIAL & SATELLITE WORK CARRIED OUT

Extra Stations - Extra Points
TV/Satellite/Video in every room
Quality Aerials Fitted

LOCAL FAMILY RUN BUSINESS
TELEPHONE **0115 9783890**

GARAGE DOORS

- FULL INSTALLATION
- SERVICING & REPAIRS
- AUTOMATION

• ALSO HOUSEHOLD
INSURANCE RATED
SECURITY GRILLS
AND ROLLER SHUTTERS



FREE QUOTATIONS
NO OBLIGATION
NO CALL OUT FEE

A. S. MAINTENANCE SERVICES
TEL: 0115 917 2224 or 07823 885950

BRAMCOTE PLASTERING

PROVIDING QUALITY PLASTERING FOR THE LAST 25 YEARS

- Internal & External
- Small Repairs To Full Renovations
- Plastering/Coving
- Rendering/Artexing
- Plaster Boarding/Re-skimming
- Pebble Dashing

Family
Run
Business

Tel: 07815 769968

FREE Quotes Given



ACCOUNTING FOR EVERYDAY PEOPLE

PROUD TO SUPPORT
BREEZE MAGAZINE SINCE 2002

210 VERONA
HOUSE

CVH Accounting, Verona House,
210 Lower Regent Street, Beeston NG9 2DD
Telephone: 0115 922 0815
Email: info@cvhaccounting.co.uk

Best Deal
PROPERTY
MAINTENANCE



SPECIALISING IN

Brickwork • Tiling • Fencing • Carpentry
Painting & Decorating • Paving
Extensions • Kitchens & Bathrooms
Property Maintenance
And all other building work undertaken
For free estimates call Gary on:

**0115 849 4587
OR 07821 560362**

**No job too big, no job too small
emergency plumbing 24hr call out**

the heart wants

JO HARROP ANNOUNCES 'THE HEART WANTS' TOUR



Keeping it
Local Since 2002

Lateralize Records are delighted to announce that Jo Harrop will be playing a series of live shows to support the recent release of her critically acclaimed solo debut, *The Heart Wants*.

Written and recorded over the last year when the world came to a sudden standstill in the wake of the pandemic, *The Heart Wants* is an album about love and life, about losing and then finding oneself in the silence after the applause has faded away.

Although she has built a reputation as an intuitive interpreter of other people's songs, Jo Harrop would be the first to admit that she always lacked the confidence to reveal her own songs to the world. With no shows in her diary, she started working on what would eventually turn out to be her first album of original material with producers Hannah Vasanth (known for her work with everyone from Stormzy to JP Cooper) and Jamie McCredie alongside a guest list of world-class musicians including Christian McBride, Jason Rebello and Troy Miller.

"We wrote and recorded the songs for *The Heart Wants* before we had a chance for people to hear them live, which is the ultimate litmus test," Harrop explains. "Songs don't really come alive until you play them to an audience, so I'm incredibly excited to finally be able to bring them to life on stage for the first time. Music has always had the power to transport me and to move me deep inside, and I want to create the same emotional connection with people who hear my songs."

"An extraordinary talent" – Jo Whiley – BBC Radio 2

Born in Durham, and raised on a heady musical diet of Nina Simone, Billie Holiday and Aretha Franklin, Jo Harrop cut her teeth as a session singer, working with a host of iconic artists including Neil Diamond, Rod Stewart, Enrique Iglesias and Gloria Gaynor. After moving to London, she quickly established herself as one of the most unmistakable voices in British jazz, performing everywhere from the Royal Albert Hall to the Sunset Sunside Jazz Club in Paris.

Having signed to London-based jazz label, Lateralize Records, she recently received a raft of rapturous reviews for *Weathering The Storm*, her debut with guitarist, Jamie McCredie. *The Guardian* dubbed it 'a little gem of an album: simple, modest and perfect,' whilst BBC 6 Music's Iggy Pop fell in love with her voice, calling her "a very fine jazz singer."

See Jo and *The Heart Wants* 2022 Tour at
21st May – Peggy's Skylight, Nottingham

Tickets are available from Jo Harrop's
official website -
<https://www.joharrop.com/shows>





Bramcote Village

High quality and stimulating childcare for your everyday childcare needs

Part of the Wollaton Village Day Nursery Group

DAY NURSERY & PRE-SCHOOL

It's an amazing world everyday...

Nursery Trips Arranged

Let them Explore!

ONE MONTH FREE if you sign up for 1 year contract

TWO MONTHS FREE if you sign up for 2 year contract

Siblings get a 50% discount too! - nursery only

Mon 7:30am-6.00pm
Tue 7:30am-6.00pm
Wed 7:30am-6.00pm
Thur 7:30am-6.00pm
Fri 7:30am-6.00pm

Sat CLOSED Sun CLOSED

Chapel Street, Bramcote Village, Notts. NG9 3HB

| We are following all UK Gov guidelines regarding Covid19 precautions |

CALL or EMAIL US TODAY!

0115 922 2454

nursery@bramcotedaynursery.co.uk

WE CARE ABOUT YOU and your business

YOUR MESSAGE HERE

This size space only £85 a month *+VAT

Keeping Business Local Since 2002

Call Sandra Today on 07967 282558
or email: sales@breeze-magazine.co.uk

breeze

PAUL ALLEN
YOUR LOCAL PLUMBER

TAP REPAIRS & REPLACEMENT
OUTSIDE TAPS
GENERAL PLUMBING & MAINTENANCE

We ARE LOCAL, Established 30 years
and we GUARANTEE ALL OUR WORK
with a friendly and reliable service

Call us on
0115 922 2664 or
07581 094230

4 Crofton Close,
Attenborough, NG9 5HX

NO VAT

We prefer small jobs

Join a warm and friendly Slimming World group today...

BRAMCOTE
Bramcote Memorial Hall,
Church Street NG9 3HD
Wednesdays at 5:30pm

BEESTON
Beeston Resource Centre
74 Middle Street NG9 2AR
Thursdays at 10:00am

Call Margaret on 07877 615284

New shorter sessions - because time is preciousand so are you.

To find out more, please contact your local Consultant (you'll find their contact details above)

Call 0344 897 8000
or see slimmingworld.co.uk

FREE membership
when you buy a 12-week Countdown course*

yesssss - a slimming - friendly bhaji burger!

#SWtastethefreedom
slimmingworld.co.uk

Consultant career opportunities available
in Beeston, Clifton & Long Eaton. For more information about running your own slimming World group visit:
www.slimmingworld.co.uk/careers

Slimming WORLD
touching hearts, changing lives

celebrating women

on International Women's Day, Philippa Dytham-Double of Double Image Photography in Beeston, celebrated the true beauty of every woman in portraits...



Keeping it
Local Since 2002



After posting on social media, women from all walks of life volunteered to come to Philippa's studio for portraits for this project. She was overwhelmed with the response and has extended the portraits to happen throughout March. Philippa said, 'To be photographing women of all ages and from different walks of life is really inspiring for me. I have photographed some of the models before and others I have never met and it's been a joy to work with women who have shared their stories with me, been completely open about how they feel being photographed and to work together to create images they love'.

This project is something Philippa has wanted to do for a number of years and her aim is to work collaboratively with the people she is photographing. She went on to say, 'To help with the creative process I have asked models to think about when they feel their most beautiful and powerful. What makes them feel that way? I want women to be photographed in the way they want to be seen and not to feel pressured to look perfect, flawless or a certain way.'

So far I've photographed women in glamorous outfits as well as work wear, super hero costumes and exercise kit with weights! This really is a celebration of all women and I am delighted that so many amazing women have come forward to be part of this'.

To complete the project, Philippa will be creating a digital presentation of the portraits she has taken as well as displaying her work in her studio window.

There is still time to be part of this celebration of women and for more information please contact Philippa at Double Image Photography on 0115 9252725 or by email info@doubleimagephotography.co.uk.



we are
sailing

30
years

Keeping it
Local Since 2002

Attenborough Sailing Club Open day:
30th April between 11am and 4pm

Attenborough Sailing Club enjoys the use of the Coneries Lagoon in the Attenborough Nature Reserve. It is the lake to the right as you drive to the Attenborough Nature Reserve Centre car park.

"We pride ourselves on being a friendly club and attract many residents from the local area who want to enjoy being on the water in such a pleasant environment.

New members are always made to feel welcome. Over the last few years we have built a modern clubhouse with a viewing balcony overlooking the Nature Reserve with a fully equipped clubroom, changing rooms and access for the disabled.

Many of our members have learnt to sail with us on one of our formal RYA courses that we run throughout the year. Some had spent time on a sailing course whilst away on holiday and wanted to consolidate their experience by sailing with us. Others just enjoy being in and around boats.

Members enjoy a variety of racing, cruising and social activities. Club racing takes place on Sundays and Wednesday evenings throughout the year. For those not wanting to race, social gatherings and cruising takes place on Friday afternoons and evenings.

Our sport is not elitist. Our members come from many different walks of life. An individual membership is £120 a year and families, students and young people benefit from substantial discounts. Initially the club is able to provide new members with free to use club boats. Many nice pre-loved boats can be purchased for a few hundred pounds once a new member has decided that the sport is for them and what type of boat it is that they want to sail. Boats are regularly exchanged within the club.

In recent years the club has been unable to hold its annual 'Open Day' during the Covid pandemic but is pleased to now do so again.

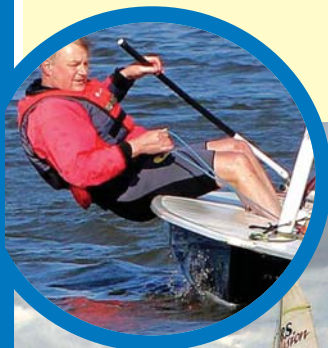
On the 30th April between 11am and 4pm we welcome the local community to "come and have a go". No booking is required. Just turn up with an old pair of soft shoes that might get wet and be taken out for a boat ride by an experienced sailor or just sit and enjoy a tea, coffee or beer on our balcony and enjoy the view".

More information can be found:

Facebook page: Attenborough Sailing Club

Website: www.attemboroughsc.org.uk

Email: membership@attenboroughsc.org.uk



Cleaned to
look like new

- Conservatories
- Gutters and Fascias
- Windows and Doors
- Carports and Solar Panels
- Patios and Driveways

- ✓ All work undertaken by hand
- ✓ All work 100% guaranteed
- ✓ Only use eco-friendly products
- ✓ Discounted rates for pensioners*
- ✓ Fully insured

* First time customers only.
Cannot be used in conjunction with
any other offer



BEFORE

AFTER

**For an instant no
obligation quote:**

01603 926 900

07909 718 291

www.conserv-a-clean.co.uk



Conserv-a-Clean
Conservatory Cleaning Specialists

For an instant no obligation quote, email your pictures to
enquiries@conserv-a-clean.co.uk

Homecraft
INTERIORS

Curtains, blinds, fabrics, cushions, flooring & upholstery

To Embellish Your Home

Now Introducing Flooring.

*Please call for an appointment to view our extensive range of
fabrics or to book a free consultation and measure.*



60 Attenborough Lane, Attenborough, Nottingham NG9 5JW • Free Parking

e: curtains@homecraft-interiors.com w: homecraft-interiors.com

t: 01159 74 45 55 We are now fully re-opened in a covid safe manner

breeze puzzler



Keeping it
Local Since 2002

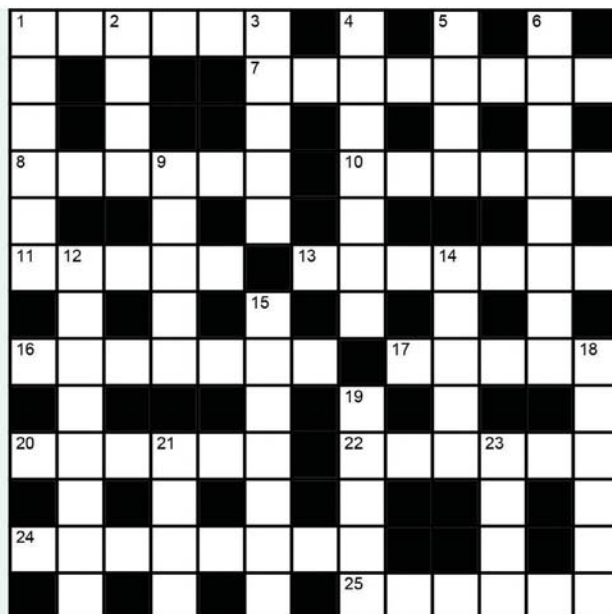
CROSSWORD

Across

- 1 Illustrious (6)
- 7 Acting game, popular at Christmas (8)
- 8 Impetus (6)
- 10 Shudder (6)
- 11 Drab, gloomy (5)
- 13 Male sibling (7)
- 16 Situated at or extending to the side (7)
- 17 Judged (5)
- 20 Self-effacing (6)
- 22 Opaque form of quartz (6)
- 24 Period of 366 days (4,4)
- 25 Frogmen (6)

Down

- 1 Set up, incriminated (coll) (6)
- 2 Steeped, dried barley (4)
- 3 Spirally threaded cylindrical rod (5)
- 4 Collection of electrical cells (7)
- 5 Live-action film about a piglet (4)
- 6 Oil used as fuel in lamps (8)
- 9 Fatuous (5)
- 12 Logically valid (8)
- 14 Limited periods of time (5)
- 15 Workers' dining hall (7)
- 18 Compulsory force or threat (6)
- 19 Norwegian sea inlet (5)
- 21 Catch sight of (4)
- 23 Gait (4)



WORDSEARCH

'TAIL' ENDINGS

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

L D L I A T E V O D M A L
I U L E F L L S T A I L I
A C Q I G I L I A T X O A
T K L Y A A R X A L A I T
F T I E G T H E X T I I E
A A A L P G W I T L N F L
N I T L L N L O U A I E T
T L E O K I R R L S I O S
A I D W A R A A H L N L I
I A F T H P L T T I A S R
L T R A N S A T E A K W B
U U T I H I E A A T I A S
C U A L L I T I I G I L O
L I A T G A W L L I P H G
L L I A T T A O C P L F W

BRISTLETAIL

ENTAIL

RETAIL

COATTAIL

FANTAIL

SPRINGTAIL

CURTAIL

FISHTAIL

SWALLOWTAIL

DETAIL

OXTAIL

WAGTAIL

DOVETAIL

PIGTAIL

WHITETAIL

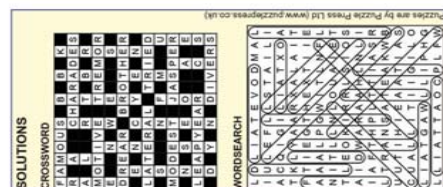
DUCKTAIL

RAT-TAIL

YELLOWTAIL



Spot the ball ...





Blending quality, craftsmanship and care for over 70 years. Call us now for a free quote for all your decorating requirements.

- 3rd generation family-run business for over 70 years (fully insured)
- A professional, quality and affordable service everytime
- All aspects of decorating works undertaken including high quality vinyls and bespoke timber finishes
- Private and commercial contracts - internal/external works and IPAF/PASMA certified
- Own access equipment for external works
- DBS checked and CSCS certified

Call us on 0115 9397347

or visit our website:

www.woodwardsdecorators.co.uk

and fill in the contact form to organise your quote!

Canalside Works, 8 Canal Street, Sandiacre, Nottingham NG10 5AZ

NVQ2 Painters/Decorators: IMMEDIATE START

NVQ2 qualified painters/decorators, with current CSCS cards and driving licence required.

Range of works on residential/private, commercial and industrial contracts including social housing, property developments and new builds and private customers. **Vehicle will be provided.**

Applicants will be required to lodge away on some contracts around the country from time to time. We are a medium sized company based in Sandiacre and can offer excellent opportunities for the right candidates.

Full time employment and/or sub-contract basis – salary dependent on experience.

Contact us for more information:

R Woodward Decorators Ltd

Teresa Crampin 0115 9397347 or 07713561929.

Email: info@woodwardsdecorators.co.uk



PLUMBING • BATHROOMS KITCHENS

Covid Precautions taken in line with gov.uk guidelines

BATHROOMS

Whether you are upgrading a dated bathroom or renovating for a sale we have a package to suit.



SMALL JOBS

We are pleased to also offer our services for small jobs. We pride ourselves on offering the same service no matter what is involved. Call us for a NO OBLIGATION QUOTATION

FREE
ESTIMATES

Bathroom
mixer taps
supplied and fitted
from
ONLY £120
CALL FOR DETAILS

NO CALL
OUT
CHARGE

KITCHENS

Free on site planning and design services offered by off the shelf or bespoke manufacturers



RUBBER DUCK

PLUMBING, BATHROOM & KITCHEN SERVICES

FOR A RELIABLE AND EFFICIENT SERVICE CONTACT NIGEL

Mobile: 07842 186 097 / Telephone: 0115 854 7895

<http://www.1rubberduck.com>

Electrician

Do you find it difficult to get an electrician to come round and do a small job?

New fuseboards (consumer units).
Additional sockets. Extra lighting.
New installations and extensions.
Landlord and homebuyer inspections.
Solar pv maintenance. **EV Point**
Fault finding and repairs.

Qualified Electrician. Fully insured

Reliable service. Tidy work.

Free quotes. Flexible hours.

Reasonably priced. Satisfaction guaranteed.



AES Electrical
Your Local Electrician



"I will assure you of a quick response and a reasonably priced service."

Call John now on:
0115 8990284

john@aeselectricalservices.co.uk

www.aeselectricalservices.co.uk

colour therapy

30
years

Keeping it
Local Since 2002



KITCHENS • BATHROOMS • BEDROOMS • TILES

VERY STYLISH
VERY ELEGANT
VERY YOU



Find Ramsey's on Houzz,
the best place to view our
Installations showcase
and read our fantastic
reviews!

4.9 ★★★★★

3x Best of Houzz winner



Ramsey's

Take a virtual tour
of our showroom,
just scan the QR code



www.ramseyonline.co.uk

4 Main Street, Long Eaton, Nottingham, NG10 1GR
call: 0115 972 1849 email: info@ramseyonline.co.uk

Ramsey's

4 MAIN STREET LONG EATON NOTTINGHAM NG10 1GR TELEPHONE 0115 9721849

WWW.RAMSEYONLINE.CO.UK

INFO@RAMSEYONLINE.CO.UK

Your local leading estate agent

Robert Ellis
ESTATE AGENTS

Call now to arrange a **free valuation**

SOLD
SUBJECT TO CONTRACT

Robert Ellis

Beeston Long Eaton Stapleford Arnold

robertellis.co.uk

LET BY

SOLD
SUBJECT TO CONTRACT

Robert Ellis

Long Eaton Stapleford Arnold

robertellis.co.uk

LET

Robert Ellis
Long Eaton Stapleford

robertellis.co.uk

Sales

Lettings

Beeston	0115 922 0888	0115 922 9090
Long Eaton	0115 946 1818	0115 946 6946
Stapleford	0115 949 0044	0115 949 6740
Arnold	0115 648 5485	0115 648 5485

robertellis.co.uk

