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breeze

JANUARY 2025

ISSUE 265



YOUR LOCAL COMMUNITY MAGAZINE SINCE 2002

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Breakthrough treatment for Dry Eye Disease (DED)

If your eyes feel dry, irritated, or painful for most or all of the time, you are quite probably suffering from Dry Eye Disease (DED), especially if you continually feel "there's something in my eye".

One in five, and nearly 800 million people worldwide, suffer from DED. Over 50% of females over the age of 40, and over 90% of menopausal females, are thought to live with this condition. More recently, the condition has become more common in all ages and genders due to environmental factors, use of cosmetics and medications, excessive screen use, and underlying conditions such as blepharitis and Sjögren's syndrome.

The front part of your eyes is lubricated by a special moist film consisting of a mucous layer nearest your eyes, a middle, watery layer derived from your tear glands, and a third, outer layer, which is oily (lipid) and produced by special glands (the Meibomian glands) in your upper and lower eyelids. If your Meibomian glands are not producing enough oily film, the other lubricating layers will continually dry out and that is

what causes the irritation and other symptoms of Dry Eye Disease.

This new therapy for Dry Eye Disease offered at Flynn's in Beeston is safe, non-invasive, painless - and doesn't involve any eyedrops. It is known as Intense Pulsating Light (IPL) and Low Light Level Therapy (LLLT), though it may also be referred to as Photobiomodulation (PBM).

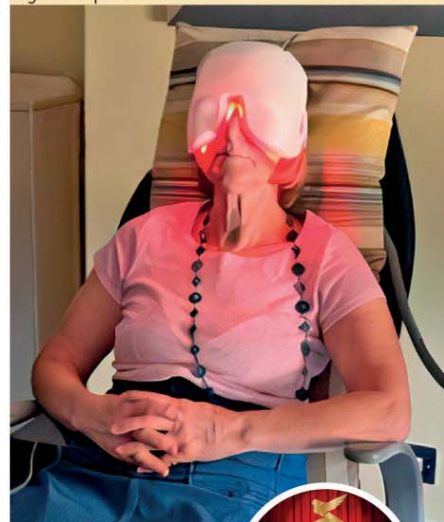
IPL uses thermal pulses to stimulate the Meibomian glands, and LLLT uses a specific wavelength of light to gently heat the eyelids. This revolutionary new treatment helps the Meibomian glands to work properly and therefore stabilises and improves the quantity and quality of the oily layer of the tear film. The treatment provides an immediate relief of symptoms.

Dr Sheeraz Janjua is now providing this new treatment at his special clinics held regularly at John Flynn Optician in Beeston. He can be contacted on 0115 925 5051.

Dr Sheeraz Janjua



The new therapy for Dry Eye Disease uses Intense Pulsating Light and Low Level Light to warm a patient's eyelids to stimulate the Meibomian glands. This improves the patient's tear film and gives immediate relief from the symptoms of Dry Eye Disease—no eyedrops needed!



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With the dawn of 2025, us to seek new beginnings and embrace fresh ventures with a serene disposition.

In this rapidly evolving era, it's essential to find a harmonious balance between our aspirations and our inner tranquility.

Embarking on a year filled with potential, we must resolve to prioritize our well-being and carve out moments of calmness amidst the clamor of day-to-day life.

The cultivation of a hobby that resonates with your spirit can act as a conduit for calm. It could be anything from painting, writing, gardening, or even learning a new musical instrument. These activities not only foster relaxation but also enrich your life with creativity and joy.

Equally important is the nurturing of connections with nature. Regular walks in a park, hikes through the wilderness, or simply time spent under the sun can significantly boost your mood and lower anxiety levels. Nature has its own way of imparting peace and a sense of grounding to those who seek it.

Finally, in our ceaseless quest for happiness and achievement, remember to embrace simplicity. Sometimes, in the quest to add newness to our lives, we overlook the subtle beauty that simplicity holds. Reducing clutter, focusing on the essentials, and minimizing digital distractions can lead to a profound sense of peace.



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Want to learn meditation?

Whether you've dabbled in mindfulness or have been practising solo for a while, all levels of experience are welcome at the weekly meditation

What is meditation?

Meditation has been practised within different spiritual traditions for many millennia and is not exclusive to Buddhism. Nevertheless, today many people find Buddhist meditation a valuable tool for bringing about greater awareness. The most immediate results are a clearer, calmer and more tranquil mind and heart.

The thoughts and emotions we are constantly generating have the space to settle down in meditation because we give ourselves something simple to concentrate on to absorb our thoughts and emotions. This can be likened to the image of a pool of water, which becomes cloudy with mud when it is stirred up and then becomes clear when left alone to let the mud settle down.

Having something simple to concentrate on has the effect of leaving out all the different stimuli that keep on stirring our thoughts and emotions. The mindfulness of breathing is a good example of this type of practice where we use the breath, as a simple and constantly available experience, to concentrate on.

We also meditate to develop our sense of goodwill and well wishing towards others and ourselves. This practice of cultivating universal-loving-kindness - or metta bhavana in the traditional Buddhist language - is a recognition that the mind will naturally return more and more to those thoughts and emotions that we have spent time cultivating and enjoying. The feeling of genuinely having our own and others best interests at heart is immensely satisfying and freeing, giving a sense of confidence and open heartedness.

"Nottingham Buddhist Centre run a drop-in meditation classes in-person every Tuesday and Friday at 13:00, as well as every Wednesday at 19:30.

"There is no need to book. The sessions run on a donation basis, and we recommend a donation of £7.50 but we want them to be available to everyone regardless of income so just come along and give what you can, if you can."

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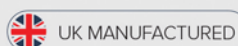
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Kickstart Your New Year with Karate!

As we step into the New Year, there's no better time to turn over a new leaf and embrace health, discipline, and personal growth. Our Karate club is excited to welcome adults and children back to training, offering a dynamic space where fitness meets self-defence and character-building.

Karate isn't just a sport—it's a way of life. For children, it's an incredible way to develop confidence, focus, and respect while learning the importance of perseverance and teamwork. For adults, it's an opportunity to boost fitness, relieve stress, and achieve mental clarity, all while mastering a valuable skill.

Whether you're a seasoned martial artist or a complete beginner, our club is the perfect place to start or continue your journey. Our experienced instructors create a supportive and energetic environment tailored to all levels of ability. You'll learn traditional techniques, practical self-defence skills, and gain a sense of accomplishment with every session.

This New Year, why not make a resolution to challenge yourself? Karate offers benefits for the body and mind, fostering a sense of achievement that goes beyond the dojo. It's an excellent family activity, too—parents and kids training side by side is an inspiring way to bond while striving for mutual growth.

Come and join us this January for an exciting year of Karate. Let's make 2025 the year you unleash your potential—one punch, one kick, and one step at a time!

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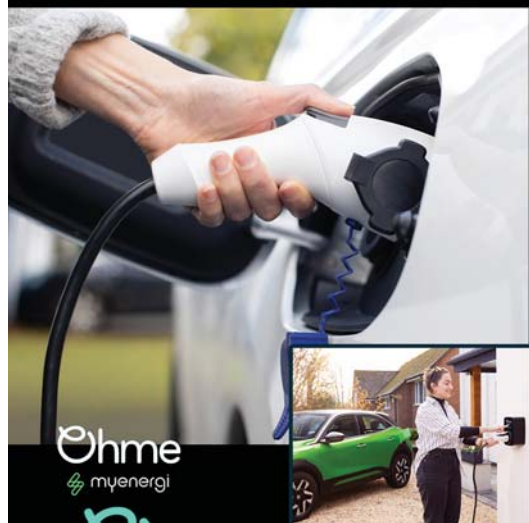
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Bridle Road,
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An individual and beautifully crafted four bedroom detached house.

Behind this traditional and attractive façade lies a stunning living space, that has been comprehensively remodelled and extended. With a particularly impressive open plan kitchen diner, feature Velux windows and patio doors, this excellent house offers all the benefits of modern living.

In brief the stylish and contemporary interior comprises: entrance hall, guest cloakroom, study area, open plan kitchen diner, and living area, utility room and sitting room to the ground floor, rising to the first floor is the master en-suite bedroom, three further bedrooms, and family bathroom.

Outside the property has parking, landscaped gardens to the front, and to the rear there is an enclosed and private garden with patio and lawn.

Available to the market with the benefit of chain free vacant possession and being tucked away in a sought-after and established residential location within Bramcote Village, this exceptional property is well worthy of viewing.

For more information contact Robert Ellis
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Nissan Leaf	62kwh	27.0	8.9	
Hyundai Kona	48.4kwh	21.0	6.9	
Hyundai Kona	65.4kwh	28.4	9.3	
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Happy New Year from Beeston Film Festival
by Sam Kurd



Heave a sigh of relief, folks, we made it through another year. Winter can be hard on many of us, with the dark days and the biting cold, so please remember to reach out to your loved ones, your neighbours, and be there for each other. Take a break from doom-scrolling to be good to yourself and others. Keep that festive feeling alive a while longer!

By the time you read this, we here at Beeston Film Festival will have closed our digital doors for the year, and with a record-breaking 950+ submissions at the time of writing to go through, we've certainly got our work cut out for us! As always, we're committed to bringing only the best of the best to the Arc Cinema for the fine folk of Beeston.

Here's a few of the standouts so far:

Delivery is a powerful and moving story that follows a freshly qualified midwife whose shift has her dealing with two very different births. It's heartbreaking but ultimately rewarding, an important reminder of the hard work maternity ward workers face every day.

Sticking with hard-hitting drama, **Twain** is the story of a man who confronts his incarcerated identical twin brother over a dark secret from their shared past. As the mystery unfolds, the puzzle pieces fall into place and you realise the power and strength of familial bonds.

From Jordan there's **An Olive Branch**, in which a family of refugees from Syria struggle to make ends meet in their new home. When her father falls ill, 18 year old Amal finds herself hunting for work and must use her wits to get ahead.

First Sight is a dark tale for those of us worried about AI and how exploitable always-online smart appliances can be. A young woman who turns to hi-tech contact lenses for help with her dating life finds out the hard way that sometimes it's better to rely on human ingenuity than easily-hackable technology.



Finally there's the charming and extremely touching **Dragfox**, a stop-motion-animated film about a young teen whose search for identity is interrupted by a fabulous singing fox in a frock (voiced by Sir Ian McKellen!). Together they discover the surprising things they have in common, and celebrate the ways in which they differ. A heart-warming must-watch!

That's all from me for now - go out there and make 2025 the best year possible!

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Welcome to our first of our 'Spotlight on Local Business'

Supporting local business is crucial for sustaining the economic vitality of a community. By choosing local trades and business people for services and purchases, residents contribute directly to the local economy. This economic model stimulates job growth, fosters entrepreneurship, and strengthens community bonds.

Local businesses are mostly owned by people who live in the community, which means that they have a vested interest in the community's welfare and future. They are more likely to contribute to local causes and participate in community events. Local businesses tend to provide better customer service, as they have a direct relationship with their customers and a personal touch that is often missing in larger, impersonal corporations.

The circulation of money within the community is another advantage. When money is spent at local businesses, it is more likely to be reinvested in the community through other local businesses and services. This cycle helps to develop a robust local economy that can be more resilient to economic downturns.

Additionally, local businesses add character and uniqueness to a community. They offer products and services that are distinct and often crafted with a level of care and quality that is not easily replicated by larger chains. This uniqueness can also be a draw for tourism, further supporting the local economy.

Ultimately, nurturing local business is a collective endeavor that requires commitment from local residents, business owners, and local governments to create an environment where local trades can thrive. It is a partnership that, when successful, can result in a flourishing, self-sustaining economy and a tighter-knit community.

How Your Credit Score Affects Your Mortgage – And What To Do About It.

When applying for a mortgage, your credit score plays a key role in securing the loan you need. Mark Davies Just Mortgages explains how your score and the information in your credit report impact your mortgage application. A higher score increases your chances of success, while a lower score can limit options or even prevent approval.

What is a Credit Score?

Your credit score reflects how well you've managed debt, including timely bill payments and financial commitments. Lenders use it to assess the risk of lending to you. However, it's not just the score that matters - it's also the information within your credit report that lenders review.

One client, after having an offer accepted on their dream home, discovered an unpaid parking ticket when applying for a mortgage. The ticket, which had been sent to an old address, was flagged in their credit report, affecting their lender eligibility. This delay almost cost them the home they had dreamed of.

STEPS TO IMPROVE YOUR CREDIT SCORE:

Check your credit report:

Correct any errors and review all information carefully.

Pay bills on time:

Timely payments on credit cards and loans are essential.

Reduce credit card balances:

Keep balances below 30% of your credit limit.

Avoid new credit applications:

Don't apply for new credit before your mortgage application.

Take Action Today!

Improving your credit score and reviewing your credit report takes time, so start now. Get a copy of your report, check for discrepancies, and begin making improvements. A stronger score and clean report could be the key to securing the mortgage you need for your perfect home.

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One of the Wilder Nottinghamshire Awards 2024 presented in recognition of efforts to create a Wilder Nottinghamshire for all.

Leyton Crescent Park Wilding Group is a collective initiative that invites residents of Beeston Rylands and those passionate about nature to engage in the conservation and biodiversity enhancement of their local green space. This initiative operates in collaboration with Broxtowe Borough Council Parks and Nottinghamshire Wildlife Trust, aiming to significantly contribute to the welfare of the environment.

The group's primary focus is to implement pollinator-friendly projects and establish wildflower meadows which are crucial for maintaining ecological balance. These projects require consistent maintenance and are predominantly managed by volunteers who are instrumental in the preservation of Leyton Crescent Park's natural beauty.

Furthermore, educational training and information-sharing workshops are regularly held at the Leyton Crescent Community Centre. These sessions are designed to foster a deeper understanding of conservation methods among the community members and equip them with the necessary skills to take part actively in environmental stewardship.

Engagement with such initiatives not only aids in the protection and restoration of local biodiversity but also enriches the community by bringing together individuals with a shared passion for safeguarding nature. The efforts of the Leyton Crescent Park Wilding Group exemplify a community-driven approach to environmental conservation, enhancing the ecological fabric of Beeston Rylands.

Join their Facebook group and go and join us at our next wildflower seeding session in March. Leyton Crescent Park Wilding Group.

For more information visit: <https://www.nottinghamshirewildlife.org/wilder-nottinghamshire>



Congratulations to Marysia Zipser,
Awarded the Wilder Champion Award (over 25) -
Highly Commended.
Marysia is pictured with (left) Paul Wilkinson, CEO,
Nottinghamshire Wildlife Trust and
Nick Parsons, Chair of Trustees,
Nottinghamshire Wildlife Trust.

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curtains!

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West Bridgford Operatic Society will be performing Curtains, a brassy and bloody whodunnit from award winning songwriter duo Kander and Ebb (writers of Cabaret, Chicago and Fosse). The show delivers sublime musical numbers and orchestration, fantastic dance numbers, and joyful comedy!



Set in a theatre in Boston USA, the musical centres around Police Lieutenant Frank Cioffi, a musical theatre fan who is tasked with solving murders within the cast of a fictional 1950s show 'Robbin Hood'. The audience is invited to unravel clues with him whilst simultaneously enjoying being entertained. The music offers songs which parody the golden age of musicals, interspersed with and sometimes merging with an inventive and often jazzy score that helps to tell the actual story.

Directed by Linda Croston, choreographed by Justine Lee and musically directed by Adam Wright, it's an amazingly enjoyable musical romp and a love letter to all those who have ever worked in theatre.

Suitable for ages 12+. This production includes explicit language, sexual references, murder/violence, guns, hanging, loud noises, smoke/haze, and jokes about religion.

The Squire Performing Arts centre has great facilities and is easily accessible by tram or NCT and has ample free on-site parking.

For more information and to see what's on visit:<https://squirepac.co.uk/whats-on>

Date & Time:

Evenings:

Tuesday 18th – Saturday 22nd
Feb 2025 at 7:30pm

Matinee:

Sat 22nd Feb 2025 at 2:00pm

Tickets:

£19 standard

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£13 under 16s & students

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light night

keeping it

local

SINCE
2002

**Mark your calendars!
With the theme of
'Poetry and Fire',
Beeston Light Night III
will be on
Saturday 25th January
and will be a spectacular
way to beat the winter
blues and enjoy light
installations and performances.**

Beeston Light Night coincides with Burns Night and will have nods to Scotland, beginning with the Address to a Haggis in the Square and a bagpiper playing with Nottingham Samba Band.

Broxtowe Borough Council has provided a grant of £14,290 through the UK Shared Prosperity Fund (UKSPF) from the UK Government, with match funding from Beeston Civic Society (BCS).

It will be a cheering event for residents as the darkest days of winter drag on, boost support for local businesses and bring Beeston's artistic talent to the fore.

This will be the third year that Beeston has had a Light Night. Last year saw over 8,000 people brave the rain to enjoy the installations and performances at venues on the High Road, The Square and Beeston Rylands. There was a pop-up market for local creatives, groups and makers. It was a great opportunity to support local businesses.

The organisers are keen to engage with local businesses to make the Beeston Light Night III the best ever. They are hoping that businesses can light up the front of their premises or make a 'Poetry and Fire' themed display. They are also looking for offers of support. Lots of people are expected to be out and about between 6pm and 9pm, so there will be opportunities for retailers and food outlets.

Businesses can find out more about how they can support Beeston Light Night III by contacting beestonstreetart@gmail.com

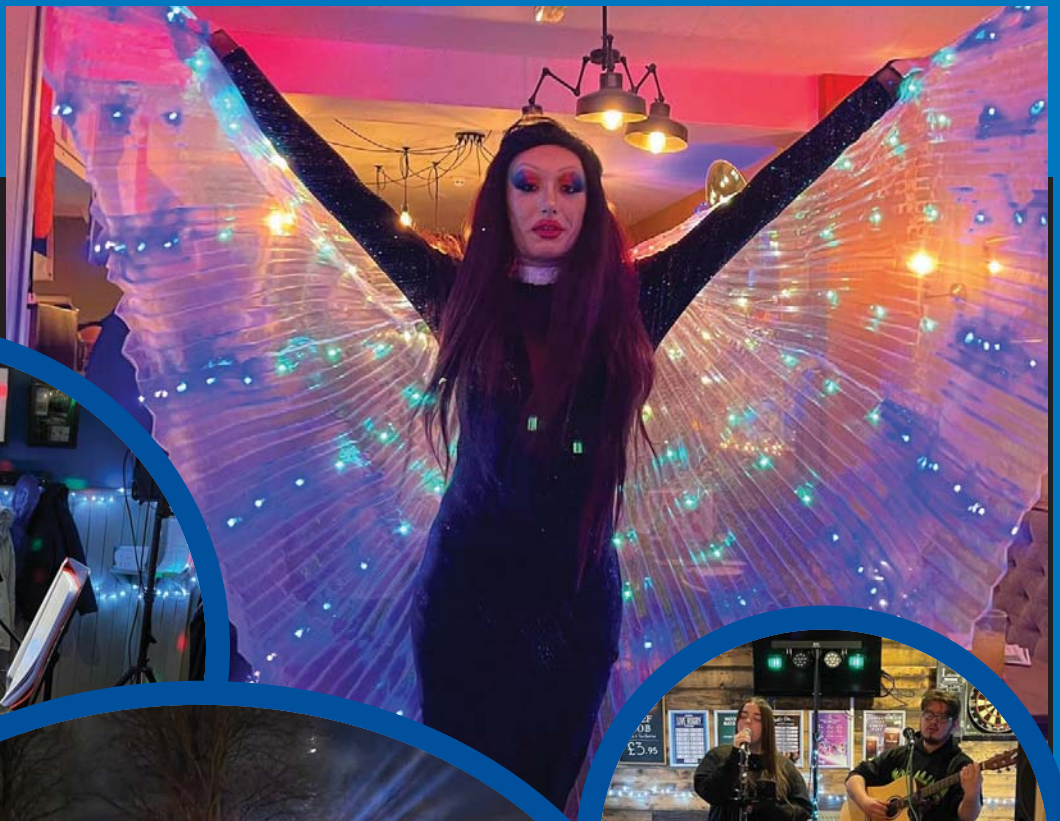
Councillor Milan Radulovic MBE, Council Leader and Portfolio Holder for Economic Development and Assets said, "January is always a quiet time for commerce and this year's event will bring extra footfall to the town. Last year's Light Night was a huge success, despite the weather and I hope we see even greater numbers. This is an excellent example of how the Council is working in partnership to support our local small businesses."

Jeanie Barton from the Beeston Civic Society's Street Art project said; "We will be delighted if local businesses and residents can get involved once again for Beeston Light Night III by illuminating their premises from 6-9pm on Saturday 25 January. A nod to Scotland and/or our theme of 'Fire and Poetry' is encouraged but not necessary, as long as light is featured. It's always a fun and vibrant evening across the town!"

The UK Shared Prosperity Fund is UK Government funded and Broxtowe Borough Council has been allocated a total of £2,584,477 over a three-year period 2022-25.



Images right
and below
courtesy of
Karen Davies



Images above and left
courtesy of Hugh Miller



gardening

keeping it

local

SINCE
2002

Garden jobs to tackle ahead of the colder months.

Green-fingered Brits are being told of the most important garden tasks to complete before the temperature drops even more.

Gardening experts at GardenBuildingsDirect.com have advised of five key garden tasks which need to be completed before the coldest months. Whilst some plants can handle the harsh conditions some require extra care to survive through the months.

Winter can often creep up early into November so it's important to be ahead of tasks during this month otherwise there will be catch up to do in December.

Be sure to check garden sheds and summer houses, making sure they are secure and waterproof to be confident tools will remain protected from the outside environment. As temperatures change, wooden buildings can contract, leading to small gaps appearing between boards, in the corners and around the roof. Check carefully for any gaps and fill them using sealant, or patch up larger holes with extra wood.

It is also a good idea to bring certain weaker plants indoors which won't survive outdoors in the winter conditions, such as ferns or citrus trees. You can take these back outdoors once the weather conditions clear up.

A spokesperson for GardenBuildingsDirect.com said "Not looking after your garden during the winter can lead to many problems when spring arrives, there are many different areas of the garden which will need extra TLC.

"You can help the wildlife which visits your garden, putting out feeders will help aid birds throughout the winter whilst also keeping your garden lively - consider putting out log piles for other little critters too.

"Lawn and plant care should be prioritised as this is the best time to prepare your garden for the spring, allowing for a colourful flourishing environment to bloom when the warm weather comes back around"

GARDEN TASKS TO COMPLETE BEFORE WINTER:

Lawn care

Your lawn may have suffered over summer so the winter months are the perfect time to resurrect it. After the last cut of the season it is a good idea to rake all of the leaves which have fallen - put these aside where they can break down and turn into mulch that will be useful to you later on. After raking the lawn you can sow grass seeds to the bare patches to allow for it to grow evenly ready for the spring.

Mulch

Adding mulch to your garden is a great way to add nutrients to your plants during the cold seasons. Use fallen leaves, grass clippings and wood chips to create a thick layer around shrubs and trees, the benefits not only include enriching the soil but helps plants to deter weeds and retain moisture.

Continued...



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Greenhouses

Greenhouses are a great home for maintaining a warm environment for your plants. Prepare your greenhouse by removing any plant debris which could harbour pests and wash the glazing covers inside and out to ensure optimal light entry which is crucial during the winter months, move any delicate plants into the greenhouse once ready.

Spring bulbs

Autumn is the best time to plant spring bulbs, ensuring a successful blossom come the later months. Most bulbs will come with their own instructions of when and how to plant them, always making sure they're at the right depth and in good quality soil.

Prune

Winter is the perfect time for cutting back on trees and shrubs, removing any dead or diseased branches to promote healthier growth in the spring. Be sure to cut at an angle to prevent water gathering which can cause rot.

Garden Furniture

Some outdoor furniture sets can be affected by cold temperatures, strong winds or snow. To avoid the nasty surprise of damage or faded colours in the spring, be sure to cover up or store away your fabulous furniture so that it's ready to go when the new season arrives.



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BEAT THE STREETS

Sunday 26th January | 2025 | Various times

Tickets: from a minimum donation of £15

Nottingham's annual charity music festival **Beat The Streets** aims to bring our community together to battle homelessness and raise vital funds for Framework.

Participating venues include Rock City, Rescue Rooms, Bodega, Stealth and Rough Trade and tickets are on sale now from £15.

The festival will take place across major venues in the city centre including Rock City, Rescue Rooms and Bodega, with all proceeds from tickets, bar, and merch going directly to Framework.

More about the event:

Over the past few years, Beat The Streets has brought the music community in Nottingham together to raise awareness of and funds for a vital cause; providing a stellar day of live music in the process, with over £409,000 raised across ticket, bar & merchandise sales for Framework since 2018.

Every penny raised will go towards helping those in need and specifically used to employ two mental health workers with the aim of offering wrap around support to rough sleepers with complex needs. 15 bags of food were also collected on the day that will go to Emmanuel House after a brilliant response to Beat The Streets' first ever first food bank.

In the past, Beat The Streets fundraising has enabled the Sneinton Hermitage shelter to stay open all year round accommodating more than 60 high risk service users with 14 moving on to permanent accommodation and 25 to supported accommodation.

Beat the Streets currently holds the national UK Festival Award Community Impact title for the festival judged to be making the most difference to its community.

To find out more about the brilliant work Framework do head to www.frameworkha.org

Visit www.visit-nottinghamshire.co.uk for more information

The Holocaust Memorial Day 2025,

a short ceremony will take place at the Holocaust Memorial within the

Walled Garden at Bramcote Hills Park,

Ilkeston Road, Bramcote, NG9 3JT

on Monday 27th January 2025

at 10.50am for 11.00am



BEESTON'S LIGHT NIGHT returns for its third year!

With installations, performances, and displays this FREE event is sure to light up the dim-dark'ning winter night.

Saturday 25th January 6 - 9pm

Various locations around Beeston
FREE EVENT

See page 24 for more information.

The January meeting of the Wollaton Natural History Society will be held on Wednesday, 15th January at 7.30pm.

The Talk is entitled 'One Year of Wildlife'

by Gianpiero Ferrari, a Leicestershire based wildlife photographer.

Gianpiero's Talk will feature wild flowers, orchids, birds, mammals, fungi, amphibians, reptiles and insects. All the subjects are British or European.

Meetings are at St. Leonard's Community Centre, Bramcote Lane,
Wollaton NG8 2ND (opposite the library) at 7.15pm for 7.30pm.

Free to members, Visitors welcome £3 on the door.

For more information visit their website:

www.spanglefish.com/WollatonNaturalHistory,

Find them on Facebook or telephone Chairman Nigel Downes on
0115 9444671

SPOTTED DOG ART GROUP

The Spotted Dog Art Group is made up of members from all walks of life. They

welcome beginners, hobbyists and professionals alike. Whatever your experience

of art is, you are welcome!

FEBRUARY WORKSHOP: Saturday 15th February 2025

Abstract Collage with Ju Smith

from 10.00am to 4.00pm at Bramcote Memorial Hall

Ju is a degree trained artist from the University of Nottingham, a member of KITH Artist Collective and a member of the Spotted Dog Art Group. Her work has intrigued us and she has kindly agreed to show us her unique way of working with collage. It is sure to be an enjoyable day with new and different ideas.

FOR MORE DETAILS AND TO BOOK:

Please contact: Janet Waters - email: janetwaters32@gmail.com

MEMBERSHIP: Membership fee is £20 per year.

If you are interested in joining please contact:

Gwynneth Johnson - email: gwnneth2023@yahoo.com

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Richard Grice

A PLACE IN THE EAST MIDLANDS

12 FEBRUARY 2025, 7PM*

Spotlight - Improving Young Lives, Teresa Cullen

Where does our district fit within the new East Midlands Combined County Authority (EMCCA)? What is the vision and purpose of it, and how will its purpose and approach impact us; what does it mean for the real world of Beeston and nearby? Richard Grice gives us some insight into these matters, and more.

ABOUT THE SPEAKER

Richard is Interim Executive Director of Place at the EMCCA. He led the development of EMCCA's Strategic Framework and delivery plans from October 2023 until election of the Mayor in May 2024, and now oversees a number of areas of EMCCA activity. Prior to EMCCA, Richard worked in local government innovation and transformation roles for over 20 years, in both the public and private sectors.

EVENT DETAILS

Venue: Royal British Legion (RBL), Hall Croft,
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BEESTON CELEBRATES 75 YEARS OF PANTOMIME WITH A WICKED ADVENTURE

The Pearson Centre for Young People in Beeston is a frenzy of activity this month as the Boys' and Girls' Brigades get ready to set off down the Yellow Brick Road for their annual pantomime, "The Wizard of Oz". It was back in 1950 that the 17th Nottingham Boys' Brigade first bought the joy of panto to the Beeston Lads Club, back when it was on Station Road in the town, and things have certainly moved on.

This year's production will feature state of the art projections and audio visual effects, specially designed props and costumes created by the backstage team, and will be performed on the stage of the Brigades' dedicated modern centre on Nuart Road.

The public are invited to join Dorothy and her team of misfit adventurers as they travel to Oz in search of their hearts' desires.

The production is on across the Thursday, Friday and Saturday nights, 23rd to 25th January, together with a matinee performance on the 25th.

Tickets are available at

www.ticketsource.co.uk/bbgbproduction or you can pop into the centre on weekdays between 9am & 5.30pm and purchase tickets directly.



redevelopment

keeping it

local

SINCE
2002

Beeston Methodist Church (BMC) has announced the plans for a major redevelopment to its sanctuary. Work on the £2m project will start on February 3rd and is expected to take 12 months to complete.

The church on Chilwell Road has been planning and refining redevelopment schemes since the congregations of four Methodist churches in the Beeston and Chilwell area amalgamated in 2014 to form a single church.

Detailed proposals were put forward in 2021. Since then, costs have increased by about £1m. So, savings had to be made.

Chris Bridges, chairman of the BMC Redevelopment Group, is thrilled that the revised scheme has received the go-ahead from the church trustees.

"Despite a scope reduction, the specification of the project still achieves all the aims of the original vision – a church that is new, or substantially new, to all members. The space, which community groups will be able to hire, will be bright, flexible, accessible and environmentally friendly. We want to bring Beeston into the heart of BMC and take BMC into the heart of Beeston".

Key elements of the project are:

*Major roof repairs

*Pews and the side galleries will be removed and the floor made flat. Accessibility will also be improved inside and outside to help those with mobility problems

*Installing roof and floor insulation and a more energy efficient heating system

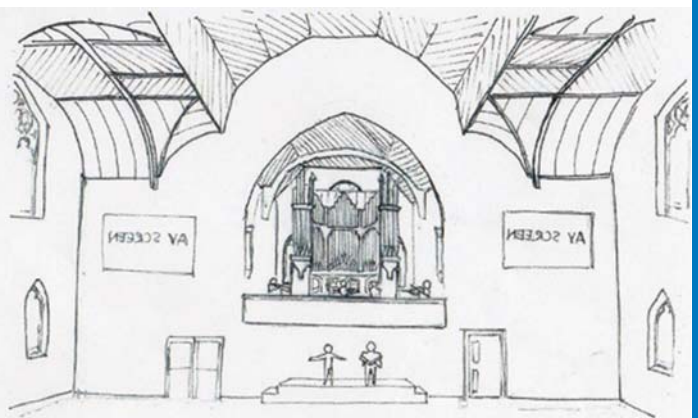
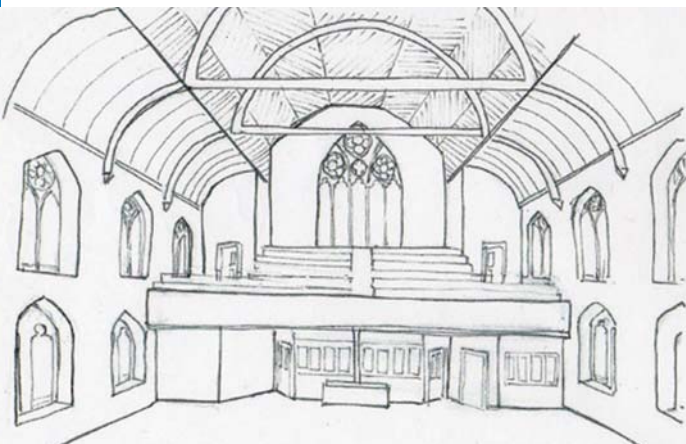
*New audio visual and lighting systems

*The impressive pipe organ, presented to the church when it was built in 1902, will be renovated.

Dr Bridges said: "We are fortunate that more than three quarters of the funds for the project have already been raised. So far, members of the church and local community have contributed more than £220,000 through generous gifts and fundraising events.

"We plan to bridge the remaining shortfall by further fundraising and applying to charities and trusts for grants".

Repairs have already been undertaken on the 110ft church spire – the tallest structure in Beeston – and further work is planned.



Pictured above: how the sanctuary at Beeston Methodist Church will look after the redevelopment is completed





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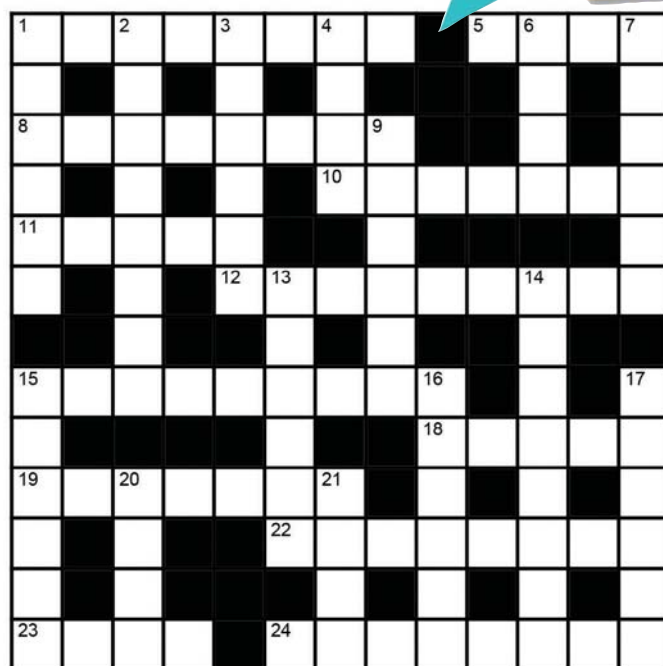
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Across

- 1 Amount that can be contained (8)
- 5 In a lofty position (4)
- 8 Performs surgery on (8)
- 10 Arachnids (7)
- 11 Protect from light (5)
- 12 Natives of Madrid, for example (9)
- 15 Puts off until a later time (9)
- 18 Keyboard instrument (5)
- 19 Wanted intensely (7)
- 22 Edge of a highway (8)
- 23 Sound reflection (4)
- 24 Bundles, clumps (8)

Down

- 1 Decide (6)
- 2 Equips in advance (8)
- 3 Runs after (6)
- 4 Digits of the foot (4)
- 6 At rest (4)
- 7 Equine animals (6)
- 9 Primitive multicellular marine animal (6)
- 13 Not as rich (6)
- 14 Proportional (8)
- 15 Swim like a dog in shallow water (6)
- 16 Playing-card suit (6)
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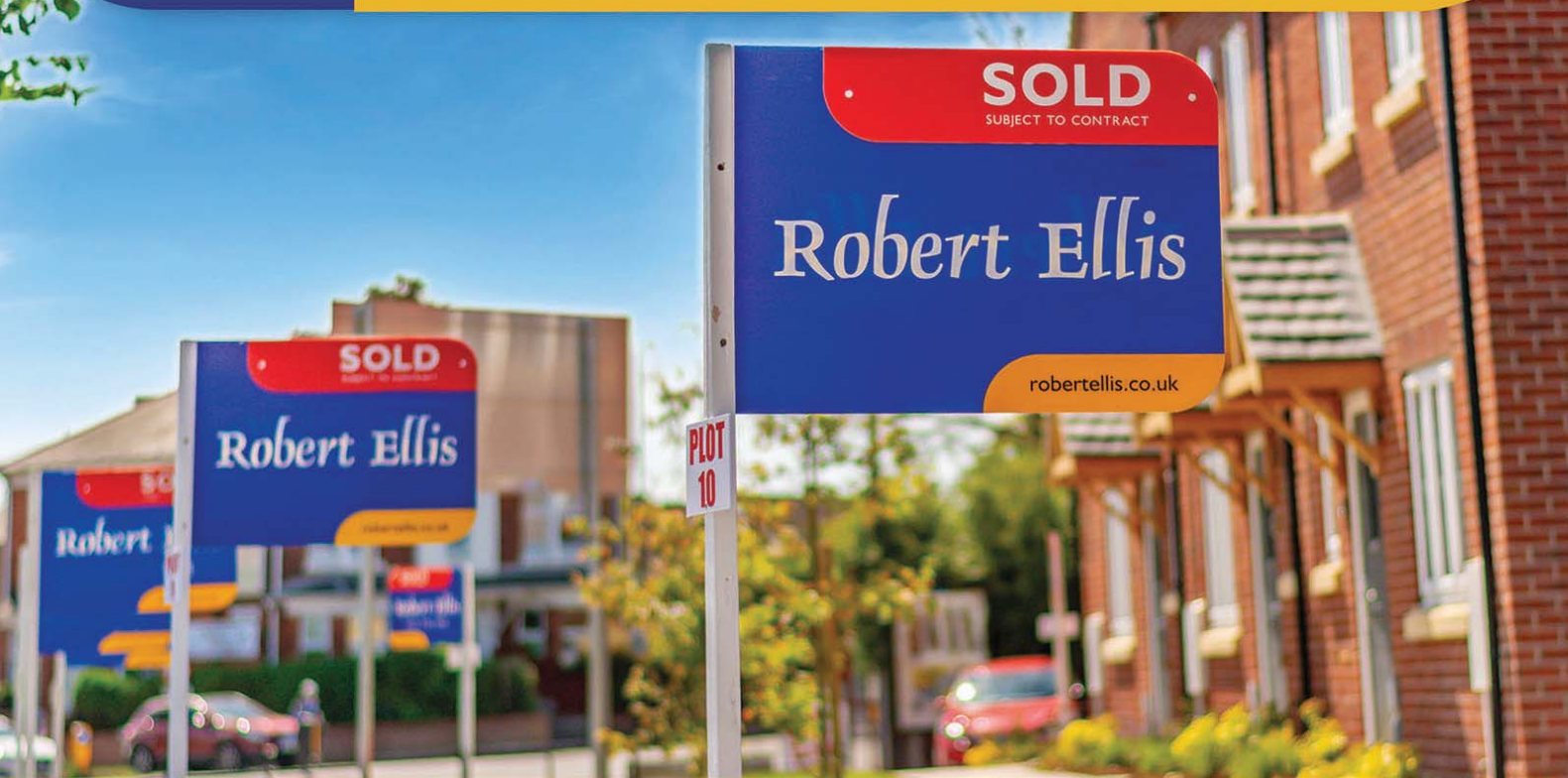
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