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AUGUST 2022

ISSUE 236

Into The GROOVE

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A TREAT FOR MADONNA FANS –
FRIDAY 21ST OCTOBER –
ALBERT HALL SEE PAGE 4



YOUR LOCAL COMMUNITY MAGAZINE SINCE 2002

Advanced Eye Exams for

- AGE RELATED MACULAR DEGENERATION (AMD)
- GLAUCOMA ● POOR SIGHT

By Dr. S A Janjua BSc(Hons) MCOptom DOptom Prof Cert Glau Prof Cert LV
Prof Cert Med Ret DipSV Director & Doctor of Optometry

Brand new, state-of-the-art equipment at John Flynn Opticians in Beeston is now facilitating the very best diagnostic capabilities to ensure the best eyecare in the country. Optometrist Dr. Janjua's new equipment provides hospital-standard insight into your health and is one of just a handful of such machines anywhere in the UK...

Foresight. Hindsight. Insight. It's quite clear how much importance we place on sight. We've all come to recognise that a first-class optometrist will not only make your vision sharper, as a result of the prescription they determine you need, but will also help to assess your overall health, using your eyes to as an indicator of your general health. As eye-care technology has finessed, some optometrists have invested in decent technology, but some diagnostic equipment remains the preserve of dedicated eye-care departments in specialist hospitals such as Moorfields, Manchester Royal Eye Hospital and Nottingham's Queens Medical Centre. Those specialist facilities and teaching hospitals have previously been able to boast the best diagnostic technology, which High Street opticians could only look upon with envy... that is, until now. Beeston's **John Flynn Opticians**, established in 1938, recently took delivery of its new Heidelberg Spectralis machine which is – without exaggeration – the best OCT scanner available for any eye-care practitioners and one which most dedicated hospital eyecare departments would covet. It's one of just a handful of machines here in the UK and as Dr. Janjua says, it's the gold standard for dedicated eye hospitals, let alone a High Street optician, providing him with unprecedented accuracy and clarity when making a diagnosis.

An OCT (Optical Coherence Tomography) machine is used to take a 3D scan of the eye to allow a specialist to assess the health of the optic nerve, macular and to detect and monitor the progression of conditions like age-related macular degeneration (AMD) and glaucoma. **John Flynn Opticians'** new machine, though, builds on this technology to create 4D imagery accurate to just a single micron – one hundredth of the width of a human hair.



Above: **John Flynn Opticians** new Heidelberg Spectralis OCT machine is one of the few in the UK, and is best in class, offering hospital-standard diagnosis of eye health for the optician's patients.

The system also uses artificial intelligence to track the exact position of successive scans, overlaying them precisely to check changes over successive months or years. Fast, contact-free and painless, the system can also send images to hospital departments for other clinicians to review in the event of a referral.

"We can use the technology to examine tiny details that help us to detect eye disease at the earliest stages, reducing the risk of sight loss and improving our patients' lives," says Dr Janjua.

Naturally technology is nothing without expertise, and so Dr. Janjua is committed to interpreting the results of a scan and explaining findings in an accessible way. With the highest quality diagnostic information comes the most accurate prescription, and alongside the very best ophthalmic lenses from across the industry – Zeiss, Nikon and Hoya – the practice's state-of-the-art equipment is crucial, but only when used alongside the very best diagnostic skill and the provision of quality ophthalmic lenses and luxury frames.

The result is great service, clear vision and true peace of mind; a holistic service that's clearly better at providing quality eyecare.

John Flynn Opticians provides eye examinations, prescription eyewear and contact lenses from its practice on **Devonshire Avenue, Beeston, NG9 1BS**, call **0115 925 5051 / 0115 939 2421** or see www.johnflynnopticians.co.uk.

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E. Taylor

"I cannot speak highly enough of Dr Janjua and all his team at Flynn Opticians in Beeston. Due to wrong prescriptions in the past going to him changed my life. Not only do you get the best product on the market and expert advice, everybody is so helpful and kind. I would not go anywhere else."

J. West

"I'd heard that the glasses were great quality and the service was great at John Flynn Optician. The staff have been very helpful and gave me all the facts I needed. I love the personal touch and that you don't have to ask for help – it's just given. I love my new glasses – the style, the colour, the quality – everything. Dan and Annette have been brilliant from the minute I walked in the door. They are very friendly and provided perfect service in every way. I will be coming back and will share my experience with others."

L. James



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Please note all we believe all information given was correct at the time of going to press.



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MADONNA SHOW ANNOUNCES AN ALBERT HALL SPECTACULAR

APPROACHING 40 years ago, Madonna released her debut single "Everybody" – a song that kickstarted the career of the best-selling female artist of all time.

Into the Groove – a dazzling and colourful live concert spectacular, created by leading theatre show producers Entertainers – has taken to the road in 2022 to celebrate the career of a chart-topping living legend.

And, a brand-new Nottingham date has just been added to the tour – with Into the Groove arriving at The Albert Hall, Nottingham, on Friday, October 21.

With support from a talented live band and backing dancers, it is billed as "the ultimate Madonna experience". Indeed, the producers paraphrase Madonna hits when describing the show, promising that "time won't go by so slowly when you're enjoying this".

Entertainers' director James Taylor guarantees that the show will be "loved by everyone". It charts the skyrocketing career of multi award-winning legend Madonna.

"Combining thrilling vocal and enchanting stage presence, this production will let your body move to the music," says James.

"Theatregoers can take time to celebrate all of Madonna's million-selling hits, including, Holiday, Like A Prayer, Papa Don't Preach, Vogue, Material Girl, Music, Hung Up, and of course, Into the Groove." Tickets are available from: 0333 344 6250 www.alberthallnottingham.co.uk

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Into The Groove is a tribute show and is no way affiliated with any original artists/estates/management companies or similar shows.



■ Getting into the groove - Elly Jarmain stars as Madonna at the Albert Hall

Notts teacher Elly's starring role

BEFORE becoming the star of the UK's top touring show celebrating the music of Madonna, Elly Jarmain was getting Nottinghamshire students into the groove as a singing teacher at local secondary schools.

"I really enjoyed my time teaching at local schools," says Elly, who now spends all her time performing as Madonna in the critically-acclaimed theatre show Into the Groove.

The role is a childhood dream come true for Elly. "The very first 45 I bought, at the age of eight, was Into the Groove," she says.

"I'd studied piano from the age of six," she says. "I applied for the conservatoire at the Royal College of Music. They weren't overly impressed with my piano playing, but asked if I could sing. I was in."

At 18, Elly joined a band. In 2000, Into the Groove was created and it has progressed to regularly selling out performances at the UK's best theatres.

"With 56 costume changes squeezed into the spectacular," says Elly, "and scores of high-energy routines featuring the show's dancers, there's a lot that goes into a performance of Into the Groove."

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jazz is back in beeston - big style!



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Devoid of jazz for the past five years, Beeston can now boast the return of regular jazz sessions thanks to the Royal British Legion. The club on Hall Croft has secured Nottingham Jazz Orchestra Big Band to appear every month.

Club entertainment officer Dave Clifford commented: "This opens the RBL club to jazz lovers from Beeston and across the region. We are proud to welcome NJO to their new home"

The first gig for NJO in Beeston is on Sunday 21st of August at 8pm featuring local vocalist Jeanie Barton

Jeanie enthused: "It's great to be welcoming the prestigious Nottingham Jazz Orchestra to Beeston - another proud feather in our town's creative cap. I'm very much looking forward to singing with them again, this time on home turf and very close to my birthday"

Formed in the 1970's, the NJO is 16-piece big band that has been blowing up a storm ever since. It's Nottingham's longest-running jazz big band, and has been the launch-pad for many of today's top-line professional players.

Lead musician with the NJO, Derek Lawton, commented: "The Nottingham Jazz Orchestra are excited to be putting the 'Notts' back into the Nottingham Jazz Orchestra by relocating to Beeston's premier venue"

NJO's aim is to promote jazz to the widest possible audience, whilst its members gain the chance to be involved in a unique musical community of likeminded, passionate, talented musicians.

Band leader and artistic director Russ Buckberry said: "It will be wonderful to welcome big band jazz fans, old and new to our new home at RBL Beeston"

Tickets and full information available from NJO website:
nottsjazz.co.uk

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property of the month



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A surprisingly generous four/ five bedroom detached property on a spacious corner plot, fantastically re-modelled and refurbished in 2016 and personally designed by the current owners. Finished to the highest of standards throughout, this is the perfect home for any family looking to be within central Wollaton just a walk away from Wollaton Park Hall and Deer Park.

This individual family home offers a versatile living space, comprising of substantial Atrium, living room, kitchen diner, utility space, bar, master bedroom with additional room ideal for dressing room or nursery and en-suite and a further bedroom and bathroom to the ground floor. Rising to the first floor are two further double bedrooms and Jack and Jill bathroom.

Situated behind a private gated entrance, the property benefits from an pedestrian electric gate to the front with steps leading to the front door and laurel borders to the front. To the rear is a gated entrance to a block paved driveway with ample parking for multiple cars leading to a separate annex space. To the rear there is a primarily lawned garden with a paved seating area and fenced boundaries.

The electric gate to the rear leads to a separate annex building which is currently used as a garage and gym space with WC. This is fully fitted for conversion into a further living space if needed.

This immaculately presented and maintained property with an appealing and versatile interior is a truly beautiful family home and an early viewing comes highly recommended.

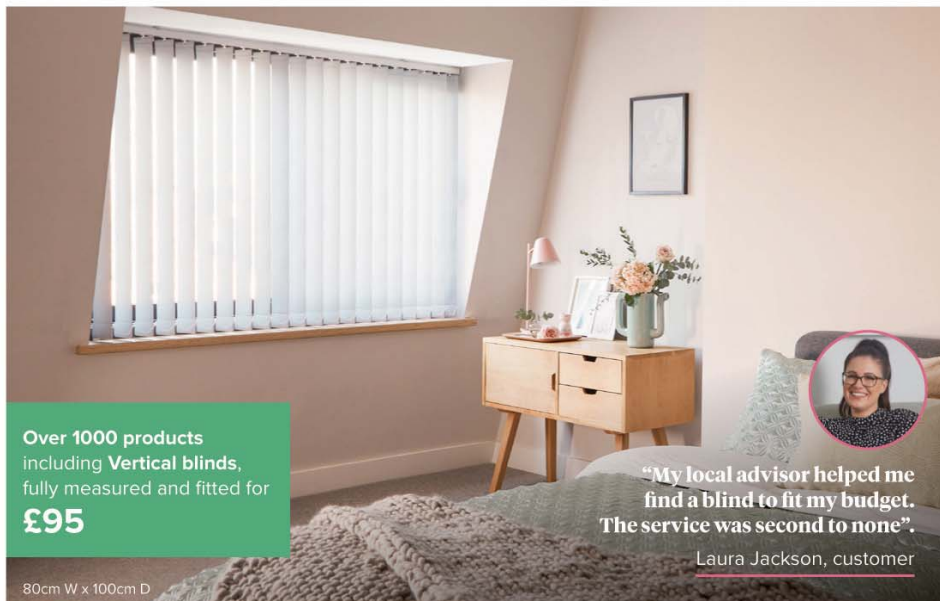
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breakthrough treatment



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Dr Sheeraz Janjua

Breeze meets Dr Sheeraz Janjua who is providing a new treatment for Dry AMD eye problems.

This breakthrough treatment is available at John Flynn's Opticians in Beeston...

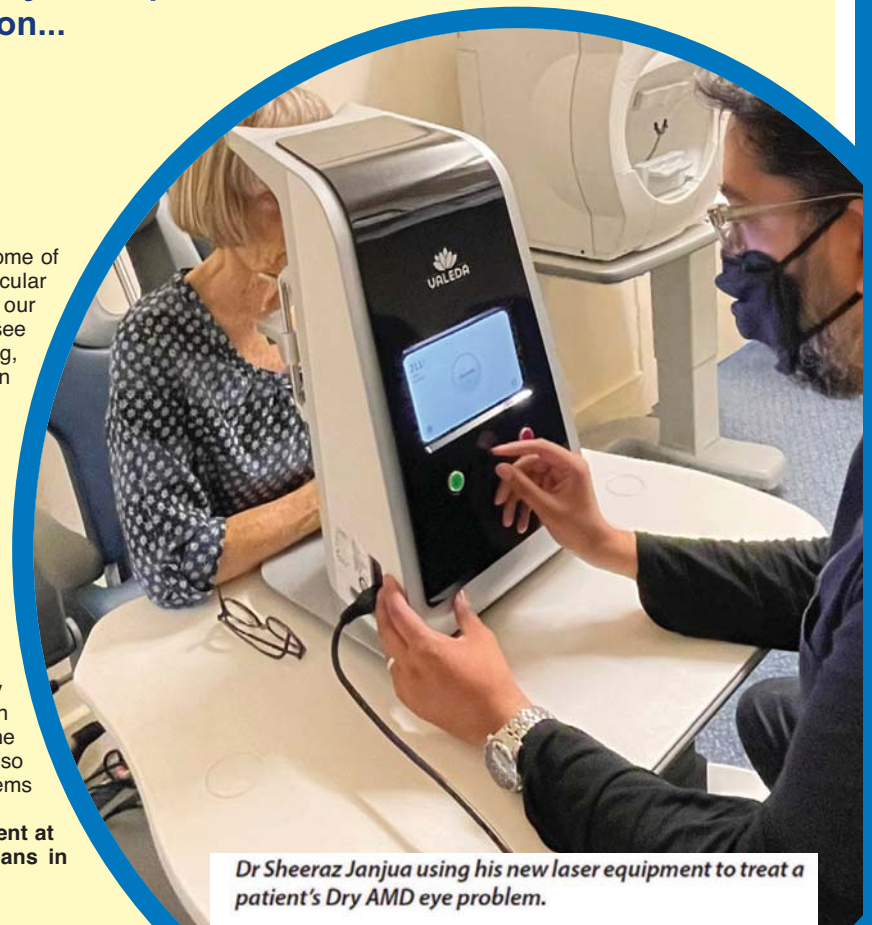
As we age, our sight tends to become less clear, and some of us will develop what is known as 'Dry Age-related Macular Degeneration'. When this happens, the central area of our vision darkens and becomes blurred, making it difficult to see detail, and preventing activities such as driving, reading, watching TV, using computers, tablets, and so on. Even recognising faces can prove difficult.

Until recently, there were no effective treatments for Dry AMD, the only suggestions being lifestyle changes or dietary supplements. Now, sufferers will be delighted to learn that there is a newly developed treatment available locally. It is a safe, non-invasive, painless therapy which is fully approved under European and UK directives.

This breakthrough treatment is known as photobiomodulation (PBT) and uses a cold laser system to produce low levels of red, yellow and infra-red light to stimulate the centre of vision by energising and providing oxygen for cell repair.

Results from extensive monitored trials of the therapy show that for many Dry AMD sufferers, there can be an improvement in sharpness of vision corresponding to some 5 or 8 extra letters on the testing chart. This therapy has also been shown to help diabetics who have certain eye problems related to their diabetes.

Dr Sheeraz Janjua is now providing this new treatment at his special clinics held regularly at Flynn's Opticians in Beeston. He can be contacted on 0115 925 5051.



Dr Sheeraz Janjua using his new laser equipment to treat a patient's Dry AMD eye problem.



An impression of how Dry AMD can affect central vision, and gradually become more disabling.



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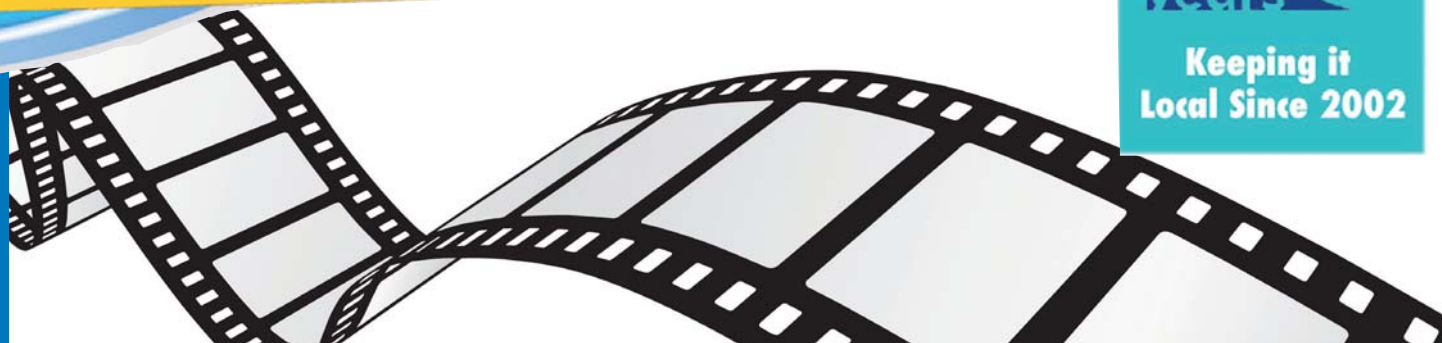

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beeston film festival

Nine years of Festival Friends
by Sam Kurd



As you may have heard, the Beeston Film Festival is coming up on its 9th year in 2023. That's nine years of showcasing international gems and supporting home-grown talent, nine years of bringing the world of film to Beeston's doorstep.

One of the best things about running so long is that we get to make friends along the way. When a film-maker submits their film to us, we know they want to feel acknowledged and have their hard work appreciated. We know how difficult it can be to get a film made, how lonely it can feel when you're sending it out, hoping it'll click with someone.

That's why we're proud to be a festival that film-makers are happy to return to again and again, sending their new films to us and trusting us to give them a fair shake.

Here are a few friends of the festival who've come back to submit films to us again this year:

Pol Diggle: Pol's work has been a semi-regular fixture at the festival since 2015, when we were introduced to his dark and twisted humour with *Director's Cut*, a horror-comedy about a snuff film-maker who considers himself a highbrow auteur. 2020's B'Oscar-nominated *Horrorscope* was a hilarious take on horror movie clichés. Luckily for the more squeamish among us, his latest film *Work it Class!* is a much less horrific affair, though certainly no less amusing!

Abbie Lucas: Abbie is another extremely talented director whose films use humour to tackle serious weighty subjects. We screened two of her films in 2018: *Dead Tired*, about the perils of one-night stands, and *Testing Greta*, about consent and domestic abuse, an issue she examines again in her latest, *Voices*.

David Yorke: *Safekeeping* was the first of David's films we screened, back in 2020, and I'm certain it won't be the last! A tender and tragic story of a young girl faced with an unthinkable task in caring for her younger brother in unique circumstances, it was a real gut-punch of a film. This year's *Eric* is a much lighter affair, though no less arresting!

Clare MacDonald: Clare's hilarious *1-800-D-Direct* was a hit at last year's festival, with its wacky innuendo-laden premise. This year she's back with *The Mountain*, an extremely relatable comedy about mental health and disability.

There are more, of course, and we love them all – keep them coming, friends!



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Breeze shares the next step with local business woman,
Marion Mortimer. Share with us in wishing Marion

all the best...



Many of you will be familiar with our local business woman Marion Mortimer.

Since 2012 Marion has been advertising with Breeze. Now in her later years, circumstances dictate that Marion now puts her feet up and moves on to her next chapter in her life.

Marion wanted to write a letter to our readers and also to ask if anyone would be interested in the podiatry equipment she has to offer. Available for any budding or expert foot specialist...

Here at Breeze, the team, wish Marion all the best. It's been a privilege having you in the magazine.



Hello my Dears...

It's been a while since last we met and I have missed you all, so very much.

By way of explanation, I will try to be brief. Many of you will know that last July I had a bad fall and fractured my right hip. What a shock! Lay there like the lady in the lake, couldn't see, for some strange reason. Couldn't move. Suddenly, a lady's voice asked in my ear 'are you alright'. 'Yes thank you', I replied, then continued to lay there thinking, that wasn't very clever. To cut a long story short, said lady reappeared, saw that I was still there and was able to get my husband for me. The rest, as they say, is history.

Needless to say, I have not been able to work for the past year. Even so, having tried in short to explain my calamity, I decided 'enough is enough', let's do something to turn a negative into a positive.

We all know and have benefited from our National Health Service, but, having seen and experienced, wonderful devoted staff, the massive scanners and eagle-eyed experts who discovered a 2mm 'spot' on my right lung. What? I had no symptoms, no pain, no cough, no shortness of breath. Space here decrees that I must be brief, but I want you all to know and take action to accept all offers of scans in your area. Had I not been scanned, I would have been totally unaware that there are indeed three cancers in my chest!

Thank God, most sincerely, that we, you and I, enjoy the brilliance and devotion of NHS staff. Currently, I am receiving Chemotherapy and Radiotherapy and really am so very well looked after.

On another tack and as you know, I have often appeared in Breeze Magazine and must take this opportunity to say that they have so generously offered time and space for me.

Yet again, Breeze has again come to the fore to contact YOU, telling each and every one of you categorically to be aware and report all those little health worries.

Get it checked, don't wait and see.

Yet another tack, having witnessed the mighty armour our NHS has, I have become very much more aware of the cost of these unimaginable machines that can detect an enemy that measures a mere 2mm killer. I have to, must, give up work now, as I am probably older than many of my patients. That said, I have determined to sell on all my podiatry equipment to someone, perhaps just starting out who may benefit from it. All Proceeds to Cancer Awareness.

Thanks to dear old Breeze for telling my tale, please do listen and read again my message, get checked out if concerned. Should someone just be about to set out on a new Podiatry career, please do contact me and come see my steriliser, packs of instruments and all the 'stuff' that shows that you are the new professional on the block.

Good luck everyone, stay safe, stay well, look after yourselves and each other.

Much love and many thanks to you all,

Marion



Retired Marion Mortimer



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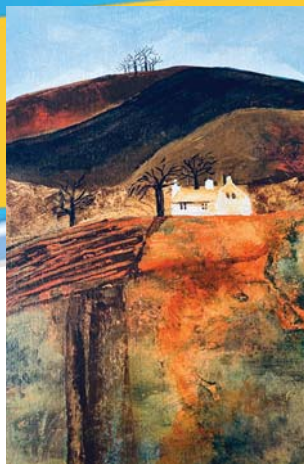
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abc art trail

Attenborough, Beeston and Chilwell Arts' Trail
3rd and 4th September 2022
11am to 5pm daily Free event



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34 artists in 17 venues: painters and potters; jewellers and sculptors; textiles, photography and glass workers.

"There are some new, carefully selected, artists who join the trail this year who will open their studios for you to see their work and to share their expertise. All our artists are looking forward to meeting their regular visitors and welcoming new ones. There will be

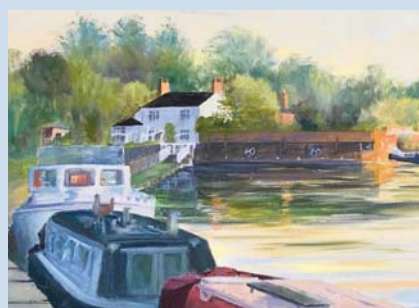
opportunities to buy contemporary art and craft directly from the maker. More than 800 adult visitors attended in 2019. We are grateful that many local business are happy to sponsor us so that we can expand the trail and engage the community. The art trail is now a firm fixture as an annual event.

Open Studios in our area started with just a few artists in 2006. Those of us involved at that stage noticed a growing interest by the general public in viewing not only the art but the processes involved. We enjoyed showing our work but also sharing the ideas and explaining how a piece is made. Since then the concept has grown and is now a fully functioning community event.

In 2022 we are holding a Primary Schools Art Competition, encouraging all schools in Attenborough, Beeston and Chilwell to take part. Prizes of art materials will be given to the work which our artists judge to be the best in two age groups. The winning art works will be mounted and hung in all our venues. We hope to encourage these young artists and inspire them to be creative. They and their families will be welcomed by our artists on the trail.

We have a great deal of local talent in our midst so come with your friends and families and enjoy this free community arts trail".

For more information please check our website www.abcarttrail.uk or find us on <https://www.facebook.com/abcarttrail> Look out for the flyers which will be distributed in local shops and meeting places. You can start the trail at any point and collect a map of the other venues. Refreshments are supplied at some venues in aid of local charities.



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Did you know that in urban Britain, the average garden size for consumers aged 25-44 years old is 12m²?*

Outdoor spaces in towns and cities tend to be in smaller spaces and are cleverly designed so that they work well for everyday life. Space is important so contemporary, urban gardens consist of clean, geometric lines, simple but effective designs and minimal, fuss-free planting.

We have put together a guide for the summer bank holiday with some small garden design ideas so you can make the most of the plot or balcony that you have for the long weekend.

Go potty

Where space is at a premium, a pot is a great way of adding the option to grow. They are particularly useful for those that have patios or decking that make it hard to dig down. Container gardening is also great for the generation of house movers who can simply pick up the pots and move on.

Planting in lots of different sized containers can give your garden a sense of perspective. Cluster large pots with smaller containers to add interest and create a plant display with height and structure. Why not try our Orson Cylinder Terracotta Planters with evergreen shrubs such as box balls, skimmias, hebes, and ivy which will contrast against the planter's earthy tone or colourful shrubs in our Loudon Glazed Planters to create a statement against walls or beside doors.

Plant upwards

Using a planter is an ideal way to add greenery to your space, no matter how small. A vertical garden is a simple way to transform your small outdoor spaces while boosting shade, beauty, and privacy.

There are several vertical gardening options to consider if your humble garden is space-challenged. Our Decorative Metal Garden Arch With Feather Design can provide the support needed for flowering plants and vines or if you are a grow your own enthusiast - peas, grapes, and tomatoes.

Or another small garden idea is to plant climbers in raised beds and train on trellises to make the most of the space. Jasmine and roses are both easy plants to grow and will provide delightful colours and scents.

A great way to maximise plant space is to create a living wall which is particularly apt for smaller garden plots. Plant our range of Metal Wall Planters with evergreens, hardy perennials, grasses and succulents to create great displays hanging from a wall or fence outdoors.

Summer of love

Gardens are now seen as the fifth room of the house with garden furniture sales soaring and providing an extra living room in the summer sun. If you don't have a big space in your garden you can still make a functional and beautiful seating area for everyday enjoyment. If you want to create a relaxing seating area for your small garden, foldaway furniture or a little table won't take up too much of the patio and garden space.

The Repton Wooden Grey Garden Love Seat folds down and is the perfect size for patio and terrace spaces, coming in a cool grey, natural wood tone for a beautiful, unique finish. Our Richmond Round Garden Dining Table and Chairs Set is contemporary in style and the table is 1m in size.

Divide into zones

A trick in landscape design is to divide a garden into zones to make the overall space seem larger. Using structures like arches and trellises works well, with our Decorative Songbird Garden Arch beautifully framing entrances and walkways or providing a classic divide for different spaces.

Using bamboo screens, hedging, and metal screening will make the garden feel bigger because you can't see everything in one go and areas have been concealed. This could include a dedicated area for seating distinguished by a patio or decking, a play area marked with turf or a bench in a secluded area. Using partitions to create different areas will help add interest to your garden, whilst adding an illusion of more space.

Light and reflection

If your small garden doesn't get much sun, we recommend something to lighten up the dark corners and define the boundary of the space. Installing a mirror along a garden wall or fence will reflect both the plant foliage and the sky, creating the illusion of a bigger and extra space. Outdoor lighting plays a significant role in the appearance of your garden, creates a sense of depth and highlights architectural features at dusk. Use our LED Solar Spotlights to uplift plants and bushes or our 200 LED Solar String Lights to highlight trees or emphasise the height and silhouettes of garden structures.



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Sign-up for Alzheimer's Society Nottingham

memory walk

this Autumn



Keeping it
Local Since 2002

Local residents are being invited to don their walking gear, lace up their boots, and unite against dementia by signing up to Alzheimer's Society's Nottingham Memory Walk this Autumn.

Hundreds of fundraisers will don their walking boots at Wollaton Park on 10 September 2022 alongside friends, family and colleagues to support local people living with dementia. The event will bring together people who have been personally affected by dementia, those who want to walk to remember a loved one, and people looking to raise money for charity.

Last year, Vicky McClure joined a tide of over 1000 people who went the extra mile to raise money for people affected by dementia. The Line of Duty star, who is an Alzheimer's Society Ambassador, took a break from filming to attend the Nottingham walk, as walkers turned Wollaton Park blue to remember, and support loved ones affected by dementia.

The actress, and her family, have attended the Nottingham event for over a decade in memory of her grandmother Iris, who lived with dementia before she died in 2015.

Alzheimer's Society is again calling walkers of all ages and abilities to go the distance in 2022 with a 2km or 6km reflective stroll around the park's lake to help the charity provide a lifeline for as many people affected by dementia as possible.

Nasim Minhas, Alzheimer's Society Area Manager for Nottinghamshire, said: "It has never been more important to support Alzheimer's Society's crucial work. Too many people in the East Midlands are facing dementia alone without adequate support. We urgently need to find a cure, improve care and offer help and understanding for people affected."

"We are in awe of our amazing fundraisers who go above and beyond to raise vital funds and awareness for local people living with dementia. Every step our fundraisers take will to help us provide a lifeline of support for as many people affected by dementia as possible."

"We can't wait to see walkers of all ages and abilities return to Wollaton Park this autumn and I would call on family, friends and colleagues from across Nottinghamshire and Derbyshire to put their best foot forward to support this vital cause."

By signing up to the family-friendly walk, fundraisers will support people affected by dementia through some of the hardest and most frightening times, to improve their lives and help to avoid crisis.

Supporters can also opt to walk on their own, or with loved ones, on the paths, pavements, parks or pebbles in a location of their choosing throughout September.

Memory Walk events have been a regular fixture in the Autumn calendar for over 10 years, seeing half a million walkers raise over £41 million for Alzheimer's Society.



Sign up for free at
alzheimers.org.uk/memorywalk.





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Talented locals from Wollaton Park Rotary Club presents it's annual

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**Wollaton Park Rotary club
presents its annual art exhibition
on Saturday 3rd Sept 2022,
10am - 4pm at the
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on Bramcote Lane, Wollaton.**

It's free entry, loads of local artists, featuring paintings, photography, prints, sculpture, crafts and cards.

Fantastic free kids make and take crafts, like fab LED candle holders (these are really popular).

Money raised from art sales is going to local charity Forever Stars. Money raised from drinks and delicious homemade cakes will go to Inner Wheel Local charities.

**Get more info on:
www.wollatonartexhibition.co.uk**





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We catch up with Nottingham Playhouse as they announce the winners of an honorary award



The Royal Theatrical Support Trust and Nottingham Playhouse announce Stephen Bailey as winner and Beth Shouler as runner-up of the Royal Theatrical Support Trust (RTST) Sir Peter Hall Director Award 2022



The Royal Theatrical Support Trust (RTST) and Nottingham Playhouse are delighted to announce **Stephen Bailey** (pictured left) as the winner of the 2022 RTST Sir Peter Hall Director Award and **Beth Shouler** (pictured below left) as the runner-up.

Now in its sixth year, the Award – which honours the memory of RTST co-founder, Sir Peter Hall – offers the winner their first-time opportunity to direct a full-scale, fully funded, mid-scale production of a classic or modern play, which may be an existing play or a new adaptation of a novel or film.

As the winner of the 2022 Award, Stephen will now get the opportunity to direct a production, opening in autumn 2023 as part of the main season of plays to be staged at Nottingham Playhouse. The RTST will make a grant of £50,000 to be applied towards the costs of the production.

Stephen and Beth were selected by a panel comprising **Niamh Cusack** (actor), **Omari Douglas** (actor) **Beth Hinton-Lever** (actor), chair **Adam Penford**, **Beth Steel** (writer), and **Matthew Xia** (Artistic Director of Actors Touring Company).

The Award scheme promotes the RTST's charitable objectives by supporting up-and-coming theatre practitioners and British regional theatres. It is also intended to appeal to a wide range of candidates and to play a part in promoting diversity in the theatre, onstage, offstage and among audiences.

Winner, Stephen Bailey, said: "I cannot thank RTST, the panel and Nottingham Playhouse enough for this Award. It is an incredible opportunity for me and one that still hasn't sunk in. It doesn't feel like a next step but a leap: I feel incredibly privileged. I'd like to thank everyone who has given me time, support, advice, space, and opportunity over the last six years to get my practice to this point. I would not be here without you. I'd also like to thank RTST for being so open and supportive around my access and commend Nottingham and the panel for their belief in disabled-led, disabled work on main stages."

Sir Geoffrey Cass, RTST Chairman, said today: "Our annual Award uniquely serves twinned purposes: it identifies and promotes the career of a brilliant director and it provides grant support to an excellent British regional producing theatre. Our 2022 winner and runner-up were selected from eight high-calibre finalists after an exacting test of their directing skills over a weekend of Directing Workshops in which they were observed directing actors, and then interviewed, by our judging panel of highly experienced theatre practitioners. We're immensely grateful to the panellists for their diligence, and to Nottingham Playhouse for being our 2022 Award partner and committing to stage the winner, Stephen Bailey's production with our grant support."

Mark Hawes, Director of the RTST, commented: "We're thrilled that our 2022 Award is the catalyst for Stephen Bailey's mid-scale directing debut by means of an autumn 2023 main programme production at Nottingham Playhouse, supported by an RTST £50,000 production grant. We're especially happy to be supporting disabled-led work on the regional mid-scale. This is the type of career-transformative and industry-significant outcome the Award was designed to bring about."

Adam Penford, Artistic Director of Nottingham Playhouse also commented: "Stephen's application hugely impressed the panel. It was rousing, current, thorough, provocative, and balanced creative risk with pragmatism. This impression was consolidated as we watched him work with the actors during the Director Weekend with such precision, skill, and care. I'm very much looking forward to working with him over the next year and to the production he will bring to the Playhouse main stage next autumn. It must be said that the standard of all the candidates was incredibly high, and Beth Shouler is a worthy runner up - also destined for great things. We are grateful to the RTST for their generosity and support in providing this essential opportunity."

The last/2021 RTST Sir Peter Hall Director Award-winner was Denzel Westley-Sanderson, with the result that he will be directing a national tour of *The Importance of Being Earnest* in a co-production between ETT, Leeds Playhouse and Rose Theatre, opening in Leeds in September 2022.

For further details of the Award, please visit the RTST's website: www.rtst.org.uk



The RTST Sir Peter Hall Director Award

The RTST is a charity whose mission is to promote the public's knowledge, experience and appreciation of theatre and drama, and thereby play a part in securing the future of British

theatre. The charity is supported by many of the leading names in British theatre.

The RTST aims to fulfil its mission by diverse means, including supporting new and established theatre companies, including regional companies; supporting up-and-coming theatre practitioners; promoting the works of major internationally renowned dramatists; and encouraging theatre-going. Support is provided in the form of grants and in other forms including the RTST Sir Peter Hall Director Award, profile-raising through some of the leading names associated with the RTST and awareness-building through its developing promotional channels. Visit www.rtst.org.uk

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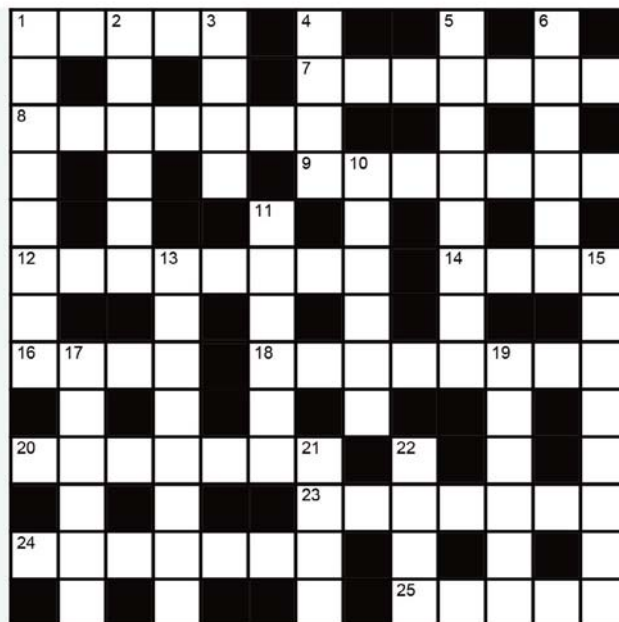
CROSSWORD

Across

- 1 Vessels that carry blood to the heart (5)
- 7 Cooking utensil (7)
- 8 Fabulous monster (7)
- 9 Daydream (7)
- 12 Official emblems (8)
- 14 Large container (4)
- 16 Carry (4)
- 18 Black treacle (8)
- 20 Native to the UK (7)
- 23 Attribute (7)
- 24 Administrative divisions of Switzerland (7)
- 25 Old Testament prophet (5)

Down

- 1 Singer (8)
- 2 Fools (6)
- 3 Look for (4)
- 4 Russian emperor (4)
- 5 Slipshod (8)
- 6 Formula for cooking (6)
- 10 Empower (6)
- 11 Feeling of ill-will arousing active hostility (6)
- 13 Individuality (8)
- 15 Impetuosity (8)
- 17 Pilot of a plane (6)
- 19 Slow-moving molluscs (6)
- 21 Chopped meat mixed with potatoes (4)
- 22 Film of impurities on the surface of a liquid (4)

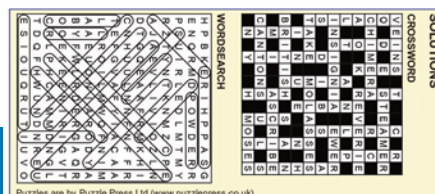


H	P	B	K	E	R	I	H	P	P	A	S	G
E	N	Q	R	M	D	P	O	W	D	E	R	R
P	S	U	I	R	L	E	D	L	M	T	M	Y
R	Z	T	Y	N	T	K	N	M	Z	C	P	E
A	J	A	E	V	L	I	V	I	O	Z	L	N
D	T	G	Q	E	A	A	F	R	M	K	H	I
C	N	H	U	U	L	N	N	F	N	F	F	R
T	E	F	G	V	A	F	Y	I	A	C	A	A
L	L	R	O	I	L	M	W	Q	F	N	I	M
A	A	E	U	O	N	I	A	R	O	D	Y	A
B	Y	F	W	L	R	D	E	R	G	A	Q	R
O	O	E	K	E	E	N	I	R	I	G	V	T
C	R	L	P	H	C	A	M	M	D	N	G	L
T	D	Q	F	H	W	U	N	D	N	R	E	U
E	S	I	O	U	Q	R	U	T	I	U	V	O

WORDSEARCH SHADES OF BLUE

Can you find the listed words in the grid below? Words may run either forwards or backwards, in either a horizontal, vertical or diagonal direction, but always in a straight line.

AQUAMARINE	FRENCH	ROYAL
AZURE	INDIGO	SAPPHIRE
CERULEAN	MIDNIGHT	STEEL
COBALT	NAVY	TIFFANY
CORNFLOWER	PERIWINKLE	TURQUOISE
DENIM	POWDER	ULTRAMARINE





Just for fun! See if you can spot the eight differences between the pics A and B

The image shows BBC Island (top left) and Jurys Inn on London Rd at right - photo by Robin Macey



spot the difference

Images courtesy of Nottingham & Derby Hot Air Balloon Club

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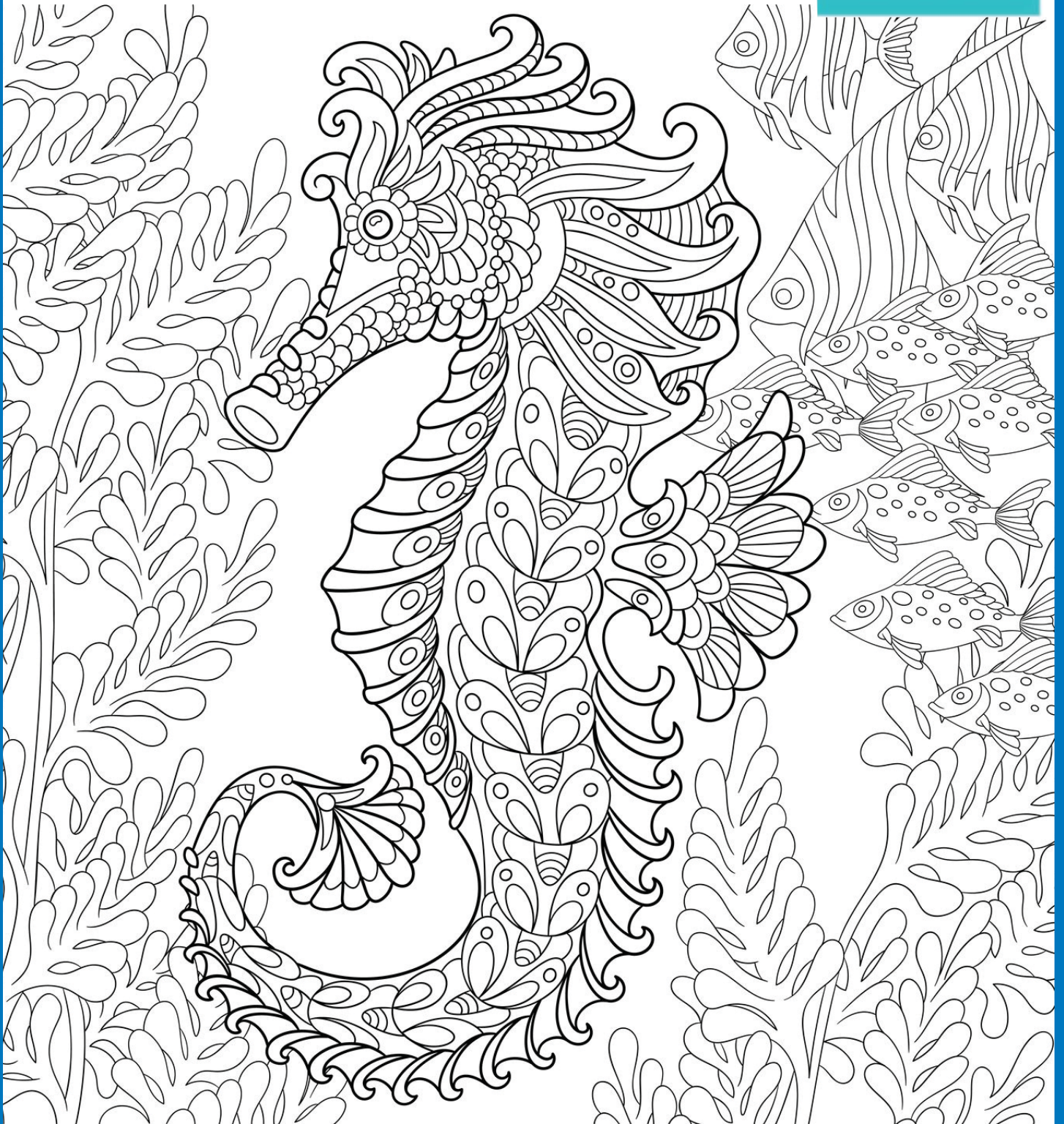
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